



Pike suppression project nets a lot of wins for the Fisheries Department



A Pike is caught in a net at Windy Bay by the Coeur d'Alene Tribal Fisheries department as part of the Pike suppression project. The fish are tagged by the department and relocated to Cougar Bay in an effort to reduce their predatory attacks on the native Cutthroat Trout. Photo by Lee Zahir

By Lee Zahir

Earlier this month the Fisheries department started their Pike Suppression project. The goal of this project is to decrease the number of Northern Pike, which is not a native species to Lake Coeur

d'Alene, in Windy Bay which in turn will hopefully increase the number of native Cutthroat trout in the lake and Lake Creek which empties into Windy Bay. Windy Bay has a Pike population of about 300 fish alone, which are believed to be a major contributor to declining

population of Cutthroat Trout. The Coeur d'Alene Fisheries crew, in cooperation with Idaho Fish and Game, are catching the Pike with nets set around Windy Bay. The fish are then tagged, weighed and measured before they are relocated up North around the Cougar Bay

area of the Lake. Windy Bay is a relatively secluded area with little angling activity for Pike fisherman. It is however, where Lake Creek empties into Lake Coeur d'Alene and cutthroat populations in Lake Creek have decreased significantly. "Pike do pretty well in this

system. They are a top predator and grow very well here. They can affect all of the fish in the system," said Jon Firehammer, Biologist for the Coeur d'Alene Tribe Fisheries.

Pike were first introduced into the lake back in the 1970's by anglers. Other species have been introduced into the Lake Coeur d'Alene water systems as well but none of them have had quite the impact on native species that Pike has had. Pike are very adaptable to season and temperatures so their activity overlaps with the cutthroat spawning season, not only affecting current Cutthroat numbers but having an impact on future numbers as well.

Lake Creek has been closed to anglers for quite some time now, but hopefully by cutting down on the Pike population there will be an increase in the Cutthroat. The Fisheries department has been tracking the native species in the area by catching, tagging and tracking them.

"We hope to see a fisheries in the creek systems in four to five years," said Firehammer. "We just started this year so hopefully we will see improved numbers next year and we can have a better idea on the effects of this project."

Just into the second week of the project, nearly 150 Pike have been relocated out of Windy Bay.

Bill S1011 passes house - Tribe's efforts to stop instant racing vindicated

By Jennifer L. Fletcher

After being passed from the Idaho House State Affairs Committee for discussion by representatives and sitting on stand-by on the House floor in Boise for 2 days the vote to repeal the "historical horse race" machines from tracks around Idaho passed with a

vote of 49 to 21 the House has spoken.

S1011 repealed the legislation passed in 2013 that allowed pari-mutuel betting at horse tracks and venues owned by those tracks for off-site betting on historical horse races. Many, including the Coeur d'Alene Tribe, felt the machines proposed and those that came to find homes at the

Greyhound Park in Post Falls and Les Bois Park in Boise were two very different things.

The installed machines give players a choice to bet on a race, with no advance knowledge of the outcome and shows the last seconds of the race on a small screen in the upper corner of the display which is dominated by spinning wheels of fruit, animals and other random

items.

The machines appear to operate just like traditional video gaming machines – the likes of those found in Tribal casinos across the state – which according to state constitution are illegal outside of reservation boundaries.

Tribal casinos were originally approved by the State through compacts so that the economically suffering reservations could find a way to sustain themselves and prevent further poverty that had stricken the people.

These instant racing machines placed at the parks directly threatened the casino's revenue that now have a yearly impact on the state of \$1 billion dollars; Tribal gaming has become a front-runner for employment for Idaho and through the compacts donate

millions of dollars annually towards the education of Idaho students and non-profit social organizations.

Many legislators felt, after seeing the machines first-hand, that they were deceived by the initial legislation when they passed House Bill 220 in 2013 and backed the Idaho Tribe's desire to introduce the repeal of the law with S1011.

The Coeur d'Alene Tribe, along with 3 other Idaho tribes sent a letter to Idaho State Governor Butch Otter and State Attorney General Lawrence Wasden explaining why the machines are just like video gaming machines just presented in a different manner.

In the letter the Tribes stated their purpose is to

S1011: continued on page 2

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Coeur d'Alene Tribe - Council Fires

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~ Tribal Council Business ~

sqwa' qwe' wli'ple' met

44 (15) Approved Department of Education – FY 2015 Coordinated Tribal Assistance Solicitation (CTAS). 5 for 1 out

46 (15) Approved CDA Tribal Language Program– Administration for Native Americans Funding Application. 6 for 0 out

47 (15) Approved Public Works Department-Ann Antelope and Sennwichen Roads Grant Right-of-Way Easement Tribal Tract 1160. 5 for 1 out

48 (15) Approved Public Works Department-12th Street

and Marimn Road Grant Right-of-Way Easement Tribal Tract 1160. 5 for 1 out

49 (15) Approved Public Works Department-EDA Planning Assistance Grant. 5 for 1 out

50 (15) Approved Public Works Department- Highway 95 Fill Placement Proposal Approval for T1004. 5 for 1 out

51 (15) Approved Natural Resources Department Fisheries Program- Benewah County Memorandum of Understanding. 5 for 1 out

52 (15) Approved Finance

Department-Change for Allocation Method for the Indirect Cost Proposal. 5 for 1 out

53 (15) Approved Executive Operations-CDA Tribal Election Board Appointment 2014. 5 for 1 out

55 (15) Approved Natural Resources Department Wildlife Program-BPA Conservation Easement Trade. 5 for 1 out

56 (15) Approved Public Works Department-Indian Health Service 2015 Sanitation Deficiency System List. 5 for 1 out

57 (15) Approved Social Services Department Stop Violence Program-U.S. Department of Health and Human Services Family Violence Prevention Services Grant Application. 5 for 1 out

58 (15) Approved CDA Tribal School-Snap Dragon Funding Application. 5 for 1 out

59 (15) Approved Lake Management- ASARCO Environmental Trust Approve Land Acquisition Cataldo Flats Wetland Area. 5 for 1 out

60 (15) Approved- Amend

Tribal Code to Insert Chapter 59 Tribal Workers Compensation Claims Act. 5 for 1 out

61 (15) Approved Executive Operations-Agricultural Lease Dreschel Brothers Inc. F1022, F1023, F1024, F1025, F1026. 5 for 1 out

62 (15) Approved Executive Operation-Agriculture Lease Lashaw Farms Inc F1014, F1015, F1016, F1018, F1020. 5 for 1 out

63 (15) Approved-Amend Tribal Code Chapter 39 Enrollment Section 39-1.09. 5 for 1 out

Coeur d'Alene Tribe Council Fires



Address

P.O. Box 408 / 850 A. Street
Plummer, ID 83851

Phone Numbers

Main Line: 208-686-1800
Toll Free: 1-800-829-2202

www.cdatribe-nsn.gov

Contact Information

Director/Editor

Jennifer L. Fletcher
jfletcher@cdatribe-nsn.gov
208-686-0154

Administrative Assistant

V. Lynn Lowley
vllowley@cdatribe-nsn.gov
208-686-0212

Reporter/Photographer

Lee Zahir
lzahir@cdatribe-nsn.gov
208-686-0500



Native American Journalists Association
Award winner for Layout and Design

Coeur d'Alene Tribal Council

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term expires May 2015

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term expires May 2017

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term expires May 2015

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term expires May 2016

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term expires May 2016

Leta Campbell

term expires May 2015

Cynthia Williams

term expires May 2017

Lawrence Nicodemus and the Coeur d'Alene Tribe's Language Department provided the paper with the following translation of *sgwelp' t'gwe' l' 'ya' (pqi' n' m* which describes a fire made for the purposes of gathering or meeting.

Forestry focusing on timber sales for reservations lands

Not much of a winter but this spring is looking to be wet. As we transition into the spring season, forestry is preparing for prescribed burning and getting ready for what could be a busy fire season. Several large timber sale paperwork projects are being wrapped up and once the weather dries out, we hope to have several sales out for advertisement.

As a reminder, firewood cutting permits will not be issued again until June 1. This seasonal restriction is to help prevent damage to roads that are muddy and soft at this time.

Timber Sales: The Isdo Forest Officers Report for up at Windfall Pass is still being worked on and it is expected to be completed soon and advertised this spring. The minimum bid prices for log prices has gone up a bit since the last timber sale due to an increase in log prices from the local log mills.

The ground operations for the Ch'ets'tene'st Timber Sale for up a Moses Mountain is still ongoing on Unit #1. Jeremy Hill and his crew are expected to finish all ground operations later on this year.

The writing of the Environmental Assessment has started and it is expected to be completed soon. There are a tentative 12 harvest units for proposed action that will span over 2 – 3 years to complete.

The timber sales program is looking to fill in a Technician position, in an addition to the already closed Lead Technician position. There is a lot of ground work do be done this summer for both Barb and Conrad.

Fuels Program: The Fuels Crew has been busy mechanically treating forest development projects this spring. They completed A632 off of King Valley

Road, Worley Units, A503, and A504 near the casino for a total estimated acreage of 285 with a thin and prune. Slash has been treated with a lop and scatter and/or machine pile. Currently, the Fuels crew is working on A552. Our prescribed burning window for this spring opens soon, so projects will be on T145, which is south of the sub-agency and A316, A308, and A338 in the Little Butte Area off Four Corners Road. We have been finishing up the firelines at Little Butte and other site preparation work. Please be cautious near the above mentioned areas and signs are posted during active operations. If you have any questions, contact Chuck Simpson – Fuels Specialist - at (208) 686-5030.

Fisheries working on Hangman habitat restoration

A project the fisheries department has been working on is habitat restoration on the Hangman Drainage (which includes all water systems connected to Hangman Creek.) The Hangman Drainage is host to the Redband Rainbow Trout, which is a native species to these water systems. The redbands have seen a decline in population over the years. This decline is not caused by new predators being introduced to the ecosystem like the cutthroat trout, but more from man-made effects on and around the water systems.

Clear cutting practices by loggers and irrigation practices by farmers has changed the way the water naturally travels

HANGMAN: continued on pg. 4

Monthly deadlines for Council Fires

In order for our publication to be printed in a timely fashion we need to request outside material by certain times in the month so that we meet our print dates.

The deadline for submissions will stand at the 20th of every month or the previous business day

Please have any and all items you wish to see in the next issue to our office by this time.

S1011: continued from page 1

“communicate alarm and concern for an unprecedented and illegal expansion of casino gaming outside Indian Reservations.”

“All you have to do is go play them and ask yourself if you are actually betting on a horse race. It's a hoax that has consistently been found illegal in other states and these machines will continue to make a mockery out of the law until Idaho does something to stop it,” said Chief Allan, Chairman of the Coeur d'Alene Tribe.

With S1011 passed its fate is now up to Otter. However, the approval for the bill exceeded two-thirds in both houses –

meaning if Otter were to veto the bill, there's enough support in both houses to override the veto.

“We commend the Legislature for having the courage to take up this important and contentious issue. We know this was difficult for some with so much riding on the outcome and we appreciate that they took the time to thoroughly examine the matter and separate facts from emotion. Ultimately, I believe Senate Bill 1011 made a statement that the Idaho Legislature will vigorously uphold the Idaho Constitution. To the overwhelming majority of legislators who supported this bill, we applaud you for your leadership,” said Allen.

~ Chairman's Corner ~

hinchanpa'qhmn

Just a few days ago, I was in Boise to witness the Idaho State House of Representatives debate and vote on Senate Bill 1011 – the bill we introduced to prohibit instant racing in Idaho. You've heard me talk about this issue in my last few columns. The vote in the House is one of the very last steps towards banning instant racing and eliminating what was sure to be a direct threat to our own tribal operations – the casino, the government and everything we do here on the reservation. Proponents of these instant racing machines lied to legislators a couple of years ago and when they installed these instant racing machines in Boise and Post Falls, they nearly pulled the ultimate bait-and-switch on us all. We've learned a lot over the

past few months. Because we introduced the legislation, many tried to label us as hypocrites. Some tried to accuse our tribal gaming machines of being illegal. Ultimately, we prevailed because we kept our eye on the ball and took the high road in addressing our attackers. We're confident in our machines and it was reaffirmed throughout the session that our machines are legal due to the undeniable fact that we have federal legislation, a gaming compact with the state, and tribal oversight regulating our machines. The chairmen of four of Idaho's Tribes sent a joint letter to the Governor and Attorney General earlier this year asking that illegal gaming be put to a stop. Community leaders in north Idaho have also sent a joint letter to the

Governor and AG asking the same. At the end of the day, we prevailed in the Senate by a vote of 25-9 in favor of the bill and this week we prevailed in the House by a vote of 49-21. We did it by working together. I want to thank everyone who helped out on the issue, each of you who sent letters to our legislators and Governor, and our community leaders who supported us. A very special thanks goes out to Helo Hancock and Bill Roden who have spent the entire legislative session working with legislators in Boise to make sure this bill received the proper attention and due process. We will continue to face challenges to the tribal gaming and our livelihood, which is why it is important to stay engaged – both locally in north Idaho as well as in

the State Legislature here. It has always been my policy to make sure the Chairman's office keeps a steady pulse on what is going on around us and how that could affect the welfare of the Tribe as a whole. We have worked closely with our local elected officials, state legislators and our congressional delegation to advance our issues and protect tribal sovereignty. The passage of S.1011 is a great example of what working together can accomplish for the future of our people. Speaking of staying engaged, we all know election season is upon us. Tribal Council elections are fast approaching and soon we'll all be able go to the polls and vote for the people who best represent our feelings and opinions about how the tribe and its operations should be run. Election

petitions are due April 15, 2015. We have three council seats that will be chosen, so make sure you vote. I encourage all of the candidates to run clean campaigns and I want to remind all of you that voting is the best way to express your opinion and the best way to affect change in our tribal government. The direction our tribe takes is a direct result of the decisions Tribal Council makes each and every day regarding economic development, tribal programs, and our businesses. So mark your calendars for Election Day - Saturday, May 2 from 8:00 a.m. to 8:00 p.m. at Tribal Headquarters - and make sure you get out and vote.

Chief Allan

A P R I L - 2 0 1 5

SUNDAY <i>st(eti'wes</i>	MONDAY <i>chdi'k'w</i>	TUESDAY <i>asasq'it</i>	WEDNESDAY <i>cha'lasq'it</i>	THURSDAY <i>mosq'it</i>	FRIDAY <i>tsechsq'it</i>	SATURDAY <i>chli'i'</i>
			1 Healthy Relationships Class 4:30-5:30	2 Tribal Golf Day at Circling Raven Suicide Prevention Training 1pm-3pm Worley Longhouse	3 <i>Good Friday</i>	4 BMWC Hop to it Fun Run @ 10 am
5 <i>Easter</i>	6 LES Kindergarten Registration opens	7	8 Healthy Relationships Class 4:30-5:30	9	10	11
12	13 <i>ECLC's Week of the Young Child</i>	14 Suicide Prevention Training 1pm-3pm Desmet Longhouse	15 ECLC - WOYC Parade 10am Healthy Relationships Class 4:30-5:30	16	17 ECLC - WOYC Carnival @ Plummer Community Park 11am - 2pm	18
19	20	21	22 Healthy Relationships Class 4:30-5:30 <i>Admin Professionals Day</i>	23	24 BMC Diabetes Day Camp 9am-4pm	25
26	27	28	29	30		

~ Community Announcements ~

s n w i' m

Tribe's ECLC to host Week of the Young Child

Early Years are Learning Years
Celebrates National Week of the Young Child

The Coeur d'Alene Tribe Early Childhood Learning Center asks the Coeur d'Alene Reservation Community to come together for children during the Week of the Young Child™ (April 13-17, 2015). As part of the national Week of the Young Child™ celebrated across the country, we are honoring young children and all those who make a difference in children's lives.

"All young children need and deserve high-quality early learning experiences that will prepare them for life, and the reservation has a great opportunity to do our part to help young children," said Dr. Chris Meyer. "Week of the Young Child™ is a time for the Reservation Community to recognize that Early Years are Learning Years® for all young children."

Week of the Young Child™, sponsored by the National Association for the Education

of Young Children (NAEYC), is an opportunity for early childhood programs across the country, including child care and Head Start programs, preschools, and elementary schools, to hold activities to bring awareness to the needs of young children.

Young children and their families depend on high-quality education and care, which help children get a great start and bring lasting benefits to our reservation. Week of the Young Child™ is a time to recognize the importance of early learning and early literacy, and to celebrate the teachers and policies that bring early childhood education to young children.

The Coeur d'Alene Tribe Early Childhood Learning Center has 31 early childhood professionals working together to improve professional practice and working conditions in early childhood education, and to build public support for high-quality early childhood education programs.

ECLC is an Affiliate

of NAEYC, the largest organization of early childhood educators and others dedicated to improving the quality of early education programs for children birth through age 8. Founded in 1926, NAEYC has nearly 80,000 members and a national network of more than 300 local, state, and regional Affiliates.

ECLC is looking for sponsors for our the parade! Are you interested in building a float wagon? We have 9 classrooms and would love to have a float for each room.

If you can't sponsor a classroom float come out and support the parade! Cheer for the children as they walk the parade route and show support for our youngest learners by cheering loud for all to hear. The parade begins at 10 a.m. on April 15th in front of ECLC we then walk down the bike path through the back Wellness Center parking lot down A Street in front of FWW, around the Elders Housing driveway loop and end back at ECLC.

KINDERGARTEN



PLUMMER/WORLEY JT. SCHOOL DISTRICT
Announces

KINDERGARTEN PRE-REGISTRATION
for the 2015-2016 school year.

We will be registering kindergarten students for next year
April 6th through May 29th, 2015 at
Lakeside Elementary in Plummer

The child must be 5 years of age by
September 1, 2015.

Please bring with you:
The child's certified birth certificate and
Immunization records which should include:

4 doses of polio vaccine
5 doses of DTP,
2 doses of Measles, Mumps, Rubella
3 doses of Hepatitis B vaccine
2 doses of Hepatitis A vaccine
2 doses of Varicella

If you have any questions, please
feel free to contact Connie at
Lakeside Elementary at 686-1651

COEUR D'ALENE TRIBAL ELECTION CANDIDATES - ATTENTION!

PETITIONS CAN BE PICKED UP ON APRIL 1, 2015
AT 8:00 AM AT THE ENROLLMENT OFFICE

THEY ARE DUE BACK ON APRIL 15, 2015 BY 4:00 PM

ELECTION DAY IS: MAY 2, 2015 AT TRIBAL HQ
IN PLUMMER, IDAHO FROM 8AM TO 8PM



Healthy Relationships 103

Stop Violence Program

DATE: Wednesdays 4/1, 4/8, 4/15, 4/22

Time: 4:30 pm to 5:30 pm

Location: 160 11th Street Plummer, Id 83851

Please register to attend this class.

Topics for this third class in the series:

April 1: Childhood Memories April 8: Through My Eyes – How Children See Violence
April 15: "Effects of Violence on The Children" April 22: Ideas for Helping Kids Through The Chaos

There are no pre-requisites, come to one, or come to them all!



This class will provide relationship resources and re-direction for victims. We will uplift, encourage and empower victims to find the greater good for themselves and their families.

Weekly door prize
Prize for perfect attendance

Call or Email Mandy Aripa to register
Phone: 208-686-2049
Email: mmaripa@cdatribe-nsn.gov

HANGMAN: cont. from page 2

along its course. Both have been affecting how fast the water travels and even the temperature of the water.

The Tribal Fisheries crew has been busy over the years trying to find out what and how things have changed in the systems and how they have affected the life in the water systems. At some places they have placed log structures to help imitate the pools that would form when trees got old and fell into the creeks. Logging has taken away some of the natural processes

that contribute to the health of the creeks ecosystems.

Knowing what the fish are doing and how they are reacting to their environment is important information that the crews have been trying to gather.

To accomplish this they have set up traps and monitoring stations at locations along some of the creeks to catch and tag the trout. Measurements are taken and tags are read or implanted and they are able to see where these fish are traveling, how well they are growing and how long they are living.

NOTICE OF HEARING

In re: Coeur d'Alene Tribe No. CV-CS-2014-0117 Idaho Department of Health & Welfare Notice of Hearing on Petition for Establishment of Child (IDHW) Petitioner, Support and Clerk's Action Required Messina R. Seyler, Respondent TCSP 14-0340/md.

A Petition for Establishment of Child Support was filed May 9, 2014, and Summons was attempted by certified mail service on the Respondent dated May 9, 2014, which receipt was never returned. TCSP has been unable to find a physical address for personal service. Notice of hearing shall be by publication in the Council Fires Tribal newspaper for two consecutive months.

It is Ordered: Messina R. Seyler shall appear in person before this court at the place and time below, which allows for the 20/60 day, response period (pursuant to Coeur d'Alene Tribal Code 9-5.09.03) and show cause why the relief requested in the motion should not be granted.

Date: Tuesday, June 2, 2015 Time: 1:00 p.m.

Place: Coeur d'Alene Tribal Justice Center, 1115 B Street, Plummer, Idaho 83851.

Your failure to appear as set forth at the time, date and place thereof may cause the Tribal Court to issue a bench warrant for your apprehension and confinement in jail until such time as the matter can be heard unless bail is furnished as provided in such bench warrant. Dated March 3, 2015.

~ Health News ~

snqhesst'ishnet

Benewah Medical Center spotlights outstanding staff during awards ceremony

Study after study that researches and ranks the best companies and organizations in the U.S. universally highlight the characteristics that commonly point to a high achieving company. There is little difference in the characteristics of highly valued and successful profit and non-profit entities. What they usually point to is product, service and employees. This month we are noting the employee side of BMWC, arguably our greatest strength.

BMWC has been a long standing success story in Indian country going on 25 years. None of this would have been possible without wise tribal leadership, a supportive Health Board and a staff that makes it all happen. As BMWC began to grow in patients, staff needed to grow to meet the strong demand for health care. Recognizing the outstanding talent BMWC had assembled it was time to formally reward many of these very unique individuals.

So in 1999 BMWC implemented a process to recognize our best staff. Two

things stood out; first, to be meaningful staff would nominate their peers and second, with so many deserving people, several categories were created that spoke to our mission, vision and values. Only in one award category, the Manager's Choice award created in 2011, any staff may be nominated by managers and managers select the recipient from that pool.

We are pleased to announce the 2014 staff awards in the respective categories as follows:

Spirit of BMWC: Andy Kitt & Joey Buckner

Creativity & Innovation: Lindsey Boyd

Wellness/Fitness: Terri Rhuby Service/Excellence: Angie Sanchez & Sue Milhorn

Team Spirit: Wellness Center & Outreach & Enrollment

Leadership: Vicki Tovey & LoVina Louie

Manager's Choice: Brenna Van Dalsen

BMWC is blessed to have such a diverse, talented, creative and dedicated staff, many of whom have been with

us for several years. BMWC could not uphold its mission without them and we are proud of what they collectively do every day to provide service to this community.

Another reminder about our upcoming 25th Anniversary celebration which will be held on June 5! BMWC will be closed that day and the Wellness Center closes at 11am. An open house at the Medical Center will be from 9-11am, opening ceremony at the Wellness Center at 1pm, pow-wow from 2-5pm and dinner 5-6:30pm, all open to the public. Please save the date!!

Technology advances has provided us a wonderful opportunity to communicate with patients we could not have imagined even ten years ago. Please note that BMWC has an impressive new technology feature titled the 'NextMD Patient Portal'. This technology has online access to help coordinate your care. The Patient Portal allows you to log into a secure website provided to us by our electronic medical records system, NextGen.

Through the Portal you can request your records for viewing or printing, send communications to your Provider team, and can even request appointments for the Medical Clinic. Our plan is to add the Dental department so you can request appointments in Dental as well. There are many other features within the portal that we plan to offer in the future. The Patient Portal does require you to have an email address to get signed up, but no information is shared through your email. Messages you receive in your email will tell you to visit the NextMD website where you can log into your Portal to view messages.

You can visit the Portal website at www.nextmd.com, most browsers like Internet Explorer, Mozilla Firefox, and Google Chrome work with the Portal website. You will need Adobe Reader which is a free program to view certain items like letters, or lab documents that are sent to you through the Portal. Please call First Impressions or speak with your medical Provider's team at your

next appointment to get signed up!

Please make note of the following upcoming events:

April 4 - 'Hop to it Fun Run/Walk' (not a timed event) begins at 11am at the Wellness Center parking lot. This event is free and everyone welcome!

April 24 - Diabetes Day Camp at the Casino; 9am-4pm, lunch provided and everyone welcome. Please contact Community Health at 686-1767 for information.

BMWC has an informative "Medical Advice Hour" on KWIS Radio called Uchqhes Live! meaning "We are Well". Please join a different provider or guest from noon until 1pm every Friday on 88.3 discussing various health topics and answering questions from our listeners. Please send your questions to us at uchqhes@gmail.com or visit us on Facebook page Uchqhes.

Please contact us if we can answer any questions about our services or programs we provide at BMWC.

Gary Leva, CEO

Indoor Triathlon gear and athletes take over Wellness Center



By Kjell Schioberg

Indoor triathlons have been around for a long time, but never seemed to gain much popularity, which could have something to do with the setup. The new setup that Indoor Triathlon USA started, where you get a certain time per Sport and need to cover as much distance as you can is different. It is the perfect pre-season prep for veteran triathletes, a great way for beginners to get started

in the sport and an excuse-proof event for those who say they can't race.

Bo, the founder of Indoor Triathlon USA contacted the Wellness Center and asked if they could rent the facility for their event. It sounded like a great concept with great potential for our community and an opportunity to reach further into the CDA and Spokane area.

The Indoor Triathlon USA crew, in cooperation with

some community members and volunteers from the CDA Tri Team got everything set up early. There were very few mishaps and the event was a big success. There were fifty two athletes that participated in the Indoor Triathlon USA and five of those were locals. Chris Dohrman, Clyde Darrah, Tiffany Korver, Brad Peterson and Kjell Schioberg were among the local participants. Besides the Wellness Center event, the race was also held in

LA, Portland, San Francisco, Chicago, Denver and Seattle.

The Indoor Triathlon USA format is developed to remove certain "barriers to entry" that prevent aspiring triathletes from participating in outdoor events and gives all other levels of athletes a great opportunity to compete early in the season.

You swim in a pool, not a lake or ocean.

Transitions are less hectic. You get a hassle-free bike ride.

Weather conditions can't influence the race.

No one gets left behind!

The first standardized National Indoor Triathlon Series making the triathlon a year round sport! ITUSA provides virtually identical courses at every event, allowing athletes from various regions to compete against each other no matter what city they are competing in. ITUSA course is an i55 distance race: 10 minute SWIM - 30 minute BIKE - 15 minute RUN

Beginners feel safe racing in a controlled environment. They know they will finish as long as they race at their own pace. They get a great feel for what the pace of a real race feels like, transitions and all.

TRIATHLON: cont. on page 11

Lifestyle Balance

Program hosting

April events

Thursday, April 2nd the Lifestyle program will be at the Tribal Member Golf day doing screenings. For each individual who participates in our screening will receive an option of receiving a first aid/sunscreen pouch or a smart phone back up battery. Saturday, April 4th will be our 2nd annual Hop to It fun walk/run. The event starts at 11 a.m. with the option to walk/run either 1 mile or the 3.5 mile. There will be hidden plastic Easter eggs out on the trail. Each plastic egg will have a paper inside and at the end of the walk return the egg to find out what you have won (one plastic egg per person). The Easter bunny will also be there and will be available for pictures =)

Thursday, April 9th is the start of our Community Lifestyle / Pre-diabetes class with two time options available. The first time option is noon and the second time option is at 5 p.m. Both classes will be at the Benewah Medical Center

EVENTS: continued on page 11

COEUR D'ALENE CASINO CELEBRA



ATES 22 YEARS WITH POW WOW



PHOTOS BY
LEE ZAHIR

~Casino Corner~

hnqhesiple'net

All hands on deck for 22nd Anniversary celebration



Dave Matheson offers words of praise and encouragement to employees attending the 22nd Anniversary All Hands Meeting.

Photo by Bob Bostwick

By Bob Bostwick

We've come a long, long way. We can go much, much further.

Chief Executive Officer Dave Matheson emphasized the successes of the past and the future potential of the Coeur d'Alene Casino Resort, applauding employees attending the All Hands Meeting here Thursday while encouraging unlimited success.

This event, as much celebratory as it is informative, brings hundreds of employees together, in one room, from all levels and with a singular purpose of recognizing everyone's contribution—very

important contribution—to the success of this property.

We do it with prayer, drum and honor song, words of wisdom and numerous awards and recognitions. We also do it with "Welcome Home" handshakes and hugs. To be sure, we do it with a cake to celebrate the Coeur d'Alene Casino's 22nd birthday.

And a happy birthday it should be, the property rolling along with expanded employment and unprecedented profits following the first half of the fiscal year.

Matheson re-confirmed his faith in who we are and what we do.

"We have succeeded together with the power and faith to

never give up," Matheson said. "I believe in people, and I believe people want to do a good job if given a chance.

Matheson also spoke of future potential, including a stronger resort connection to Lake Coeur d'Alene and even the possibility of a second golf course. One or both may be distant developments, but more than just hopes or dreams.

Matheson asked, "What more can we do, what more can we be?" He then answered his own question. "You make me very honored, very proud and very thankful," he said. "We can prove to the world the great things we can do when we work together."

Tobacco recycling good news for the casino family fund

By Joyce Oshanick

The Coeur d'Alene Casino Resort Hotel's efforts generated \$2,334.00 to Keep America Beautiful and Santa Fe Natural Tobacco Company (American Spirit Cigarettes) has matched that amount in a one-time philanthropic donation to the Casino Family Fund.

Santa Fe Natural Tobacco Company paid for the boxes, bags, shipping, \$2,000.00 per ton to glean the unwanted waste from our donation and the \$28 a pound it costs to make it a re-useable resource.

A year ago we launched a tobacco waste recycling project in collaboration with Santa Fe Natural Tobacco Company and TerraCycle. Our goal was to capture the cigarette waste produced here at the casino and send it to TerraCycle to

be recycled into industrial pallets, outdoor lawn furniture parts and garden containers. SFNTC established the tobacco waste recycling project with TerraCycle and designated Keep America Beautiful as the recipient a dollar per pound for all tobacco waste submitted across the country.

When we launched the program, we were instructed to designate our Casino Family Fund as the recipient of our donation. We found out in October of last year that the Casino Family Fund would not receive money from our efforts because of the original pact formed with Keep America Beautiful. We continued to collect waste and overcome hurdles in this project knowing that it would have a very positive effect on our environment.

Our custodial maintenance

department and facilities maintenance did an amazing job. In just 10 months we collected 2,334 net pounds of cigarette butts. Note: There are approximately 2,200 butts in a pound. That means 5,134,800 butts did not find their way to our local landfill!

Because of our tireless efforts to do what no company has done on such a grand scale and the confusion over who would receive the moneys for our contribution, Keith Grover and Cooper Gillespie of Santa Fe Natural Tobacco Company set out to find a way to see that our Casino Family Fund was not forgotten.

I would like to thank Cooper Gillespie and Keith Grover of SFNTC for their commitment to sustainability but more so for going the extra mile for our families in need.

Chinook using local salmon on menu

Using seasonal, locally-sourced products has long been a part of the culinary program at the Coeur d'Alene Casino Resort Hotel. Starting this spring, the property will introduce sustainable, wild salmon harvested by Nisqually tribal fishers to menus throughout the casino.

By purchasing fish through She Nah Nam Seafood, Coeur d'Alene Casino Resort Hotel supports the Affiliated Tribes of Northwest Indians (ATNI) Salmon Marketing Program and its mission of adding value to tribal fishers' and harvesters' catches and retaining more of the value added chain in Indian Country.

"We are pleased and excited to offer Nisqually salmon in our restaurants," said Chief Executive Officer Dave Matheson. "It's a 'win/win' as we can offer our guests a high-quality, healthy, locally-caught wild fish, while supporting an initiative that invests in Indian Country. It also fosters inter-tribal cooperation through the Salmon Marketing Program which is important to our employees and leadership."

According to ATNI, since its inception in July of 2010, the program has assisted over 125 tribal fishers, harvesters, individuals and businesses by generating an economic impact of over \$1 million through new

sales, increased revenues and higher premiums.

The Nisqually salmon will be featured at four of the Coeur d'Alene Casino Resort Hotel's restaurants and expand upon Executive Chef Steven Walk's mission of using local ingredients in dishes having a native flair with a modern twist. Chef Walk has created special menu items to highlight the Nisqually salmon, including a grilled Coho salmon filet at Sweetgrass Café and a blackened salmon sandwich with cilantro lime aioli, cabbage salsa and tomato served on a housemade herb encrusted roll at Red Tail Bar & Grill. Twisted Earth Grill will offer up a warm flatbread sandwich layered with Coho salmon, roasted garlic aioli and a Washington apple slaw.

The property's signature fine dining restaurant, Chinook Steak, Pasta & Spirits, has always made locally sourced ingredients the star of the menu. Guests enjoy items like Elk stew, steaks and filets from Double R Ranch in Washington, bison from Montana and wild rice from local North Idaho purveyor, St. Marie's Wild Rice. Now Chinook will showcase Pacific Chinook King Salmon with fresh mint, basil and toasted pine nuts with a white balsamic reduction.

CRGC pre-books over 6000 rounds



By Mark Nelson

Early spring and golf fever has caught on in the Pacific Northwest, Calgary and southern Alberta. This looks to be another great year for the Circling Raven Golf Club. Over 6,000 golf rounds have been pre booked for the 2015 golf season, including 30-plus golf tournaments. Six these are major tribal golf events.

We also have close to 20 small groups that consist of 24 or more players that usually stay on property and enjoy multiple days here. So with all that said, we expect a very busy season

here at the golf course.

We just returned from the Alberta golf show in Calgary. Attendance was high with eager Canadians looking for deals to play the Circling Raven. It is not hard to promote our property with so many amenities for all to enjoy.

Jason Letus and I distributed thousands of brochures and information to the local attendees with hopes of continued success from our friends up north.

Let's be sure to welcome our Canadian guests with open arms as they contribute too much of our success here.

April 2015

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		May 21st 7 pm 	1 Fishing Fools Point Multipliers 12:01 am - 6 am Fishing Fools Drawing 10 am - 8 pm	2 Earn and Get T-shirt Starts today Reel 'Em In Drawings 10 am - 8 pm 	3 Circling Raven Golf Club and Twisted Earth Grill Opening Day 	4
5 Easter	6 Senior Day \$5 EPC	7 Lucky Bass Hot Seats 10 am - 8 pm 	8 Blackjack Tournament 5 pm	9 Reel 'Em In Drawings 10 am - 8 pm 	10 Cosmic Bingo 10:30 pm Event Center Cosmic Blackjack 11:30 pm 	11
12 Birthday Celebration 9 am - 9 pm 	13 Senior Day \$5 EPC	14 Lucky Bass Hot Seats 10 am - 8 pm 	15 Tax that Bass Drawings 10 am - 8 pm 	16 Reel 'Em In Drawings 10 am - 8 pm 	17	18 Cast for Cash Slot Tournament 10 am Sign up · \$10 Buy-in 
19	20 Senior Day \$5 EPC	21 Lucky Bass Hot Seats 10 am - 8 pm 	22 Blackjack Tournament 5 pm	23 Reel 'Em In Drawings 10 am - 8 pm 	24 Cosmic Bingo 10:30 pm Event Center Cosmic Blackjack 11:30 pm 	25
26 \$45,000 All About The Bass Giveaway 5x Points · 8 am - noon EPC Drawings · 1 - 5 pm \$45,000 Giveaway · 7 pm 3x Points · 8 pm - midnight 	27 Senior Day \$5 EPC	28 Lucky Bass Hot Seats 10 am - 8 pm 	29	30 Reel 'Em In Drawings 10 am - 8 pm 		



\$45,000
ALL ABOUT THE
BASS
GIVEAWAY

Sunday, April 26th
 5x Points · 8 am - noon
 EPC Drawings · 1 - 5 pm
 \$45,000 Drawing · 7 pm
 3x Points · 8 pm - midnight



COSMIC BINGO
 April 10th & 24th · 10:30 PM

Tribal Discounts
 Show your Tribal ID for dining, spa, hotel, bingo and shopping to receive 20% off.
 Does not include tobacco or alcohol.





JOSEPH PATRICK SKWANQHQN

December 14, 1939 –
March 1, 2015

A Mass of Christian Burial for Joseph P. Skwanqhqn, age 72, was held Saturday, March 7, 2015 at 10:00 a.m. at the Rose Creek Longhouse at Worley, Idaho. Rosary was held Friday evening at 7 p.m. at the Longhouse. Burial was held at the DeSmet Mission Cemetery. Father Bob Erickson, S. J. will officiate at the services. Mr. Skwanqhqn died Sunday at Hospice House

in Coeur d'Alene, ID.

He was born December 14, 1939 at Tekoa, Washington to Alec and Dorothea M. (Abraham) George. He attended schools at DeSmet, Plummer, and St. Anthony's School at Orofino, ID. Joseph then entered the United States Army and served from 1958 – 1962. Joseph was a boxer for the Army during his military service. Following his discharge, Joseph attended trade school and became a certified welder.

Joseph married Cecelia Townsend in 1963 in California. The couple lived in the Pacific Northwest where

he worked as a welder. The couple had four children. They were later divorced. In 1978, Joseph met Lurann Salyard and the couple lived as a blended family. They were married on December 16, 1997 at Coeur d'Alene, Idaho, and had lived together for the past 36 years. Joseph continued to work as a welder, working for the Food Machinery Corporation and for the Union Pacific Railroad in Portland. Joe and Lurann moved from Seattle to DeSmet, Idaho in 1989. After working on several building projects in the area including the Wellness Center in Plummer and the

CDA Tribal Casino expansion at Worley, Joseph became a senior ambassador at the Casino in Worley. Joseph had been battling cancer for the past 3 years.

His hobbies included working on cars, cutting and collecting firewood, hunting, deep sea fishing on the Oregon coast, playing cribbage, and playing pool in the local pool league. He was a member of the Coeur d'Alene Tribe, a member of Sacred Heart Catholic Church, the Plummer American Legion Post, and the Tribal Warriors Society.

Survivors include his wife Lurann at the DeSmet home;

his children, Patrick George of Plummer, Michael George of DeSmet, Mary George and Andrea George, both of San Jose, CA, David LeDoux of Salem, OR, Preston Golleher of Tacoma, WA, Cindy Golleher of Coeur d'Alene, ID, and Doleen Crimming of Portland, OR; 20 grandchildren and 28 great grandchildren; his siblings, John Skwanqhqn of Worley, Patsy Garcia of DeSmet, and Alice Carazales of Tekoa, WA.

He was preceded in death by his parents and siblings, Virgil Skwanqhqn, Myrna Lacayo, Kathy George, and Yvette Woosley.

TAMMIE JOE (FLETT) SPOTTEDBLANKET

April 10, 1975 -
March 13, 2015

A Mass of Christian Burial for Tammie Joe Spottedblanket, age 39, was held Tuesday, March 17, 2015 at 10:00 a.m. at the Rose Creek Longhouse at Worley, Idaho. Rosary was held Monday evening at 7 p.m. at the Longhouse. A Rosary

was also held Sunday evening at the Wellpinit Longhouse in Wellpinit, WA. Burial at St. Michaels Cemetery at Worley, Idaho. Father Bob Erickson, S. J. officiated the services. Mrs. Spottedblanket died Friday morning March 13th at Spokane, WA from injuries in an automobile accident.

Tammie was born April 10, 1975 at Spokane, Washington to Sidney F. and Norma Jean (Waters) Flett. She was raised on the Colville Reservation where she attended Wellpinit schools and graduated from

Wellpinit High School in 1994. In 2001, Tammy moved to Worley, Idaho where she worked for the Coeur d'Alene Casino. Tammie Flett married Willard Spottedblanket in Coeur d'Alene, Idaho. They made their home in Worley where she raised her children and worked part-time at the casino.

She was a member of the Catholic Church, and a member of the Confederated Tribes of the Colville Reservation. She enjoyed attending Pow Wows with her family. Tammie loved

taking care of her children.

Survivors include her husband Willard at the Worley home; her children, Tomashenna Spottedblanket, Tomarra Spottedblanket, and Willard Toma Francis Spottedblanket; two brothers, T.J. Flett of California, Sidney Flett Jr. of Wellpinit, WA; four sisters, Dixie Stensgar of Plummer, ID, Anna Vargas of Nespelem, WA, Nancy C. Flett of Wellpinit, and Kaylynne Flett of Wellpinit, WA. Also surviving are numerous aunts, uncles, and cousins.



4-wheeler ride for Wendell was great



Thank you very much too all the people that were involved in making Wendell's 4-wheeler ride a success! They had a lot of fun (which was very Sobering) for all of the riders.

I would like to send a SPECIAL THANKS too: Joe C, Bob K, Hass H., Kevin G. & Brother Butch. Also, a Big Thank you for all the riders & people that came from Potlatch, Tensed, Tekoa, Plummer, Worley!! Thanks to the people that brought food to the Potluck which was later at the Tensed Long house.

We had a total of 36 rides (4-wheelers) and some of the riders had double people of their rides, we had about 50 people that showed up. They also had a Poker draw and guess who won? Wendell did, he is really lucky at that kind of stuff. Some of

pictures that we took and there were some pictures that were very emotional for all of them.

In so far as more rides when he feels good we will let more people know when the next one will be. It will be short notice his health gives short notice on how he feels. This meant a lot to Wendell and if his health holds up he will be going on more rides, which he loves to do. His Dr. said "Do what you like to do, "but don't over-do it". He did get really tired but with a few days rest he will be back to himself again. They all had a great time and of course the weather held up until they were done riding.

Again thanks for all of your support.

Eileen, Berta & Wendy

Tribal school performs at Annual Salish Language Conference

Coeur d'Alene Tribal School students did a performance of the traditional story entitled "Rabbit and Jack Rabbit" as part of the closing session of the Celebrating Salish Conference at Northern Quest.

Ann Matt (6th grade) played the part of Rabbit and Aaliyah Shot With Arrow (6th) was the Jack Rabbit. The Coeur d'Alene Language narrators were Nikisa Arthur (8th) and Simeon Matheson (5th); the English translation narrators were Mariah Aripa (7th) and Kria Peters (5th).

Participating groups showcase and share stories from their Tribes, and the added challenge is to do so in your native tongue. The students did a great job learning their lines in a short amount of time. The biggest compliment comes from one of the audience members, Felix Aripa, there to support the students most of whom are his relatives. Aripa said, "I pray to k'u'Intsutn (Creator) that they learn the language. My prayer was answered – they are talking in the language and enjoying it."

The story of Rabbit and Jack Rabbit, originally told by



Dorothy Nicodemus is part of the unpublished texts collected by Gladys Reichard in 1927. In 1935, Lawrence Nicodemus (Dorothy's grandson) recited the story in an audio recording session. Raymond Brinkman, who works at the Language Program, worked with Lawrence Nicodemus to put the story into written form in 1999.

Kim Matheson, Tribal School Language Teacher, developed the story into a script for the performance and coached (with help from the Youth Workshop presenters) the students. Susie Howard and Cathy Dunkle

were in charge of costumes and regalia.

The story is about the two rabbits each living in different environments/terrain who worry about each other during the coldness of the wintertime. They make plans to help one another. This play is the result of great teamwork along the way, 85 plus years after it's first documentation. I can imagine Lawrence Nicodemus is smiling from the other side, hearing the beautiful language spoken so well by these youth.

The conference was an

PERFORM: continued on pg. 11

Matt: retiring of dress was wonderful

I would like say thank you to the many people who were involved in planning the memorial/re-tiring dress for my mother Virginia "Sissy" Matt.

First of all I want to say thank you to Quannah Matheson for the inspiration and the idea of having my mother's dress worn for the last time prior to having it displayed at the Casino. Also for the idea of having the dress worn at the Anniversary Pow Wow. This was a very important part of retiring her dress.

I would also want to say thank you to Debbie Louie-McGee for wearing the dress and representing our family with so much dignity. I started to pray to my mother in January when Quannah mentioned to me about having the dress worn for the last time. I then had a dream of Debbie wearing the dress, so I believe my mother wanted Debbie to wear the dress. What a beautiful vision reality to see Debbie wearing her dress.

Second I would like to say thank you the Anniversary

Pow Wow Committee for allowing this important traditional ceremony prior to the beginning of the Pow wow. I am very grateful that we were able to take care of this. I'm very honored.

Third, I would like to say thank you to our relative and friend, Francis Cullooyah for speaking on our family's behalf and to my sister cousin Jeanie Louie for the beautiful words regarding the history of all three dresses.

I would also like to say thank you to all the helpers/runners and to all of our family. I have so much love for my family and I hope I was not in anyway disrespectful to anyone, if I was please forgive me for it was not intentional. This was my first time having to do this -also forgive me if I had forgotten anyone.

I plan on having her memorial dinner on memorial day, at the Worley Long House at noon or after the veterans are done at the cemetery.

Glenda L. Matt

NOTICE OF SUMMONS

In re: Coeur d'Alene Tribe No. CV-CS-2014-0315 Valerie S. Lozon, Petitioner, ORDER FOR SERVICE BY PUBLICATION and Michael L. Lowley Respondent. TCSP 14-0395/md

Based upon the court's consideration of TCSP's Motion, Declaration and Order for Service by Publication, and the Affidavit for Service by Publication, and the court having reviewed the pleadings and documents in this matter;

NOW, THEREFORE, this Court finds that a Notice and Service of Summons shall be publication of Notice and Summons in the Coeur d'Alene Tribe Council Fires newspaper, the paper most likely to give notice of the Respondent, to be published at least once a month for the full period of two (2) consecutive months with at least 26 days intervening between the first and last publication of said Summons.

The publication shall be in conformance with and in similar form as attached hereto. An Affidavit of Publication shall be forwarded to the above-entitled court at the end of the required publication period.

SO ORDERED. DATED this 10th day of March, 2015

NOTICE OF HEARING

In the Tribal Court of the Coeur d'Alene Tribe of Indians on the Coeur d'Alene Reservation.

In the matter of the application of *Shawn Diane Garcia*, born on 10/29/1964 at proposing a change in name to *Shawn Diane Lanning* has been filed in the restoration of maiden name.

The name of the petitioner's father is Stuart Dean Lanning; the names of and addresses of petitioner's near relatives are: Virgel LaDon Lanning -13824 Antioch Road, White City, OR - father's brother, Arla Jo Lanning - 184 Four Corners Road, Tensed, ID - father's daughter David Earl Lanning - 810 Alston, Marysville, KS - father's son such petition will be heard at such time as the court may appoint, and objections may be filed by any person who can, in such objections, show to the court a good reason against such a change of name.

PERFORM: cont. from page 10

opportunity for the students to experience people from neighboring tribes, of all ages, learning and speaking their languages. The storytelling Theatre Workshop was March

11th-13th. Tribal School Students earned the opportunity to attend this conference as reward for their consistent good behavior during language classes. When Susie Howard, one of the chaperones, asked the students if they enjoyed it and would do it again, all said yes they would.

Blast from the past: Tribal member shares 1994 campaign letter

This letter was submitted to us by Tribal member Frances White - it's the campaign letter she received from Alvina "Bingo" SiJohn for her run for Tribal Council in 1994. She wished to share this letter to demonstrate that many of the issues people feel they are currently facing on the Coeur d'Alene reservation are very much the same as they were 21 years ago.

I was born and raised on the Coeur d'Alene Reservation and have lived here all my life. I was raised a traditionalist Coeur d'Alene. Today as I look around us there are certain issues, items and programs that we as Coeur d'Alene Tribal Members have allowed to remain. We have voiced our complaints on deaf ears. Remember the saying, "The pen is mightier than the sword". In this day and age of documentation it is the only way to accomplish what we need and want of our tribal government and programs.

I firmly, believe that we as Coeur d'Alene Tribal Members have the responsibility to our children, grandchildren, great-grandchildren and the unborn to pave the way of success for the future.

Starting will be the hardest. Some of the high paying Non-Tribal/Non-Indian program heads say they will take a tribal member under their wing and teach them to take over that position. I have yet to see this happen. Where are our young people? Where are our old experienced Tribal Members? Why are so many of our Tribal Members unemployed?

The Coeur d'Alenes have always been a strong and proud people. We certainly have the capability to achieve our goals in jobs we have worked and trained for in the past. We strive for the betterment of the Tribe. On any other reservation in the work field a Coeur d'Alene Tribal Members application is at the bottom of the list.

We the Coeur d'Alene Members have the authority and responsibility to acknowledge poor performance and service and must change it.

A new innovating and imaginative feeling must begin to sweep our minds like a wind across a valley. Many of our policies need to be updated and shared with the total Membership.

HOUSING
This situation is poor. A major thrust is needed by us as a Tribe to prepare ourselves and our children for the future. So many of our people are still in need of better housing. A major priority is overshadowed by bureaucracy attitudes. When leaving an application for a house the housing staff does not inform you that in six months you need to reapply. Are they

making their own rules? It is supposed to be low income housing. What happened? The scale that housing has is you pay according to your income. So the more money you make is the more you have to pay. You can't win for losing. These questions need to be addressed and answered.

GENERAL COUNCIL MEETINGS

The people of our tribe are the strength, foundation and power. Yet, I am asking you when have we as the Tribal Members been notified of exactly how much revenue has come into our accounts. When there is a meeting we are given program material to glance over during the session. Is it because the Council doesn't want us to ask questions on expenditures. With the money that is spent by Council members for trips and meetings, some funds could be withheld to mail Tribal Members program budgets and information a few days prior to the General Council meeting. Perhaps, then there would be more in attendance at the meeting due to information received. It is our money that is being used.

Help me deliver this wind through the valley, the wind of new ideas, fresh thinking and innovative plans that we all can share. Help me to give all Tribal Members a chance by letting the thoughts of our young people come out. The thoughts of our young people should not be ignored and everyone should have the chance to express our ideas. Maybe, some of our ideas would not be a workable solution to the problem.

EVENTS: continued from page 5

(BMC). The Community Lifestyle / Pre-diabetes class is a 16 week course which focuses on nutrition and increasing physical activity.

Friday, April 24th is our Annual Diabetes Day Camp which will be held at the CDA Casino. To pre-register (to guarantee a free t-shirt) please call Community Health at 686-1767

Tuesday, April 28th is the start

TRIATHLON: cont. from page 5

Experienced athletes can be as competitive as they want. Not only are they ranked against others in their race, ultimately they'll be ranked against every athlete in every ITUSA event that year.

Swim Course - 10 Minute: In a 25 yard pool, every lane is shared by two athletes, allowing them to split the lane and swim unimpeded at their own pace. There are length-counters tracking the distance.

Transition 1 - 5 Minutes

Bike Course - 30 Minutes: Athlete brings their own bike. Bike will be set up on trainer

However, as Tribal Member we would be taking part in OUR Tribal Government process.

SENIOR CITIZENS

I have heard some any people say, "I respect the Elders etc., sometimes their words pass like a breeze through the trees. They have lived for so many years and yet they have never been given the opportunity to LIVE WITH DIGNITY"? There are those who will read this and laugh at us, but I think the Elders who are on the sole program must ache in the hearts for all of us. There are grants for the elderly that a person has to look for and submit. They may not be large ones but many small grants make a better program. Our Creator has gifted us as individuals and how to help Tribal Members especially the Elders.

EDUCATION

We need to retain our Indian Culture and Pride to succeed at anything we do in our life time. We cannot even succeed in school to learn about our societies if we do not have pride in our own Heritage.

We need to learn in school because all of the businesses of life is conducted and based upon their system. Without knowledge of that system, we cannot expect success for ourselves as individuals or as a group of people. Education is important to everyone.

When Tribal Members choose to pursue education beyond high school, they deserve every consideration that will assist them toward personal and community strength.

LETTER: continued on page 12

of our Native Lifestyle class with two time options available. The first time option is noon and the second time option is at 5 p.m. Both classes will be at the Benewah Medical Center (BMC). The Native Lifestyle class is a 16 week course which focuses on nutrition and increasing physical activity.

If you have any questions please feel free to contact either myself or Pam Johnson, or Peter Mahoney at 686-1767.

along with odometer ready to ride when athlete arrives from the swim. It is automatically calibrated by the weight of the rider/bike against the roller. At the signal, athlete has thirty minutes to mount bike and ride as far as they are capable.

Transition 2 - 5 Minutes

Run Course - 15 Minutes: Athletes must wait at the run start for the five minute transition time to expire and running leg to start. At the horn athletes have 15 minutes to run as far as they can.

The next local Triathlon will be the BMW Sprint Triathlon June 20th. See the WC staff for further information!

~Cradleboard News~ khwa gugwaqhti'lt



Kaylee Ann Taylor was born February 05, 2015 to Doris and Andre Taylor III. At birth Kaylee weighed in at 7 lbs. 1.8 ounces and was 18 inches long. Maternal grandparents; Mabel and Miguel Arroyo of Worley, Idaho, great grandparents; Lucille and Jose Espona of Worley, Idaho, and the late Ronald "Gus" Circle of Nespelam, Washington, paternal grandparents; Andra Jr and the late Julie Taylor of Spokane, Washington, great-grandparents; the late Clarence Friedlander and Josephine Samuels-Friedlander of Spokane, Washington, Betty Watson of Spokane, Washington, the late James Sparks of Pasco, Washington and Andra Taylor Sr. of Kansas City, Kan

LaDeaux is young Chili Champ



"Congratulations to Lily LaDeaux, who won People's Choice for the 2015 Chili Cook-Off. Your family is so proud of you. Young Master Chef in the making!"

LETTER: continued from pg. 11

Reduced funding for those who choose vocational courses has created hardship on that individual and no one can expect that with unmet needs or poorly met basic needs that this positive life can continue to survive.

Why are the funds for students not sent to advance to higher learning facilities? It would save stress and headaches instead of another obstacle for students who are seeking a higher degree in education.

HEALTH PROGRAMS

Yes, we do have a beautiful clinic, but are the services to the Indians people sufficient. Are we put on the back burner so the Non-Indian can receive better treatment because of payment. I have heard many written complaints sent to the Director. Sure the clinic we have does serve us, but improvement is always a must for better program development and it is very certain that an improved delivery system is on tip of the list. There is something wrong when the Surrounding Non-Indian communities state that the Benewah Medical Clinic doesn't belong to the Coeur d'Alene Tribe but to the City of Plummer.

TRIBAL STAFF

Many of our tribal staff members working conditions need readjustment. Many departments have their own little world and there seems to be no practice or personnel management within our tribal supervision level. I believe the old saying; "Your staff is only as good as its leadership". We can even go further in saying, "Your leadership is only as good as its government". Many of the tribal staff has the capability and talent to make tremendous advances for us and the tribe.

I am not criticizing Tribal council members. I am just

pointing out areas that I believe need more attention and priority. In my heart I feel there are three kinds of Council persons.

1. One who stands back and says nothing
2. One who says a lot of nothing and relies on others to do his decision making.
3. One who gathers as much information to make a good sound decision for the improvement of all Tribal Members.

I have always set my goals and standards for myself during my employment with the tribe over the years. I believe that if an obstacle was placed before me by any organization to stop the progress of the Coeur d'Alene Tribe. I would never accept defeat and would overcome that obstacle to continue efforts to strengthen the Tribe. You may fellow Tribal Members are the Heart of the Coeur d'Alene Tribe.

Election time has again reached our doors. I am asking for your support by casting your vote as a vote of conscience and meaning. I will not double talk you and no problem will be too little to try to solve. I will stand before tribal and government leaders and say, I am for the Coeur d'Alene Tribal Members. I am asking you to cast your ballot for Alvina Bingo SiJohn on May 7, 1994.

I make the promise that I will do my own thinking and will take one situation at a time. There are so many concerns, big and small, I can't address all in this letter. However, I want you to know your concerns will always be my concerns. Bring me to the Council table and I will bring your words and thoughts to that table. Your candidate for Council.

Alvina Bingo SiJohn



Happy 42nd Anniversary to the best parents/grandparents in the world, Kenneth and Alice Pluff on April 27th. Love, all 7 of your children and your 23 grand children. P.S. Marcus was their first grand kid born on their 23rd wedding anniversary.



Happy Birthday to the best Dad in the whole world, Kenneth Pluff Sr. on April 20th. Love, all 7 of your children and your 23 grand children

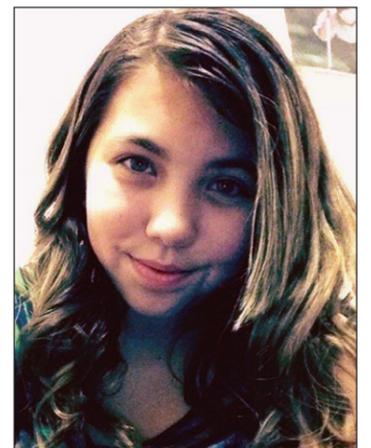


Happy Birthday to Uncle/Papa Chuck on April 9th - we love you.

Love, your family.



Happy Birthday to Marcus Wayne Pluff on April 27th. We love you - Love, Mom, Dad, Aaliyah, Dj and Kylee and the rest of the family.



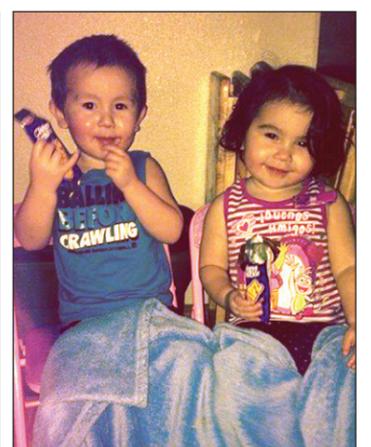
Happy 14th Birthday Alyssa SiJohn on April 18th. Love Mom, Dad, Kendall, Kimmie, Kenneth and Jaida - and the rest of the family.



Happy 12th Birthday to Aaliyah Louise on April 29th. We love you - Love, Mom, Dad, Marcus, Dj and Kylee and the rest of the family.



Happy 9th Birthday to Kylee Michelle on April 17th. We love you - Love, Mom, Dad, Marcus, Aaliyah and Dj and the rest of the family.



Happy 3rd birthday to Jaida Pluff on March 22nd and Happy 4th birthday to Kenneth Pluff III on March 29th. We love you. Love, your family.