



Barack Obama wins second term in 2012 election victory over Romney



President Barack Obama is showered in confetti as he revels in his victory of the 2012 Presidential election.

President Obama won a second term and he promised his thrilled supporters “that for the United States of America the best is yet to come.”

Obama appeared before thousands of cheering Democrats to the beat of Stevie Wonder’s “Signed, Sealed and Delivered” after securing a strong electoral lead, although he just eked out victories in key states.

He congratulated his opponent Mitt Romney and said, “In the weeks ahead I am looking forward to sitting down with Gov. Romney to discuss how we can move this country forward.”

In a victory speech studded with the soaring rhetoric that first drew voters to him in 2008, Obama reminded the electorate what was still on his agenda -- immigration reform, climate change and job creation.

“Tonight, you voted for action not politics as usual,” he told supporters in Chicago. “You elected us to focus on your job, not ours.”

Obama told Romney supporters that “I have listened to you... you have made me a better president.”

He added, “I return to the White

House more determined, more inspired than ever.”

The election is a validation, if not an overwhelming mandate, in support of the president’s policies of the last four years, which included a major overhaul of the healthcare system and a drawdown of troops in Iraq and Afghanistan. Obama built a coalition of young people, minorities, and college educated women and won by turning out supporters with a carefully calibrated ground operation to get out the vote in crucial states like Ohio, Iowa and Wisconsin.

He thanked those who voted “whether you voted for very first time, or waited in line for a very long time -- by the way we have to fix that,” he joked.

He thanked Vice President Joe Biden, whom he called “America’s best happy warrior” and first lady Michele Obama.

“Sasha and Malia,” he said addressing his two daughters. “You’re growing up to be two strong, smart, beautiful young women...I’m so proud of you. But I will say for now, one dog is probably enough,” he said riffing on his promise of a puppy four

years ago.

Prior to the president’s speech, Mitt Romney conceded gracefully in Boston.

“I so wish that I had been able to fulfill your hopes...but the nation chose another leader,” Romney told heart broken supporters at his Boston headquarters.

“I pray the president will be successful in guiding our nation,” Romney said before running mate Rep. Paul Ryan of Wisconsin and their families joined Romney on the podium.

Obama’s lease on the White House was renewed with a crucial victory in Ohio.

Celebrations erupted in Obama’s home town of Chicago, in New York’s Time Square and outside the White House, while Romney’s Boston headquarters went mournfully quiet.

“We’re all in this together. That’s how we campaigned, and that’s who we are. Thank you,” Obama tweeted even before formally announcing his victory.

Nevertheless, it was a squeaker. In Florida and Virginia, states that were key to both candidates, Obama and Romney were separated by a single percentage

point. Ohio also was close, with the candidates also separated by a point late into the vote count. And the popular vote was nearly split evenly down the middle nationally.

With counting still going on and before Florida had been called, Obama led with a significant electoral lead, 303 votes 203.

After a campaign for the White House and both houses of

Congress that cost more than \$6 billion, the make up of all three branches remains very much the same as it was before the election. Obama remains in the White House, Democrats retain control of the Senate and Republicans continue to control the House.

Early on, the Obama campaign built an electoral firewall across

PRESIDENT: cont. on page 3



The Coeur d'Alene Tribe did its part by setting up a voting call center to encourage people to go to the polls and answer any questions local voters may have regarding the election. Photo by J.L. Fletcher

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Coeur d'Alene Tribe - Council Fires

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~Chairman's Corner~

hinchanpa'ghmn

I hope that everyone had a nice Thanksgiving, with family, friends, good food and the comforts that this time of year brings.

There is so much to be thankful for. Wow, what a time we live!

First off, thank goodness the majority of Americans agreed about our recent national elections, in that we are always stronger when we look out for one another. President Obama embodied that sentiment, and it was with great pleasure that I voted for him, and that I saw him win another term.

One thing that makes our country great is the diversity. And today one thing can't be denied—that the face of our nation is changing. Communities of color are making an impact, politically, socially, and economically. Our country is dynamic. And so more than ever, with this transformation comes

great struggles too, and we need to look out for one another, and truly "be my brother's keeper."

Just like tribal people know so well, we are always greater together.

* * *

When I think back to some of the highlights from the last year, it is always with humility and gratefulness that I am reminded about how lucky I am to be Coeur d'Alene.

Again and again we prove to be a progressive Tribe, and leader in the region. We are proud to be one of the driving economic forces in northern Idaho. We are good neighbors. We are devoted to quality living for all of our community through things such as high-caliber healthcare. We are good stewards of our natural

resources. We care for our beloved lake. We empower our children. We invest in our elders.

But most importantly, we take care of our own. We look out for one another. We are a tight-knit family. And though at times we have our disagreements, we always come back to what is important as Members of the Coeur d'Alene Tribe. We know that we are greater together.

As I watch my children grow, and as I try to be a good dad, son, brother, uncle, nephew, grandson, I realize that this is all that matters in the long run. These relationships, these small moments that I have with the people I love and care about—that is what I am most thankful for.

At the end of the day, you can't take a lot with you, but you are blessed if you were loved and had the opportunity to love and care



for others in return. For this I am blessed and so appreciative.

I hope your holidays are good. I hope you are feeling hopeful. I hope that you are blessed with an abundance of family and friends. It's what matters most. We are

always Greater Together.

Warm regards,

Chief Allan

Coeur d'Alene Tribe Council Fires



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Coeur d'Alene Tribal Council

Chairman - Chief J. Allan
term expires May 2015

Vice Chairman - Ernest L. Stensgar
term expires May 2014

Secretary/Treas. - John Abraham
term expires May 2014

Charlotte A. Nilson
term expires May 2013

Alfred M. Nomee
term expires May 2013

Leta Campbell
term expires May 2015

Don Sczenski
term expires May 2015

Lawrence Nicodemus and the Coeur d'Alene Tribe's Language Department provided the paper with the following translation of *sgwelp igwe'l 'ya'(pqi'n'm* which describes a fire made for the purposes of gathering or meeting.

Benewah Medical Center recipient of CDC grant to encourage wellness

Residents of Kootenai and Benewah Counties will soon have access to new healthy living programs, thanks to a \$415,987 grant received last week by the Benewah Medical Center. The grant is a part of the U.S. Department of Health and Human Services' Community Transformation Grants (CTG), a comprehensive prevention and wellness initiative launched in 2011.

Benewah Medical Center will establish several new programs in an attempt to reduce chronic diseases and decrease health care spending in the region. Specific

programs will focus on reducing tobacco use, encouraging healthy eating by providing on-going trainings for food service staff in schools on food procurement, healthy foods and nutritional quality and promoting active living programs for people of all ages in schools and workplaces throughout the community. "Being healthy means something different to each of us. Now, whether your goal is to be more active, quit smoking or just eat more nutritious food, everyone in our community will now have access to the support they need

on their journey to a healthier lifestyle," said Coeur d'Alene Tribe Chairman Chief Allan. "Chronic diseases are some of the most preventable health problems in the country, but they continue to be among the most common and costly problems. By focusing on where people live, work, learn, and play, we hope to make an impact on the health of our community," said Gary Leva, the CEO of Benewah Medical Center.

The programs funded by this grant will be available to everyone within the BMC's service area, including tribal

and nontribal members living on or near the Coeur d'Alene Indian Reservation, including Benewah and Kootenai Counties in Idaho and parts of Spokane and Whitman Counties in Washington.

Overall, the U.S. Department of Health and Human Services awarded approximately \$70 million in prevention grants to 40 awardees focused on communities with fewer than 500,000 people in neighborhoods, school districts, villages, towns, cities, and counties. To learn more, visit www.bmcwc.com or www.cdc.gov/communitytransformation.

Member Brealan bags his moose



My name is Darrel Brealan I am Coeur d'Alene tribal member with a moose tag. I shot my moose between Plummer-DeSmet in Minaloosa area.

Tribe continues tradition of giving

The Coeur d'Alene Tribe this year gave \$1.3 million in education grants to more than 50 schools, school districts and nonprofit organizations.

Recipients used the money to upgrade technology, buy textbooks, provide student scholarships and fund textiles, reading, music, arts and vocational classes.

Recipients include the Post Falls Food Bank's Weekend Nutrition Backpack Program, which serves students with no reliable access to food on weekends, and the new Kootenai Technical Educational

Campus in Rathdrum, for vocational equipment.

"We believe in education and we believe in being good neighbors," said Chief Allan, Chairman of the Coeur d'Alene Tribe, in a news release. "Education lifts people up. ... This is just our way of giving back to our neighbors, and we are proud to have such a strong history of donating to our community."

The tribe allocates 5 percent of net revenues from the Coeur d'Alene Casino to education in the region. Since 1994 it has donated more than \$18.5 million.

The Deadlines for the month of December will be as follows:

PRIORITY DEADLINE: 12/7/2012

FINAL DEADLINE: 12/14/2012

All items are due by 4:00 pm on deadline day.

These earlier deadlines will help us print the issue before Christmas.



Happy 8th Birthday Deon
November 2nd
Love - Dad, Mom, Marcus,
Aaliyah and Kylee

Happy 9th Birthday (Dec. 15th) "Shaila Risingstar Matt" I love you with all my heart! Love your Dad, Joseph Matt Jr.

Happy 7th Birthday (Dec. 17th) "Luckg Sincere Matt" I love you with all my heart! Love your Dad, Joseph Matt Jr.

Elections 2012: Saving the Republican Brand in Indian Country

By Mark Trahant

The Republican Party doubled the number of American Indian tribal members serving in Congress, from one to two. Markwayne Mullin will join Tom Cole as a member of Oklahoma's congressional delegation. Mullin is a member of the Cherokee Nation and Cole is a citizen of the Chickasaw Nation.

This, it would seem, is good news for the Republican Party and the idea of reaching out to Indian country in a bi-partisan manner.

Republicans could draw on the history of Richard Nixon and his 1970 Message to Congress

proclaiming self-determination without termination (sidestepping that it was another Republican, Utah Sen. Arthur Watkins, who was the greatest champion of termination).

Republican nominee Mitt Romney even reached out, a bit, by answering questions from Indian Country Today Media Network. He said: "I respect and support the sovereignty of Native American tribes and recognize the importance of their culture to the rich fabric of this great country."

And, just two years ago, the Alaska Native vote rallied to save Republican U.S. Senator Lisa Murkowski after her primary

loss. So why did Republicans get wiped out at the polls by American Indian and Alaska Native voters?

Alaska is a prime example. In a state where Alaska Natives are nearly 20 percent of the population – a key constituency if there ever was one – redistricting cost Albert Kookesh, a member of the Tlingit Nation, his long-held seat in the state Senate. That redistricting process makes it more difficult for Alaska Natives to win, but it did make the Senate more Republican.

In Montana Democrats were swept into office, in part, because of high turnout from the state's seven reservation communities.

But it's worth noting: Democrats worked for that vote. They traveled to all seven reservations, more than once, and asked for that vote.

Why does it matter? Why should Republicans care?

This election, and President Obama's win, was all about demographics. The president received barely 1 in 3 votes from white males, the lowest percentage in an election without a major third-party candidate. The new coalition, on the other hand, is as diverse as America. And even more so in future elections.

"We're not in the '50s anymore," William Frey, a Brookings Institution demographer told *The*

Los Angeles Times. "This election makes it clear that a single focus directed at white males, or at the white population in general, is not going to do it. And it's not going to do it when the other party is focusing on energizing everybody else."

Obama carried more African-American votes than ever before in history as well as Latinos, Asian Americans, and, of course, Native Americans. He also carried women and gay voters by significant margins.

This election was won by the coalition of everybody else.

REPUBLICAN: cont. on page 5

Natives get out the vote for election

Organizers of a massive get-out-the-vote campaign that targeted Native American communities across the country are considering their efforts a success.

The National Congress of American Indians led the push. The group pointed Thursday to U.S. Senate races in Montana and North Dakota, as well as a voter identification ballot initiative in Minnesota, where it says the Native American turnout made a difference. The Minnesota voter ID requirement failed.

NCAI Executive Director

Jackie Johnson Pata says the best indicator was the fact that President Barack Obama mentioned Native Americans during his victory speech Tuesday night. She called that a "huge leap" for Indian Country.

It's difficult to say at this point exactly how many American Indians and Alaska Natives showed up to the polls. But NCAI officials say Native Americans in New Mexico and Montana were registered to vote at higher rates than any other racial or ethnic group in those states heading into Election Day.

PRESIDENT: cont. from page 1

the Midwest, focusing on Ohio, whose 18 electoral votes strategists saw as vital pathway to victory, and it was Ohio that secured the president's victory.

Before the Republicans had settled on a nominee, Obama was running ads in the state's blue-collar North. That effort paid off for the president, Ohio voters said they supported his bailout of auto manufacturers, an industry vital to the states economy, 59 percent to 36 percent.

The participants were themselves history making, the first black president running against the first

Mormon presidential nominee to make it the general election. But for the most part the election turned not the politics of identity but of the economy.

The election took place against the backdrop of a slow economic recovery. From its outset, both campaigns knew the race would come down to the economy, and both tried to tailor their appeals to middle class families struggling with inflation and unemployment.

Obama routinely reminded voters he had inherited the worst economy since the Great Depression and pointed to policies he led, including the auto bailout, and signs of improvement including a

drop in the unemployment rate.

Obama portrayed Romney as an out of touch millionaire intent on helping the rich at the expense of the middle class when they were hurting the most. That impression seemed to stick with voters who nationally said by 55 to 40 percent that they believed the economic system favors the wealthy rather than being fair to most people, according to exit polls.

The candidates also tangled over health care, abortion, and taxes, leading to a bevy of negative ads. The campaign was the most expensive in history, with each candidate raising nearly \$1 billion a piece.

DECEMBER - 2012

SUNDAY <i>st(eti'wes</i>	MONDAY <i>chdi'k'w</i>	TUESDAY <i>asasq'it</i>	WEDNESDAY <i>cha'lasq'it</i>	THURSDAY <i>mosq'it</i>	FRIDAY <i>tsechsq'it</i>	SATURDAY <i>chji'i'</i>
						1 Coeur d'Alene Tribal General Membership Meeting @ 9am Worley Longhouse
2	3	4	5 Home Landscaping Workshop @ 5pm Cd'A Tribal Credit Applications Due	6	7 Council Fires Priority Deadline Law & Order Meeting request deadline <i>Pearl Harbor Remembrance</i>	8 <i>Hanukkah Begins</i>
9	10  Lakeside High Financial Aid Night	11 Cd'A Tribal Credit Board Meeting	12	13	14 Council Fires Final Deadline	15
16	17  Lakeside Elementary Winter Concert	18	19 Tribal School Christmas Program Cd'A Tribal Credit Applications Due	20 Tribal School Begins Winter Break 12/20 - 1/1	21  <i>Winter Begins</i>	22
23	24 <i>Christmas Eve</i> CDA HQ Closed	25  CDA HQ Closed	26 Cd'A Tribal Credit Board Meeting	27	28	29
30	31 <i>New Year's Eve</i>					

~ Community Announcements ~

s n w i' m

PCAT welcomes Santa to Plummer

Plummer Community Action Team (PCAT) is sponsoring Santa's arrival with free photos and festivities on Saturday December 1, 2012 from 2-4 pm at the Plummer Community Center. We are asking our business and residential community to join us in welcoming him by decorating.

Please let us know if you are interested in participating in a "Lighting the way for Santa's arrival to Plummer". You may apply at City Hall by December 1st. If you have questions please call Anna Marie Willard at (208)686-7016 or Debi Church at (208)686-0721. Thank you from PCAT.

Home landscaping workshop series

Free monthly workshops are being offered to help homeowners and renters add landscaping and value to their yards and gardens, including growing your own foods. The focus of the winter workshops will be design and planning. Next spring will cover plants, planting and irrigation systems.

Next Workshop: Wednesday December 5th, from 5-7PM at the Worley Longhouse

Dinner will be provided.
Sponsored by University of Idaho Extension
To register contact: Iris Mayes, Extension Educator, 208-686-1716, imayes@cdatribe-nsn.gov

KWIS hosting middle school students

Tune into KWIS and listen to Strengthening The Spirit middle school students:

Every Tuesday afternoon (starting in December) at 4:00 students from the Strengthening the Spirit Afterschool program in Plummer will be reporting on the activities they've been doing in the program. Topics to be reported on will range from cooking, science, and field trips to art and cultural activities. Tune in on Tuesdays at 4:00 to 88.3 FM to hear about all the great things these middle school students are up to!

Lifestyle Balance wants you back

Our Native Lifestyle Balance Program has an active calendar of fun activities planned for our NLB participants and we want you to join us. We are proud and excited to be offering activities in our beautiful new facility and want to share that excitement.

Some activities we have coming up soon are cooking classes, chili/lentil cook-off, CDA language bingo, as well as registering our participants for the local fun

runs/walks. Other activities we participate in are in conjunction with wellness center activities as well as other tribal activities as they come up.

We have a cabinet full of tools and incentives we use in our contests / challenges to help you on your journey to wellness.

Our staff is dedicated to assist you in preventing diabetes! If you

LIFESTYLE: cont. on page 5

Child support and garnishments of your percapita

We have received several questions regarding child support when it applies to Coeur d'Alene Tribal Members and percapita garnishments. So we have decided the best way to inform the membership is through Council Fires.

When a Coeur d'Alene Tribal member has a child support obligation; the Coeur d'Alene Tribal Child Support Program (TCSP) is able to garnish wages earned from employment, Social Security, and/or tribal percapita payments *unless* the non-custodial parent agrees to a payment agreement to pay on his/her own. The resolution regarding tribal percapita's used to only be eligible for garnishment for child support purposes when *both parents* were enrolled members of the Coeur d'Alene Tribe and the non-custodial parent owed an arrears balance (back child support) to the custodial parent (unless another agreement was reached between the parties). In most instances, tribal percapita's were only garnished when a non-custodial parent had no other source of income to pay his/her obligation. Also, tribal percapita's can only be garnished up to fifty percent (50%).

In addition to that, in the past child support has been a civil matter that has been established through Tribal Court, or with the State of Washington or Idaho in circumstances where the custodial parent is on state assistance. The order from the state would get recognized in tribal court in order for the state child support agency to enforce their child support order. Tribal Court has never been a child support enforcement agency. They established child support and kept track of payments made on individual cases; however they were not required to hold non-custodial parents accountable for non-payment of a case unless the custodial parent made a motion to the court.

What's changed: As many of you know, the tribe opened up their own child support program on December 15, 2010. TCSP case workers work hard and put in great effort to work with both the non-custodial parent and the custodial parent. When a non-custodial parent is uncooperative we will take necessary enforcement actions to ensure the child support obligation is being met. In August of 2012, Tribal Council passed

CDA Resolution 168 (2012), which allows us to garnish tribal member's percapitas for child support payments owed to custodial parents who *are not* enrolled members of the Coeur d'Alene Tribe. Therefore, in instances where a tribal member is unemployed & has no other source of income besides his/her percapita, we are able to garnish up to 50% of their percapita. TCSP case workers are more than willing to negotiate the percentage of the percapita we garnish anywhere up to 50%, however when the non-custodial parent is uncooperative we will garnish the entire 50%.

Another thing to keep in mind regarding garnishments of percapita payments is if a tribal member applies for a percapita loan. Many non-custodial parents are surprised and/or frustrated when percapitas are paid out and they receive little to no percapita at all depending on the amount of the percapita. For example, the minimum distribution amount for percapitas is \$1,200.00. TCSP will garnish up to 50% of the percapita for child support and pay it out directly to the custodial

GARNISH: cont. on page 5



Every Child By Two

VACCINES SAVE LIVES!

Well child checks are a great opportunity to track your child's development!

During the month of December, you will receive a gift bag with diapers and educational materials when you bring your child in for shots!




IMMUNIZATION DAY!
DECEMBER 14, 2012
NO APPOINTMENT NEEDED!

FOR MORE INFO OR TO SCHEDULE AN APPOINTMENT

PLEASE CALL

BENEVAH MEDICAL CENTER
208-686-1931

Holiday Craft/Vendor Fair

December 7th

From 9:00am to 4:30pm

At the Wellness Center

If you would like to participate please call: Tami Taylor @ 691-1414 or JR Gustin @ 660-5538




Lakeside High School basketball schedules for 2012-2013 season

Lakeside High School Girls Basketball 2012-2013			
Date	Opponent	Location	Game time (JV then Varsity)
November 13	Lapwai	Plummer	6 pm
<i>Highland-Craigmont Girls Basketball Season Kickoff Tournament (Varsity Only)</i>			
November 16	Highland-Craigmont	Craigmont	6 pm
November 17	Winner or Loser Summit / Salmon River	Craigmont	6 pm
November 28	Mullan	Plummer	6 pm (VARSITY ONLY)
December 4	Kootenai	Plummer	6 pm
December 6	NICS	Plummer	6 pm
December 8	Timberline - Weippe	Plummer	1 pm (QUAD - JV Girls First)
December 13	Post Falls JV/Freshmen	Plummer	6 pm
December 15	Deary	Plummer	1 pm (QUAD) (Boys JV/Varsity first)
December 18	Lapwai	Lapwai	6 pm
<i>Wellpinit Christmas Tournament (JV and Varsity)</i>			
December 21	TBA	Wellpinit	TBA
December 22	TBA	Wellpinit	TBA
January 5	Wallace	Wallace	3pm (QUAD - JV Girls First)
January 12	NICS	Canfield MS	6 pm
January 15	Post Falls JV/Freshmen	Post Falls	5:30 pm
January 17	Clark Fork	Clark Fork	6 pm
<i>Battle on the Trail</i>			
January 19	Kootenai	Kootenai	1 pm (JV Girls First)
January 22	Mullan	Mullan	6 pm (W/ BOYS) (VARSITY ONLY - Girls First)
January 26	Clark Fork	Plummer	1 pm (QUAD - JV Girls First)
January 29	Wallace	Plummer	6 pm
February 4, 7 (8 - if needed)	District 1 - 1A Tournament	Lake City HS	6 pm
February 9	State Play-in Game	St. Maries	6 pm
February 14 - 16	State Tournament	Nampa	TBA

Lakeside High School Boys Basketball 2012-2013			
Date	Opponent	Location	Game time (JV then Varsity)
November 27	Kendrick	Plummer	6 pm
November 29	Troy	Plummer	6 pm
December 6	Kendrick	Kendrick	6 pm
December 8	Timberline-Weippe	Plummer	1 pm (QUAD - JV Girls First)
December 15	Deary	Plummer	1 pm (QUAD) (Boys JV/Varsity first)
<i>Wellpinit Christmas Tournament (JV and Varsity)</i>			
December 21	TBA	Wellpinit	TBA
December 22	TBA	Wellpinit	TBA
<i>Lapwai Christmas Tournament (JV and Varsity)</i>			
December 27	Lapwai	Lapwai	JV - 1:30 pm; Varsity - 7:30 pm
December 28	Prairie	Lapwai	JV - 1:30 pm; Varsity - 6 pm
December 29	Genesse	Lapwai	JV - 1:30 pm; Varsity - 4:30 pm
January 5	Wallace	Wallace	3pm (QUAD - JV Girls First)
January 11	Logos	Plummer	6 pm
January 15	Troy	Troy	6 pm
<i>Battle on the Trail</i>			
January 19	Kootenai	Kootenai	1 pm (QUAD - JV Girls First)
January 22	Mullan	Mullan	6 pm (W/ GIRLS) (VARSITY ONLY - Girls first)
January 26	Clark Fork	Plummer	1 pm (QUAD - JV Girls First)
January 31	Mullan	Plummer	6 pm (VARSITY ONLY)
February 8	Wallace	Plummer	6 pm
February 9	Clark Fork	Clark Fork	6 pm
February 14	Kootenai	Plummer	6 pm
February 18, 21 (22 - if needed)	District 1 - 1A Tournament	Lake City HS	6 pm
February 23	State Play-in Game	St. Maries	6 pm
Feb. 28 - March 2	State Tournament	Nampa	TBA

*Ding Dong,
Avon Calling!*

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WWW.YOURAVON.COM/DEBBIEBURK

REPUBLICAN: cont. from page 3

Republicans will need to figure out ways to counter that demographic reality. In some ways that's already happening. The Republican Party platform is one step. Montana state platform says: "The Montana Republican Party supports Native American tribes and their treaties with the Federal Government. We also support a continued economic relationship between the tribes and the State of Montana." In North Dakota Republican Rick Berg talked about his support of tribal issues and even

cited his grandfather's work with the North Dakota Indian Affairs Commission. But when it comes to policy there are reasons why that support doesn't translate into votes. Nearly every Republican promised to repeal the Affordable Care Act, so the first question from Indian country was what about the Indian Health Care Improvement Act, a plank in that law. Few Republican candidates even bothered to hear the question, let alone frame an answer. Republicans could be successful in Indian country. There are issues, such as supporting business

Veterans honored at and by Coeur d'Alene Casino



Row 1: Gene Lynn, Darrell DeRoche, Isadore Tom Jr., Steve Moffet, Tony Hernandez, Valerie FastHorse, Ernie Stensgar, Wilber Michel, Stan Healy, Marcel Onley, Ted Gaze, Roy Small
Row 2: Bob McKay, Edward Scott, A.C. Sanchez, Janice Dick, Gene Sorrell, Arnold Sorrell, Jimmy LaMare, Enos Johnson, Edward Edsell, James McCormick, Tom Bob Sr.
Row 3: Darnell Sam, Bill McLean Jr., David Cline, Jackson Bizardie, Roberto Vargas, Chuck Axtel, Marcy & Paul Patten.

Tribe's Child Support staff works to get money to kids

The Coeur d'Alene Tribe is one of 41 tribes that recently received part of more than \$1 billion in a federal settlement over mismanagement of tribal money and trust lands. In April 2012, the Department of the Interior published this press release about the settlement, titled "Secretary Salazar and Attorney General Holder Announce \$1 Billion Settlement of Tribal Trust Accounting and Management Lawsuits Filed by More Than 40 Tribes."

The tribe's settlement fund distribution was not eligible for garnishment, so the Coeur d'Alene tribal child support program found another way to convince noncustodial parents that paying their child support debt is a good financial management decision. As soon as staff learned about the Coeur d'Alene Tribe's plans to distribute funds from the settlement, they realized that the tribe would send some of this money to noncustodial parents in their caseload. Although this settlement money was not eligible for withholding, staff recognized an opportunity. As part of their communication strategy, they



Coeur d'Alene child support staff, from left: Tamara Curtis, case specialist; Carol Pluff, financial specialist; Toni LaDeaux, case specialist; Misty Lowley, program manager; Carmel McCurdy, staff attorney; Briana Havier, intake specialist; and Mona Daniels, senior case specialist

contacted all noncustodial parents in their caseload, by phone and letter, to encourage parents to discuss debt management of their case(s) and voluntary payments to reduce or eliminate their child support debt. The strategy worked. As a result of their conversations with clients, and the parents' willingness to invest some of the settlement funds in their child support debt, the Coeur d'Alene program's 3rd quarter 2012 collections increased 76.25 percent over 2nd quarter. This meant money for families and children that otherwise would not have been collected this year. The staff members don't ask for praise

or recognition, but they deserve it just the same. The Coeur d'Alene tribal child support program in Northern Idaho became federally funded in January 2010. With the permanent appointment of Misty Lowley as the program manager this year, the program has made great strides in strengthening policies for collection that support children and families. Director Lowley and the others in the office (in the photo) form a quiet "let's get the job done" team. Several have degrees and advanced degrees in social work, sociology and criminal justice. Each has the education, experience and passion for helping people.

LIFESTYLE: cont. from page 4

have been diagnosed with diabetes please contact us and we can assist in coordinating your care with a certified diabetes educator. Please come by and speak to either June, Brenna, Carla or Mel and we would love to see how we can put together a balanced plan designed specifically for you. Our staff can be contacted by phone at 208-686-1767 or by email at jcastandeda@bmc.portland.ihs.gov, mrrhodes@bmc.portland.ihs.gov, and bvandalsen@bmc.portland.ihs.gov, cpatterson@bmc.portland.ihs.gov. Our new address is 427 N 12th St Plummer, Idaho. Thank you and hope to see you soon.

GARNISH: continued from pg. 4

parent. The remaining balance for the tribal member's percapita after child support is deducted would be \$600.00, however if you applied for a percapita loan you will not get anything from your percapita. TCSP *does not* have control over individuals who apply for percapita loans, therefore *cannot* be held responsible for a tribal member not

being able to receive a percapita due to this. We are *only* responsible for the 50% (or other percentage agreed upon) that we garnish for child support. We hope this answers your questions regarding your percapita garnishment for your child support obligation. If you have any further questions or concerns please feel free to give us a call at 208-686-5200. Thank You!

development on reservations, that could inspire support.

But that won't happen until Republicans show up and campaign on reservations the way Democrats do now. And, on top of that, be able to address the policy differences in a way that connects with voters. One place to start might be real economics. In other words: spend money. What if state party conventions were held in hotels in Indian country? Spending real dollars in Indian country would send two messages: That business matters and that Indian country matters

**HAPPY 60TH BIRTHDAY
JOJO PEONE**

December 7, 2012
Open Stickgame & Wah-Luks Table

December 8, 2012
Dinner at 2:00 PM

Jojo's WAH-LUKS TOURNAMENT

\$500 Added
\$30 Entry Fee

Cody's Stickgame Tournament

\$500 Added
\$75 Entry Fee

Pay out Percentages to be Determined by Teams

**HAPPY 13TH BIRTHDAY
Cody Lee**

Worley Longhouse
Worley, Idaho

For more info: Jeannie (208) 215-4515 Norma (208) 661-7205



Tree of Sharing answers needs

By Shaina Nomee
Casino Family Fund Committee

The Casino Family Fund Committee will be hosting its inaugural Tree of Sharing. Employees will have the opportunity to request assistance with Christmas gift donations for themselves and loved ones began Thursday, November 22nd.

Employees at the resort have already stepped up to make the

project a success. Information has been shared via the Human Relations Department for those who seek assistance, providing them with guidelines and private consultation.

Donors may select and sign Christmas Ornaments for the tree. Donors will also be shopping for gifts to go under the tree. Human Resources will also handle all donated items, allowing for recipients to pick up gifts in a private manner.

October RAD awards handed out

By Rozi Taylor

Once again we have had several nominations for our monthly Random Acts of Distinction awards at the Coeur d'Alene Casino Resort, all for outstanding customer service. Names are submitted by a fellow employee for any act that goes above and beyond their normal job duties. They do so by filling out a nomination form in the employee lounge. All employees are eligible to receive the award based on a simple random act.

Our RAD award winners for October are:

Joshue Watson, Hotel Front Desk. Josh was nominated by Kurt Gomer for helping two guests receive their dining credit. Way to go Josh!

Billy Fletcher, Digi Deal Host. Billy was nominated by Sue Middleton for assisting her with stock when she had no one to help. Fantastic job, Billy!

Angelique Burch, Red Tail. Angel was nominated by Kurt

Gomer for going out of her way to find concert tickets for guests who had travelled from Moscow hoping to get tickets for the Clay Walker concert. Way to go above and beyond Angel!

Our Honorable Mentions for the month of October: Hubert Leo, Guest Services; Joshue Watson, Hotel Front Desk; Stephan Franz, Floor Attendant; Debbie South, Hotel Front Desk; Melody Taisey, Buffet; Joanna Curley, Customer Service; Clara Gleason, Maintenance.

We also have a special nomination for the entire Banquets Crew for their professionalism during the Elders Dinner, a wonderful example of Traditional Tribal Hospitality.

A special thank you goes out to the employees who nominated their coworkers for these Random Acts of Distinction.

The winners will receive their awards on Thursday, November 15, at 5:30 p.m. in the employee lounge.

Veterans "Come Home" for dinner at Cd'A Casino

By Bob Bostwick

Without question, we offer our "welcome home" to all guests, and we mean it. But there's no welcome that's warmer than the one we offered veterans on Nov 8th. These folks are truly special, having served in the military and in harm's way. The 2012 Coeur d'Alene Casino Veterans' Dinner hosted as many as we can shoe horn into the Events Center.

The event brought about 700 to fill the room. Our chefs roasted some 300 pounds of beef, the main course in a lavish buffet that included generous side dishes, desserts and beverages.

Music and speeches were included in the program, which began at 5 p.m. and lasted most of the evening.

"This is an honored and long-standing tradition for us, both at the Coeur d'Alene Tribe and here at the resort," said Chief Executive Officer Dave

Matheson. "Our welcome mat is always out to veterans, but we feel very proud and somewhat blessed to have them with us for this event, just as they've made us proud and blessed us as a nation through their service."

The tradition of honoring, and feeding, veterans has been strong and steady for many years, including special dinners well before the resort began as a bingo hall in 1993. American Indians, on a per capita basis, serve in the military more than any other racial or ethnic group in the United States.

Thus, there is a legacy in Indian Country in service both to the tribe and to the nation.

"We can also be proud of how hard our staff works, kitchen, banquets, casino and more, to make this dinner special," Matheson said. "Great service is always expected, but these guests are uniquely honored, and our staff makes extra effort toward creating a night to remember."

And memorable it was. The following is a note sent to the resort following the dinner:

"I want to compliment the Casino on their Veteran's Dinner and celebration. My wife and I were extremely pleased with the night's events, with the excellent food and drink and most of all the sincerity that was displayed toward all the Veteran's that attended, those that have served and those that have gone by. Your guest speakers emotional story about his father was very inspiring, to the point of bringing tears to my eyes. The evening was particularly interesting and enjoyable, the cultural singing and music was also very appropriate and delightful.

I want to thank you for the wonderful evening and your remembrance of the Veteran. I also want to thank you for the colorful and interesting historical past of the American Indian. God Bless you for the Event." Lawrence Kettle.

Mix-off competition at Red Tail draws over 200

By Dustin Brouse
Food and Beverage Manager

More than 200 guests were warmly treated to an array of cocktails from winter warmers to summer delights as the 2nd annual bartenders mix-off took place last Saturday in the Red Tail Bar & Grill.

The Bonsai Bistro took first place in the Best Cocktail category with their "Acai of Relief" cocktail. The 315

Tappas took home best booth display with their nice cozy fireplace. The Bardenay was awarded people's choice for their cocktail and the fact that the smell from their caramelizing apples at their booth was a little slice of heaven.

Then the main event came, and the returning champion, our very own Josh "Rocky Balboa" Jeremias from catering. He once again raised his belt high to defend is championship. And

after it was all said and done, he won going away, earning another belt in the flair competition.

Food & Beverage wants to personally thank all departments that worked very hard to make this event a success; Red Tail Bar & Grill Staff, Catering, Graphics, Marketing, Project Maintenance, Floor Maintenance, VIP, Hosting, and Security. Without all of your help, none of this could have happened.

Sho-Bans Pass Alcohol Sales



Members of the Shoshone-Bannock Tribes have approved a measure allowing for the sale of alcohol at the new Sho-Ban Hotel and Events Center.

The non-binding vote passed with 251 in favor and 151 in opposition. Attorneys will now work with the Tribal Council to consider how to create a new liquor tax.

Officials say sales of beer and wine will not take place for several more months. Alcohol will not be sold at any other locations on the reservation.

Pik-It-Poker is now in the Pit



Award winning **Pik-It Poker™!** Now play 3 or 5 Card Poker: Player's Choice! That's the new game opened in November at the Coeur d'Alene Casino Resort.

Pik-It Poker is a house-banked poker game with a twist: the player gets to choose between playing their best three or five card hand against the dealer after seeing their cards.

Players can also wager the optional 3-Card Bonus bet and get to choose their first three cards to turn over to make a three card hand. If they get a pair or better, they win the 3-Card Bonus bet.

Pik-It Poker:

Provides the appeal of 3-card and 5-card poker along with special bonus bets

3- Card Bonus allows players to choose three cards to make a unique 3-card hand from their five face down cards

5- Card Bonus pays on hands with two pair or higher

Player can choose which game they would like to play after they see their entire 5-card hand

A "Suggested" feature can be used to show the player what play is optimal and help players quickly learn how the game is played.

Blackbird "TP'd" in Skycatcher

By Dee Dee Morris

It was a quiet Sunday morning in the Skycatcher, but who left the door open? The construction crew was long gone, customers were slowly coming in and the espresso coffee shop was setting up to open. All of a sudden we heard a flurry of wings, in came a medium sized blackbird, looking for a handout. Frightened that he might fly into the casino area and we would never catch him, I yelled, "Help, can someone get this bird back outside? Some employees walking around just looked at me, thinking to themselves, maybe, "Is she kidding?"

Jose from custodial maintenance came by, doing his morning cleaning of the long hall, but he didn't have his big machine.

I asked him, "There's a big blackbird out here, help me!"

"Do what," he exclaimed.

I said, "I don't know", when all of a sudden he threw his weapon at the bird, sitting high on his perch, knocking it to the floor. As he ran over to the bird, hoping it wasn't hurt, the bird quickly hopped up and flew out the door.

The weapon? A roll of toilet tissue Jose was walking around with. Don't ask me what he was doing walking around with a roll of toilet tissue, ask him.

Worley Citylink stop relocated

The Citylink bus stop at Rose Creek Long House in Worley is being relocated. Starting at 5:54 a.m. on Monday, Nov. 19th, the Rural bus, will start collecting passengers at the new bus stop on First Street, (west of the old Worley school).

The other Worley bus stop located next to the Town Hall, is unaffected by this adjustment. The Rural bus will still visit the Mitch Michael Street parking lot for a while, at least until the word gets out to passengers about the change."



DECEMBER

9TH, 16TH, 23RD • 7 PM

Have your chance to win a **snowmobile** (9th and 23rd), **ATV with snowplow** (16th) and other snow prizes.

Starting December 1st receive one drawing ticket for every 500 points earned on machine play. Points not deducted from card. Tickets must be picked up by 6:30 pm each Sunday.



NEW YEAR'S CELEBRATION

Dec 28th - Jan 1st
13 WINNERS PER DAY • 7 PM

DEC 31ST
noon - 3 pm
\$5,000 New Year's Eve Hot Seats
6 pm
\$73,000 Money Madness Bingo

DEC 28TH - 31ST • 9 pm - 1 am
Music by Strictly Business
in Nighthawk Lounge

\$45,000
guaranteed for the
Let It Sparkle Giveaway

PRIZES INCLUDE

- FRI 28TH - Diamond Earrings
- SAT 29TH - Snowblowers
- SUN 30TH - Side by Side ATV
- MON 31ST - Watches
- TUES 1ST - \$13,000 EPC

GAMING

\$10,000 RETURN FOR RICHES
Dec 3rd, 10th, 17th | 5 pm

BLACKJACK TOURNAMENT
Every Wed in Dec | 5 pm

DECEMBER SENIOR DAYS*
3rd | 500 points • 10th | 1,000 points
17th | 1,500 points • 24th | \$5 EPC
*Excludes 31st

HOLIDAY EARN AND GET
Every Thurs in Dec | 10 am & 6 pm
6th | Cookies • 13th | Ice scrapers
20th | Chocolates • 27th | Ornaments

\$40,000 LET IT SNOW GIVEAWAY
Dec 9th, 16th, 23rd | 7 pm

12/12/12 CELEBRATION
Dec 12th | noon - 1 pm • 12x points
12 drawings starting at 12:12 pm

NEW YEAR'S CELEBRATION
Dec 28th - Jan 1st

\$100,000 LET IT SPARKLE GIVEAWAY
Dec 28th - Jan 9th | 7 pm

EVENTS

WINTER BLESSING • FIREWORKS
Dec 1st | 5 pm

THUNDER FROM DOWN UNDER
Dec 14th | 7 pm

MUSIC BY STRICTLY BUSINESS
NIGHTHAWK LOUNGE
Dec 28th - 31st | 9 pm - 1 am

FOOD

CHRISTMAS BUFFET
Dec 25th | Brunch • 11:30 am - 4 pm | \$13.99
Dinner • 4 pm - 9 pm | \$16.99

CHRISTMAS DINNER FOR TWO
SWEETGRASS CAFÉ
Dec 25th | Starting at 11 am • \$35

NEW YEAR'S EVE BUFFET
Dec 31st | 3 pm - close • \$23.99

SPA

DECEMBER SPA SPECIALS
Dec 1st - 31st

12 DAYS OF SPA
Dec 12th - 23rd

BINGO

\$73,000 MONEY MADNESS BINGO
Dec 31st | 6 pm

Must be Rewards member to participate in club promotional events. See Rewards booth for details



Join us for an evening of
friendship and sharing

\$10 EPC Blessing
Fireworks at Dusk

Native American Performances
Fry Bread and Huckleberry Jam
Special Blessing

\$10,000 Special Invitational
Charity Giveaway

1 800 523-2464 for details

1 800 523-2464 | CDACASINO.COM | [f /CDACASINORESORT](https://www.facebook.com/CDACASINORESORT)

25 miles south of Coeur d'Alene at the junction of US-95 and Hwy-58

Annual academic/career fair hosts students for 6th year

On November 8th, the Coeur d'Alene Tribe Department of Education and GEAR UP hosted the 6th Annual Academic/Career Fair (A/C Fair). Over 200 students from the Plummer-Worley School District, Coeur d'Alene Tribal School, and Priest River High School and community members were able to meet with Tribal departments, business, and various colleges and universities to explore the academic and career opportunities available to them. The A/C Fair showcased careers in the natural resources to hospice work, and academic opportunities ranged from Lewis-Clark State College to the University of Washington. Overall, the 6th Annual Academic/Career Fair was a complete success.



Bobbie White discusses details of her position to interested students during the Career and Academic Fair at Lakeside.

A special thank you goes out to all of the Coeur d'Alene Tribal Departments, universities and colleges from around the Inland

Northwest, and local and rural business that participated; without your generosity, this event would not have been possible.

Historic \$3.4 billion Cobell settlement final, clearing way for tribal payments

Native Americans could start getting payments by the end of this year from a historic \$3.4 billion settlement of tribal claims that the federal government mismanaged trust funds for years, an attorney said Tuesday.

Dennis Gingold's prediction follows final approval over the weekend of the Cobell settlement, when the last deadline to appeal the settlement expired with no new challenges.

The approval ends years of legal wrangling and was hailed by the White House and Interior Department this week. Gingold was an attorney for the plaintiffs in the class-action suit, which included as many as a half-million Native Americans, including about 30,000 from seven Arizona tribes – the Tohono O'odham, Navajo, Salt River Pima-Maricopa, San Carlos Apache, Hopi, Gila River and Colorado River.

While the Departments of Justice and Treasury still have to certify the settlement before money can be released for the settlement, Gingold said the first payments could come sometime in December. Those payments of \$1,000 would go to tribal members who had trust accounts with the federal government.

GCG Inc., the New York-based company that will oversee the disbursement, did not return calls seeking

comment.

Interior Secretary Ken Salazar said in a prepared statement Monday that the finalization of the settlement "begins a new era of trust administration."

"With the settlement now final, we can put years of discord behind us and start a new chapter in our nation-to-nation relationship," Salazar said.

In a prepared statement Monday, President Barack Obama said he welcomed the settlement which cleared "the way for reconciliation between the trust beneficiaries and the federal government."

Gingold said the federal funds could be transferred to a court-approved JP Morgan account sometime during the week of Dec. 10. From there, it could take a day or two before the first batch of checks are written and sent to the last mailing addresses of class members.

Thousands of class members died before they could receive a settlement check, including Elouise Cobell, a member of the Blackfeet tribe of Montana who filed the lawsuit in 1996 charging that the federal government had mismanaged tribal trust lands for decades.

A settlement was proposed in 2009 and Congress approved the \$3.4 billion Cobell deal in November 2010, the largest ever against the U.S. government.

Under the settlement, \$1.5

billion will be used to pay class members directly and \$1.9 billion will be used to buy back "fractionated land," properties that have lost value because they have been divided by multiple heirs over generations. Up to \$60 million will go toward the creation of college and vocational school scholarships for American Indians and Alaska Natives.

Opponents of the settlement filed two lawsuits that went all the way to the Supreme Court, which refused to hear one of the cases in October. Plaintiffs in the second case then voluntarily withdrew their appeal earlier this month.

Gingold said that as of 2009, an estimated 12,000 people had died waiting for a settlement to be finalized. He said 17 years is enough time for everyone to wait.

"It's about time," Gingold said.

Academic/Career Fair contest winners



Garth Dole



Deanna Crowe

In addition to simply participating in the 6th Annual Academic/Career Fair, Lakeside High School students were given the opportunity to win a Nook Simple Touch with Glow, and a Boise State Basketball. To order to win these prizes, the students had to complete a Career Inventory Survey, which helps students determine what jobs best fit them, complete the A/C Fair Passport, a basic guide to help student navigate the fair, and write a short essay explaining how the A/C Fair helped them explore their career and college of choice. The two winners were Deanna Crowe and Garth Dole. Both completed each requirement, and wrote excellent essays. Congratulations!

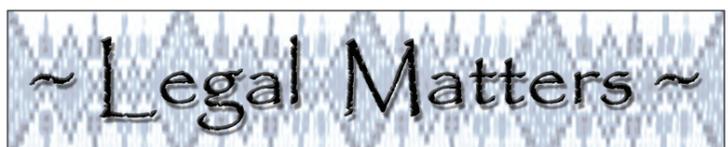
University of Idaho: women in science



Brook Chick, Katisha Milus, Angelina Dubois, Grace Butcher and Silvia Baheza attend the Women in Science program.

This past October, the University of Idaho Coeur d'Alene Campus invited five Lakeside High School sophomores to attend their one-day Women in Science program. The high school science teacher, counselor, and the Tribe's High School Coordinator identified five students who have a strong interest in science, and invited

them to participate in the program. The program took place at the Harbor Center and North Idaho College's library. While there, the students participated in lab experiments by analyzing water samples using college level tests and equipment, and learned about the great opportunities that are available for women who pursue careers in a science field.



IN THE MATTER OF: R.J.M.G. DOB: 07/06/1996 Docket No. CV-CT-2002-0590

TO: Felicity Garcia a hearing was held in the Coeur d'Alene Tribal Court on November 1, 2012 re: Custody of R.J.M.G., a minor child by Nellie Michael, grandmother.

Custody has been granted for 90 days from November 1, 2012 for the natural mother Felicity Garcia to contact the Coeur d'Alene Tribal Court if she objects to the custody of RJMG with grandmother, Nellie Michael. Please contact the Coeur d'Alene Tribal Court immediately or before January 1, 2013.

Francine Pierre Clerk of the Coeur d'Alene Tribal Court.

Thyroid disease can cause a myriad of health issues

HYPERTHYROIDISM (Overactive Thyroid) : Symptoms - Fatigue; insomnia; intolerance; irritability; increased perspiration; constantly feeling hot; frequent bowel movements; hair and weight loss; nails separate from nail bed; change in skin thickness; hand tremors; intolerance of heat; rapid heartbeat; goiter; and, sometimes, protruding eyeballs. In women, there may also be less frequent menstruation and decreased flow.

CAUSES—Hypothyroidism is caused by an underactive thyroid, and results in a slow metabolism and all it brings with it. Hyperthyroidism is the opposite: The thyroid is overactive; metabolism is too fast, and that brings its own problems. The thyroid gland is producing too much thyroxine.

Sometimes called thyrotoxicosis, hyperthyroidism is not a simple problem to deal with. Graves' disease is the most common form of it, which 2.5 million Americans have.

In fact, the word, "hypochondriac," was coined many years ago, to describe these strange people who have all kinds of things wrong with them, when they do not seem to

have anything wrong with them. Surely, it must all be in their heads! Well, it was in their throats. We now know those people had under or overactive thyroids.

TREATMENT—The eating of kelp helps every type of thyroid problem, including hyperthyroidism. Kelp is a rich source of iodine and thyroxine. The hormone produced by the thyroid is almost pure iodine.

HYPOTHYROIDISM (Underactive Thyroid; Goiter)

SYMPTOMS—Fatigue and inability to tolerate cold are the most common symptoms.

Others include: loss of appetite, a slow heart rate, muscle weakness and possible cramps, dry and scaly skin, recurrent infections, water retention (edema) and overweight, brittle nails, constipation, depression, difficulty in concentrating, a yellow-orange coloration of the skin (especially on the palms of the hands). In women, there might be painful menstruation, a milky breast discharge, and fertility problems.

CAUSES—The thyroid gland is the body's thermostat. It tells the rest of the body when to produce more heat or less. Thyroxine is

secreted by the thyroid (a butterfly-shaped gland in the front of your neck), and affects several body functions, including the general rate of metabolism. The pituitary, located in the center of the skull, sends out TSH (thyroid-stimulating hormone), to tell the thyroid to speed up or slow down. When a weak thyroid does not respond, TSH levels remain high—and you have hypothyroidism.

The hormone, thyroxine, is almost pure iodine.

In addition, the immune system can produce antibodies that invade and attack the thyroid, disrupting hormone production. This destruction of the thyroid, resulting in hypothyroidism, is called myxedema. It is actually a disease of the immune system. It is believed that an excess of chemicals, poisonous fumes, medicinal drugs, tobacco smoke, impure living, etc., disrupts the immune system and starts it on such rampages.

Get away from the chemicals by moving to the country, live a clean life, eat right, use a distiller to make your own water, work out-of-doors part of the time, have peace with

THYROID: continued on page 9

BMC update: vaccinations important for your children

Ah, qhest! With the grandest of grand openings behind us we are well on our way to settling in our new facility. There are many issues to deal with in a new building and certainly changes to our operating systems are something that will be ongoing as we move forward. These adjustments will take some time so thank you for your patience. The end result overall will be a more efficient health care system.

In regards to patient care, one of the areas needing attention is childhood vaccinations. Our vaccination rates are below national and regional norms. In order to improve childhood health, during the month of December, Benewah Medical & Wellness Center is promoting childhood vaccinations. Our goal is to protect all of our young patients against life threatening diseases such as Influenza,

Whooping Cough, Chicken Pox, Pneumococcal disease, Mumps, and Measles.

It is so important to immunize your child on time, every time. Vaccines have saved millions of lives over the years and prevented hundreds of millions of cases of diseases. Because diseases still exist in this country and can be imported from foreign countries, unimmunized people are at great risk of getting sick. Babies are most vulnerable to diseases because their immune systems are not yet fully developed. Therefore babies begin to receive vaccines at the earliest opportunity so that they will not become ill, or worse, die from vaccine-preventable diseases.

If you are the parent or guardian of an infant or toddler, Benewah Medical Center has scheduled an Immunization Day on December 14 from 8:00 am to 5:00 pm. Please

spread the word to other family and friends. You do not need to make an appointment for your child to receive a Well Child Check and Immunizations on this day! Every infant and toddler who receives immunizations in the month of December will be given a gift bag with diapers and educational materials. If you cannot come to the Immunization Day, and your child is due for immunizations, please call (208)686-1931 to schedule an appointment. Please take advantage of this opportunity.

Please note our holiday closures December 24-25 and January 1.

Hope everyone has an enjoyable holiday season. We, here, at BMWC feel especially blessed! Thank you again. Happy Holidays!

**Gary Leva, CEO
Benewah Medical &
Wellness Center**

Forestry update: tips for firewood hunters this season

General: As people are out and about getting firewood, please keep the following in mind: Don't drive on muddy roads if at all possible. The rutting causes erosion and makes it more difficult to drive on the roads when the weather is better. Also, firewood permits are required to cut wood/dead trees on Tribal land. Firewood cutting on Allotments is not permitted. Stop by forestry to get a permit. The permits are free to Coeur d'Alene Tribal members and a fee is required for non-tribal members. The Firewood is for personal use only and cannot be sold.

Timber Sales: Ground operations up at Eagle, under the Chsp'a' Logging Unit, have continued and logs have made it to mills in St. Maries and Plummer. Our Contractor, Hill Excavating, worked until November 7th when they pulled out due to impending snow. They plan to restart next May/June depending on snow depths at that time.

Upcoming timber sales include the Moses Mountain area. The writing of the Environmental Assessment has started and is to be expected to be completed this winter. If you would like to see the plans for this sale and provide comments/feedback, contact Conrad Niver at 208-686-1501.

Tribal Forestry staff participated in the Career Fair on November 8, at the Lakeside gym. Thanks go to Tribal Techs, Ray Lowley and Larry LaSarte and also to the Paul Bunyan Days coordinators Dale Hill and Loretta Graham for allowing us to use their cross-cut saws. The students appeared to enjoy the opportunity to pair up and do some real old time logging work. They sawed rounds of firewood off of log lengths placed in a sawbuck. Twig pencils made by kids in the Strengthening the Spirit program were given out at the Forestry table.

Work continues on another allotment sale in the Casino vicinity. Timber is predominantly ponderosa pine in most of these allotments, and slopes are gentle. These stands

of timber have been harvested on a regular basis over the last century, and are still productive, have lots of timber left, and are growing well. This next sale is planned for summer of 2013, if the pine market is favorable.

Forest Development: For most Forestry, Fire and Fuels staff, prescribed burning was top priority in October while conditions met the prescribed weather and fuel moisture conditions. One of the burns was critical for fall tree planting on the Tamiyel Logging Unit. The fall tree planting began on November 2 in the Bitter Road area and the Tamiyel unit will be the next and final unit planted under contract. Survival surveys continue on the first, second and fifth year plantations, with 20 acres left to check. Applications for the Environmental Quality Incentive Program (EQIP) are due by November 16, and Forest Development is submitting two applications. One will be for pruning white pine to suppress blister rust and thinning other species in plantations and natural regeneration near Eagle Peak. The other will be for pre-commercial thinning on Allotment 632 in King Valley. If EQIP funding is not approved, the projects will be scaled back to meet the limitations of Forest Development funding.

Forest Management Inventory & Planning: The Branch of Forest Resource Planning (BOFRP) plans to provide a repaired version of the inventory analysis software on November 14, and analysis of data from the Continuous Forest Inventory will proceed this winter.

Fuels Program: The Fuels Program has 1 active hazardous fuels reduction (HFR) Project under contract going on at this time. Sczenski Contracting has completed an estimated 5.76 miles of the 11.64 miles on the Moses Mountain Road Brushing Project. This contract has been extended to September 2013 and operations for this season have stopped due to weather. Empire Insulation Inc. has completed all their contracting obligations on the

Timber Agriculture Interface Fuel Break Project (TAIFBP) 8 and the Evans II Project.

For our prescribed burn efforts, we accomplished 125 acres total on two projects. On the Ridge to Ridge burn (A134 & A138), we accomplished 72 acres. On the Tamiyel burn (A353), we accomplished 53 acres. We are wrapping up our prescribed burns with pile burning. We have an estimated 400 acres of pile burning throughout the reservation, and we completed over three quarters of the pile burning by early November.

We have some additional flagging duties for future HFR projects. The Fuels Crew will be laid off at the end of November, and they will be brought back on in March/April of next year when weather conditions allow. We would like to thank the Fuels Crew for their hard work this year because they exceeded our annual goal and completed additional projects beyond their duties and responsibilities, and they should be acknowledged for their hard work. This year we had all, but one individual redcarded to participate in wildland suppression activities, and they were a major part of accomplishing our goals and success. If you have any questions, contact Chuck Simpson – Fuels Specialist - at (208) 686-5030.

Fire Management: Fire management has been busy getting equipment winterized and put away for the winter. We are also attending the end of year meetings to close out the last fire season.

This past fire season we had 20 fires here on the reservation ranging from small one tenth of an acre to 39 acre field fire and the State of Idaho had 3 fires within the boundaries of the reservation. We also have had 14 false runs/smoke checks and 4 off reservation assignments for our past fire season.

We have been helping out forest development with site prep tilling for future tree planting projects. We have also been falling trees for home sites and fisheries projects in the Worley housing area.

Schedule for Spring 2013 classes



Course Code	Credits	Title	Location	Available Capacity	Instructor	Delivery / Day / Time
ATEC-117-08	2	Occupational Relations and Job Search	Lakeside High School	0 / 0	Albin, K	INT / LEC / Jan 14 to May 16 T 2:00 PM to 2:50 PM LSHS 230
CAOT-112-90	1	Keyboarding 1	Coeur d'Alene Tribal Center	3 / 5	Albin, K	FLC / Jan 14 to May 16 CTC 2
CAOT-113-90	1	Keyboarding 2	Coeur d'Alene Tribal Center	5 / 5	Albin, K	FLC / Jan 14 to May 16 CTC 2
CAOT-115-90	1	Outlook	Coeur d'Alene Tribal Center	3 / 5	Albin, K	FLC / Jan 14 to May 16 CTC 2
CAOT-120-90	1	Word Processing/Word 1	Coeur d'Alene Tribal Center	5 / 5	Albin, K	FLC / Jan 14 to May 16 CTC 2
CAOT-121-90	1	Word Processing/Word 2	Coeur d'Alene Tribal Center	5 / 5	Albin, K	FLC / Jan 14 to May 16 CTC 2
CAOT-122-90	1	Word Processing/Word 3	Coeur d'Alene Tribal Center	5 / 5	Albin, K	FLC / Jan 14 to May 16 CTC 2
CAOT-130-90	1	Spreadsheets/Excel 1	Coeur d'Alene Tribal Center	5 / 5	Albin, K	FLC / Jan 14 to May 16 CTC 2
CAOT-131-90	1	Spreadsheets/Excel 2	Coeur d'Alene Tribal Center	5 / 5	Albin, K	FLC / Jan 14 to May 16 CTC 2
CAOT-132-90	1	Spreadsheets/Excel 3	Coeur d'Alene Tribal Center	5 / 5	Albin, K	FLC / Jan 14 to May 16 CTC 2
CAOT-140-90	1	Database/Access 1	Coeur d'Alene Tribal Center	0 / 3	Albin, K	FLC / Jan 14 to May 16 CTC 2



CAOT-141-90	1	Database/Access 2	Coeur d'Alene Tribal Center	1 / 3	Albin, K	FLC / Jan 14 to May 16 CTC 2
CAOT-142-90	1	Database/Access 3	Coeur d'Alene Tribal Center	1 / 3	Albin, K	FLC / Jan 14 to May 16 CTC 2
CAOT-150-90	1	PowerPoint	Coeur d'Alene Tribal Center	3 / 5	Albin, K	FLC / Jan 14 to May 16 CTC 2
MATH-108-90	4	Intermediate Algebra	Coeur d'Alene Tribal Center	10 / 13	TBA	LEC / Jan 14 to May 16 TTH 4:00 PM to 5:40 PM CTC IVC
MATH-130-90	4	Finite Mathematics	Coeur d'Alene Tribal Center	11 / 13	TBA	LEC / Jan 14 to May 16 MTTH 6:30 PM to 8:15 PM CTC IVC
WELD-100B-04	2	Welding Theory	Lakeside High School	0 / 0	TBA	LEC / Jan 14 to May 16 TTH 3:30 PM to 4:20 PM LSHS 230
WELD-131-04	3	Advanced Blueprint Reading	Lakeside High School	0 / 0	TBA	LEC / Jan 14 to May 16 MW 1:30 PM to 2:50 PM LSHS 230
WELD-170L-04	3	Flux Cored Arc Welding	Lakeside High School	0 / 0	TBA	LAB / Jan 14 to Feb 7 MW 3:00 PM to 4:00 PM LSHS 230
WELD-175L-04	3	Gas Metal Arc Welding	Lakeside High School	0 / 0	TBA	LAB / Feb 11 to Mar 14 MW 3:00 PM to 4:00 PM LSHS 230
WELD-185L-04	4	Gas Tungsten Arc Welding	Lakeside High School	0 / 0	TBA	LAB / Mar 18 to May 16 MW 3:00 PM to 4:00 PM LSHS 230

THYROID: cont. from page 8

God, and you will feel better every day.

Medical treatment includes the taking of thyroxine from animals, or synthroid. This is generally 3-9 grains each morning. An excess will cause increase in heart rate and shaking of the extended arm.

- Genuine sea salt is another worthwhile source of iodine.

- Deficiencies of vitamins C and E can result in overproduction of the thyroid hormone.

- Eat lots of the cabbage family of foods (broccoli, cabbage, kale, Brussels sprouts, mustard greens), for they tend to suppress the thyroid function. The same is said to hold true for peaches and pears.

- Cut down on dairy products and avoid nicotine, alcohol, caffeine, soft drinks, and processed and junk food.

- The pituitary, parathyroids, and sexual functions work closely together, and they are affected by the thyroid. Problems in one area can affect them all.

- Radioactive sodium iodine (iodine 131, also called I-131) may be recommended, but know that it can cause severe side effects.

- Do not be quick to try surgery on your thyroid. You have enough problems without doing that.

Any Disease that cause a substantial Impediment to employment is presumed eligible and needs an investigation and determination of eligibility for assistance

~ In Passing ~ gu'lo lkhwalqw



Joan Bruce
08/13/1932 – 10/14/ 2012

Joan Bruce was born in Glasgow, Montana to Pearl and James Bruce. She had several

brothers and sisters. Her school years were spent in Glasgow until she entered nursing school at Columbus Hospital in Great Falls, Mt It was there that she met the Sisters of Providence, who staffed the hospital. Before finishing her nurses training she entered the Sisters of Providence in 1950.

At profession time she was given the name Sister Donna. Sister taught music at St. Thomas home in Great falls, Montana and Mary Immaculate School in DeSmet, Idaho. She spent the summer of 1955 at the St John's Abbey, Collegeville, Minnesota studying Gregorian Chant. She had a good

voice and musical talent which she shared all her life

In the fall of 1956 she returned to the College of Great Falls to finish her nursing studies.

She served as a Registered Nurse in the Providence Hospitals in Wallace, Idaho, Spokane, Washington, Walla Walla, Washington and Missoula, Montana.

In 1967 Joan felt she could best serve the Lord as a lay person. She continued in her nursing profession in Montana, North Dakota, Washington, Idaho Oregon and New Mexico.

In the fall of 1994 Joan retired from nursing and went to live

in Tensed, Idaho in the low income St Vincent de Paul Apartments. She taught music at the Coeur d'Alene Tribal School in DeSmet, Idaho. She said she spent an enjoyable year teaching and re-acquainting herself with the Coeur d'Alene Tribe, many of whom she met as a Sister of Providence teaching music at Mary Immaculate School in DeSmet.

Joan spent a few years in St Vincent de Paul Senior housing in Plummer and Post Falls, Idaho before retiring at Heritage Place in Coeur d'Alene, Idaho. While at Heritage Place, Joan enjoyed sharing her singing talents with

the residents during Mass and social gatherings.

Joan was diagnosed with cancer this year. She decided not to have treatment. Her last days were spent at Hospice House in Coeur d'Alene. During these last months she was kindly nourished by Hospice and given Holy Communion by parishioners of the parishes in Coeur d'Alene.

Joan is survived by five brothers and sisters scattered about the country. She was cremated and sent to be buried with her family near Great Falls, Montana

She was 80 years old in August of this year. May she rest in Peace.

One Sky lentil and bean cookoff showcases community cooking skills



The One Sky One Earth Food Coalition, Benewah Medical & Wellness Center and University of Idaho Extension sponsored the 2nd Annual Lentil & Bean Cook Off November 13th. There were 27 entries in 7 categories. Fourteen Lakeside High School students from Julie Miller's Food Science class did an excellent job at tasting and judging the entries. The winners are as follows:

Dips: 1st place - Lentil Taco

Dip by Brenna VanDalsen; 2nd place - White Bean Dip by Ernie Campbell; 3rd place - Lentil Cabbage Salsa by LoVina Louie.

Desserts: 1st place - Pumpkin Lentil Cookies by Chris Parker; 2nd place - Chocolate Chip Cookies by Debbie Groom; 3rd place Lentil Cookies by Judy Gordan.

Salads: 1st place - Slushk by Jake Brown; 2nd place - Black Bean Salad by Carla Patterson; 3rd place - Lentil and Cucumber Onion Salad by Robin Lamarche.

Soups & Stews: 1st place - Calico Beans by Jyl Gardipe; 2nd place - Zuppa Toscana with Cannellini by Nancy Campbell; 3rd place - Tim's Lentil Stew by Tim Lockard.

Chili: 1st place - KCC Chili Surprise by Kim, Clyde and Cyndi; 2nd place - Chili by Andy

Kitt; 3rd place - "Gourmet" Lentil and Black Bean Chili by Bill Weems.

Creative Dishes: 1st place - Black Beans, Sausage and Rice by Robin Lamarche

Vegetarian/Vegan: 1st place - Quinoa Lentil Patties by Maribel Martinez; 2nd place - Vegetable Lentil Soup by Eva Windlin-Jansen.

The next Food Coalition event will be December 31st in collaboration with the Wellness Center New Year's Eve Celebration.

Anyone interested in joining the Food Coalition is welcome at the monthly meetings at 10AM the first Wednesday of the month at the Wellness Center. For more information contact Univesity of Idaho Extension at 208-686-1716.

Pendleton business owner receives award

Robert Quaempts, owner and co-founder of Wenaha Group, a Pendleton-based, native-owned construction management and consulting firm, is a recipient of the National Center for American Indian Enterprise Development's "Native American 40 Under 40 Award." The award will be presented at the 37th Annual Indian Progress Business Awards (INPRO), which will be held along with the Reservation Economic Summit, in Tulsa, Oklahoma November 14 and 15.

The award was created four years ago to acknowledge those emerging Native Americans, Alaska Native and First Nation citizens between the ages of 18 and 39 who have demonstrated leadership, initiative, and dedication to achieve significant contributions to Native communities throughout North America.

"I'm really honored and humbled to be chosen," said Quaempts, a 39 year-old member of the

Confederated Tribes of the Umatilla Indian Reservation.

Quaempts founded Wenaha Group with partner Dave Fishel, also of Pendleton. With a staff of seven professionals, they recently expanded their operation and now have staff based in Portland, Seattle, and Kennewick, Washington. Since successfully completing the Nixyaawii Governance Center in Pendleton, the Wenaha Group has landed several multi-million dollar projects throughout the Northwest. The firm is now managing projects totaling over \$220 million. These projects include new schools, school district improvements, medical centers, office buildings, and casino and hotel renovations.

Wenaha Group Inc, were the Owners Representative on the recently completed Benewah Medical Center located in Plummer. Their role was to provide construction oversight of the

WENAHA: continued on page 11



**BY GIVING JUST A FEW HOURS OF MY DAY, I HELP CHILDREN
PREPARE FOR A LIFETIME OF LEARNING**
BECAUSE I DON'T JUST WEAR THE SHIRT, I LIVE IT. GIVE. ADVOCATE. VOLUNTEER. LIVE UNITED®



Ruth Rusie is part of United Way's ongoing work to improve the education, income, and health of our communities. To find out how you can help create opportunities for a better life for all, visit LIVEUNITED.ORG.



~ Editorials ~

sne'kunmn

Seniors: thank you for support

A big thank you to each and everyone who supported our Plummer Senior Citizen Bake Sale in any manner. It is so needed to keep our Senior Center alive. The money will be used for paying our bills and rent. Our Seniors are so grateful and invite you to visit us. Our meal-sites are on Tuesday and Friday of each week. A \$3.00 donation and lots of social.

*Thanks again
from your Plummer Senior Citizen's.*

Aunts of William M. Mix express many thanks

With heavy hearts, we laid to rest our nephew William M. Mix, who at only 31 years old was a victim of suicide. We wish to extend a special thanks to Caj Matheson, Kim Matheson, Cecelia Curtis-Cook, Steven Moffitt and to our aunts, uncles and cousins from our Matt side of the

family for their assistance during the funeral services; to pallbearers cousin Alex Sanchez, cousin Noah Carrillo, cousin Carlos Carrillo Jr., cousin Tim Freeburg, uncle Al Drake and friend John Hartman; to cousin Sarah Carrillo Freeburg; to cousin Loretta Carrillo; and to our friends and helpers Susie Howard,

Nancy Katzdorn, Jr Gustin, Sunni Jo Mullen, Joanna Curley, Rae Lynn Leo, and the Coeur d'Alene Tribe Facilities Department.

*Sincerely,
Juanita LaChasse, Louise Carrillo, Bernadette Barrientos & Evelyn Drake*

Campbell: thank you for the help

We would like to thank my sister Leta Campbell, Chief Allan, Robert Matt, Dave Matheson, Philomena Nomee, Henrietta Brown and the Finance department for all the help they gave my family to make it possible to go to be with our daughter-in-law, Joyce, and her family in our time of sorrow and for the help they

gave Joyce and her family. We lost our 37 year-old son Issac Campbell on November 16th and all these wonderful people made it possible to go to Carson, WA to be with our family.

*Thank you,
Michael and Nicole Campbell,
Donna and Ty Ray and families*

Stanley: Native Business - Tips for Economic Expansion

Tribal economies are transitioning from natural resource base to diverse commercial enterprises. I have a tip for sustainable economic growth - know the critical mass of your economy.

Knowing the critical mass of a tribal economy is paramount because when acquiring a new venture the tribe must be able to determine the appropriate range in size of purchase. A venture too big may have the potential to jeopardize the existing portfolio of companies because the cost of mitigating a problem(s) will require cash or manpower so large that it brings material harm to the overall operation. A venture too small or without enough profit potential could stagnate growth if there is inferior return on resources (people, property, and cash). This should not be confused with starting small with the intent and timeline to grow to material size or incubating a business to nurture entrepreneurial activity of tribal members. A venture the correct size will allow a tribal nation to manage their risk and promote stable long term growth.

Here is a simplified illustration of why acquisition size is important: A tribe owns a convenience store that has a gross income of \$5 million which produces a 5% profit at the end of the year (\$250,000). This store is their only for-profit entity and they rely on it for jobs and to build cash in their bank account.

They decide to purchase a trucking company for \$5 million which has the same gross revenue as their C-store but produces a 15% profit at year end (\$750,000). The tribe likes the fact that the new portfolio of companies will double their businesses and quadruple profit. They put down 20% of the purchase price (\$1 million) which is most of their cash, retain trucking management, and finance the remaining \$4 million; creating an annual debt service payment of \$540,000. The trucking company loan is fully amortized and will be paid off at the end of 10 years.

The tribe looks to be in good financial position. Historical income for the trucking company, \$750,000, covers the \$540,000 annual debt payment leaving \$210,000 in yearend profit. Then something happens, the economy crashes. The actual earnings decrease from 15% to 6% (\$300,000). This is \$240,000 short of the annual debt service needed to pay down the note for the purchase of the company. The tribe allocates dollars from their convenience store to pay trucking company debt. The \$250,000 they usually make is now reduced by \$240,000 which leaves only \$10,000 in the bank for the year's activity. There is not much room for anything to go wrong because cash reserves are low. The tribe has lived through one year of trucking company ownership but what happens if the economy does

not come back and something breaks in either business? It would be difficult to consolidate trucking company management since the tribe's experience is primarily in convenience store operations. Tribal management is hopeful things will improve but hope is not a management strategy.

Whether you are a tribe or an individual, here are three things you can do to avoid the pitfalls of new business ownership: One, don't pay too much at the beginning. Ask around and get good advice on valuation. Two, get the seller to carry part of the loan (if it is a purchase) - a seller that is still on the hook to be repaid is likely to contribute when times get tough or else risk losing their payback. Three, run through worst case scenario and ask yourself how long you could keep the doors open if the business has its worst year(s) ever following your purchase- if the answer is "not too long" then maybe you should look for a smaller deal.

Jim Stanley is a tribal member of the Quinault Nation, board member of the Quinault Nation Enterprise Board and the Northwest Native American Chamber. He is a professional lender and freely shares his knowledge and resources with you, his cousin, for your economic benefit. Jim can be reached at: sovereigndevelopment@hotmail.com.

WENAHA: cont. from page 10

project representing the owners best interest to assure that the project met the quality and expectations of the owner from the ground up. It was a great project that was deemed as successful on many levels.

"Dave and I formed Wenaha Group to provide full service construction management services to both Tribal and non-Tribal clients. We've been thankful for our success and really grateful to our clients for putting their trust in us," said Quaempts. "Our plan is to continue to carefully expand the business both within the Northwest and also on select projects in other areas of the country."

Quaempts added that they will soon be in the market for additional staff. "We understand the importance of keeping local funds for local projects, and do our best to utilize the resources of our clients' communities."

Wenaha Group is currently certified as an Indian Owned Business and is in the process of gaining additional certifications in Oregon and Washington as Minority Business Enterprise, Emerging

Small Business and Disadvantaged Business Enterprise.

Quaempts' leadership and contributions to the Native community include providing construction management expertise to various tribal projects through his previous company, Robert Quaempts Consulting, as well as working in a variety of administrative capacities from 1998 to 2010 for the Confederated Tribes of the Umatilla Indian Reservation. Quaempts served three year terms as Commissioner on the Columbia River Inter-Tribal Fish Commission and as a Umatilla Tribe Fish and Wildlife committee member. Quaempts also represented the CTUIR as an Honoring Nations speaker at Harvard University School of Government.

Quaempts and Fishel recently showcased their growing company at the Annual Affiliated Tribe of the Northwest Indians Conference at Wildhorse Resort and Casino in Pendleton in September.

Quaempts grew up in the Pendleton area. He and his wife Fenya have five children, Ailianna, Augustus, Quentin, Aryton, and Anastasia.



COEUR D'ALENE'S next royalty



July 26th-28th

QUALIFICATIONS

- Must be a Coeur d'Alene Tribal member/descendant
- Miss Coeur d'Alene 13-19 years old
- Lil Miss Coeur d'Alene 5-12 years old

Contact Stacy Pluff with questions.
208.964.9011
s_pluff_77@yahoo.com

ATTENTION BEADERS!

Bids now being accepted for Miss CDA and Lil Miss CDA royalty crowns.

Bids based on fully beaded crowns with design including tribal and casino logo.

CROWNS MUST BE COMPLETED BY JULY 8TH

Provide bid and beadwork sample by January 25th to:

Yvette Matt/CDA Casino Resort
ymatt@cdacasino.com
1 800 523-2464 x7273



FRYBREAD BIDS

NOW BEING ACCEPTED

for 1,000 pieces of frybread for Anniversary Powwow.

Provide bid by January 25th to:

Yvette Matt/Coeur d'Alene Casino Resort
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THE LARGEST OUTDOOR POWWOW IN THE NORTHWEST!



July 26th-28th

\$500

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SUBMIT 12"x12" DESIGN

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mail: CDA Casino Resort/Marketing Dept
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Worley, ID 83876

Contact Bobbie White for information

208.686.2050 • bwhite@cdatribe-nsn.gov

