



## Tribal leaders gather in Washington D.C. to meet with Administration



President Barack Obama speaks to Tribal leaders during the Administration's 2nd Tribal Nations Summit in Washington, D.C.

A group of Native American leaders, including Coeur d'Alene Tribal Chairman and Vice Chairman Chief Allan and Ernest Stensgar met with President Obama on December 15, 2010 to discuss what they see as slow progress on several promises made by the administration. Their concerns include the dire economic straits facing many tribes and

continued U.S. encroachment on tribal sovereignty.

Tribal leaders had a number of meetings in Washington to address those issues as a part of the second White House Tribal Nations Conference. Obama, who is to speak at a gathering of more than 560 tribal chiefs and presidents Thursday, has described the event as key to his effort to strengthen the federal

government's relationship with Native Americans.

"Recognizing no statement can undo the damage that has been done, what it can do is help reaffirm the principal that guides our future," stated Obama. "It is only by heeding the lessons of our history that we can move forward."

Participants in the meeting emerged from the White

House convinced that the administration is attuned to their concerns, although some expressed frustration at the pace of change.

"These meetings are . . . both symbolic and substantive," Jefferson Keel, president of the National Congress of American Indians, said in a statement after the meeting with Obama. "Last year's summit was historic in size and ambition. We anticipate the results of the meetings with the President today and tomorrow will change the future of Indian Country for generations to come."

Obama is proud of the steps he has taken to address the issues raised by Native Americans, White House spokesman ShinInouye said.

"His record clearly shows that we've made a lot of progress," Inouye said by e-mail. "He deeply values and appreciates the nation-to-nation relationship between the federal government and Indian country, and we continue to build upon and strengthen that relationship."

Native American leaders have mixed assessments of the work. Many leaders praised the White House focus on Indian country, but others said some problems remain entrenched.

Seneca Nation President Robert Porter complained of continued interference with tribal sovereignty, such as a federal law passed this year restricting mail-order tobacco sales. That law damaged one of his tribe's principal economic engines and cost 2,000 jobs.

"We were very enthused from [Obama's] promises, because they were rooted in a notion of partnership that we hadn't heard from a president before," said Porter, whose tribe lives in Upstate New York. "But what we've seen is a much more timid approach to the handling of Indian affairs from his administration. A considerable amount of time has been spent cleaning up old messes, but they are not really moving forward on issues that could change the lives of Indian people."

Some of those "old messes" include the resolution of a class-action lawsuit in which Native Americans accused the federal government of mismanaging their land trusts. The government settled the case with a \$3.4 billion compensation fund. That action followed a \$760 million case the administration settled in

*SUMMIT: continued on page 10*

## Menu revamped to better reflect true history of Tribe

By Marc Stewart

A popular North Idaho restaurant apologized to the Coeur d'Alene Tribe after it printed a racially insensitive material in a collector's menu.

The material came to light after tribal members complained about the wording in the Wolf Lodge Steakhouse's menu that referred to the Coeur d'Alene people as "mean" and "nasty" in a section about the history of the Coeur d'Alene area.

Employees of Wolf Lodge Steakhouse blamed the publishing company for inserting the culturally insensitive material without their permission.

"My staff and I were shocked," said Nicole Martel, general manager of Wolf Lodge, in a letter to the Tribe. "I am very sorry that you were offended. We here at Wolf Lodge take great pride in our customers experience and never meant anything personal toward the tribe."

More than 5,000 of the menus were distributed to customers last summer. The printing company, BP Publishing also issued an apology to the Coeur d'Alene Tribe for taking unsubstantiated material from the internet and publishing it as historical fact. The material used was on Wikipedia and later removed from the web site.

"For this we apologize to the Tribe and all of its members," wrote Skip Piper, a BP customer service agent, to the Tribe.

BP Publishing has agreed to reprint new menus with language concerning how the French named the Coeur d'Alenes for Wolf Lodge Steakhouse at no charge.

The Coeur d'Alene Chamber of Commerce also promised to be more vigilant materials printed by its members concerning the Tribe.

"We are all responsible for protecting the cultural accuracy, legacy, and the contemporary brand value of "Coeur d'Alene," said Todd Christensen, chamber president.

## Obama signs historic Cobell suit



President Obama shakes hands with Elouise Cobell after signing the historic Trust Land Settlement on December 8, 2010.

President Barack Obama signed the \$3.4 billion Cobell settlement into law Dec. 8, signaling the end of one approval process necessary to get money into the hands of Indian class members. The ball now goes to the overseeing court, which is charged with ensuring the settlement is fair.

In a White House ceremony, the president signed off on Congress' approval of a settlement to the long-running Cobell v. Salazar Indian trust fund lawsuit. The case was first filed in 1996,

and went through numerous court proceedings until last December when the Obama administration announced a deal with Indian plaintiffs.

The plaintiffs had argued for years that the accounting of their royalties held in trust by the Department of the Interior had been inaccurate and mismanaged since the 1800s, resulting in numerous losses for Indian families.

The Obama administration ultimately agreed that a large

*COBELL: continued on page 2*

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# ~ Tribal Council Business ~

## sqwa' qwe' wli'ple' met

**23(11)** A p - proved Social Services department Older Americans Program Authorizes Coeur d'Alene Tribal participation in a Nationwide Elder Needs Assessment; 6 for 0 against.

**24(11)** A p - proved Social Services department Older American Program Title VI, part C-Caregivers application for the amount of \$21,620; 6 for 0 against.

**25(11)** A p - proved Social Services department Older American program Title VI application for the

amount of \$86,410; 6 for 0 against.

**26(11)** U N - AVAIL-ABLE

**27(11)** A p - proved Natural Resource department Land Services-Home-site Lease cancellation for Dan B. Garcia Jr. CDA Tribal tract no. 639.5; 2 for 0 against 4 abstain.

**28(11)** U N - AVAIL-ABLE

**29(11)** A p - proved Natural Resources department Land Services-Home-

site lease CDA Tribal tract no. 1040 Robert S. Allen Sr. with conditions; 5 for 0 against 1 abstain.

**30(11)** A p - proved Natural Resources department Land Services agricultural five year lease on allotment 341 to Rogada Farms, Inc; 6 for 0 against.

**31(11)** A p - proved Natural Resource department Land Services agricultural five year lease on allotment 230 to Pigeon Hollow Farms; 6 for 0 against.

**32(11)** A p - proved

Natural Resource department Land Services five year agricultural lease on allotment 298 pt to Pigeon Hollow Farms; 6 for 0 against.

**33(11)** A p - proved Natural Resource department Land Services request for five year agricultural lease on allotment 134 PT A to Heaton Farms; 5 for 1 against.

**34(11)** A p - proved Natural Resource department Environmental programs office approve LRI report; 6 for 0 against.

**35(11)** A p - proved Natural Resource department Environmental programs office approve Green Practices Assessment; 6 for 0 against.

**36(11)** A p - proved Public Works department Planning Division federal Transit Administration FY 2011 Certification and Assurances; 6 for 0 against.

**37(11)** A p - proved Early Childhood Learning Center approve Policy and Procedure Manual 2010-2012; 6 for 0 against.

**Coeur d'Alene Tribe Council Fires**



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**Coeur d'Alene Tribal Council**

- Chairman - Chief J. Allan*  
term expires May 2012
- Vice Chairman - Ernest L. Stensgar*  
term expires May 2011
- Secretary/Treas - N. Jeanie Louie*  
term expires May 2012
- Roberta Garrick Juneau*  
term expires May 2011
- Paulette Jordan*  
term expires May 2012
- Charlotte A. Nilson*  
term expires May 2013
- Alfred M. Nomee*  
term expires May 2013

Lawrence Nicodemus and the Coeur d'Alene Tribe's Language Department provided the paper with the following translation of *sgwelp tgwe'l 'ya'(pqi'n'm* which describes a fire made for the purposes of gathering or meeting.

**COBELL: continued from pg. 1**

injustice had been done. "After years of delay, this bill will provide a small measure of justice to Native Americans whose funds were held in trust by a government charged with looking out for them," the president said in remarks just before he signed the legislation. "And it represents a major step forward in my administration's efforts to fulfill our responsibilities and strengthen our government-to-government relationship with the tribal nations."

Present at the ceremony was lead plaintiff Elouise Cobell – whom the president singled out, noting her work on the case through the years.

"Elouise's argument was simple: The government, as a trustee of Indian funds, should be able to account for how it handles that money. And now, after 14 years of litigation, it's finally time to address the way that Native Americans were treated by their government. It's finally time to make things right."

Cobell, wearing a bright red outfit, seemed pleased, and smiled when the president shook her hand after signing the settlement into law.

"After 123 years of living

with what Congress once called the 'broken trust,' people throughout Indian country will see Wednesday as a monumental day," the Blackfeet Nation citizen said.

"On Wednesday the nation's political leaders placed their seal of approval on the settlement of our fight in the courts. The successful enactment of the Claims Resolution Act of 2010 confirms that both Congress and the executive branch believe that our settlement is fair and proper – a good deal for all."

Still, there are many in Indian country who do not see the terms as "a good deal for all." Much of the concern centers on money, as many class members are expected to receive less than \$2,000 under the plan, which designates a total of \$1.5 billion for hundreds of thousands of class members to divide.

The plaintiffs had at times argued for a much larger financial settlement, but the leaders of the Cobell team decided that the terms involved in the Obama administration's offer were the best that could be accomplished without continuing to fight for possibly many more years.

Interior, meanwhile, will gain

\$1.9 billion to create a program aimed at land consolidation of fractionated Indian lands. Those funds will be issued to Indians who choose to sell their fractionated interests.

Interior Deputy Secretary David J. Hayes said the department is preparing for administration of the funds.

"We will be gearing up for the program. We want to get off to a running start as we look forward to final approval of the settlement."

Tribal consultation on how to move forward will be one of the first steps, Hayes said.

As Interior prepares, the settlement will go through another approval process – a fairness hearing – under the guidance of U.S. District Court Judge Thomas Hogan. Next, assuming the terms are deemed fair, a media process will occur, notifying beneficiaries. And then it will be sorted out who will receive what.

Many months will likely be needed to get through the judicial processes. The lead plaintiffs have estimated it could take until August before any money flows.

One area of the settlement expected to make waves at the fairness hearing involves lawyers' fees – an area that caused some Senate members to repeatedly delay supporting the settlement.

As of now, the deal would allow the plaintiffs' lawyers to receive up to \$100 million. The court overseeing the case will ultimately decide the final figure.

Both the Senate and House gave approval to the settlement in November after months of delays.

Interior Secretary Ken Salazar, present at the presidential ceremony,

called the agreement "a milestone in empowerment and reconciliation for the nation's First Americans."

He said, too, that the settlement is the beginning of "true trust reform." Along those, lines, he is establishing a Secretarial Commission on Indian Trust Administration and Reform in consultation with tribes.

Interior officials said the commission will undertake an evaluation of how the department manages and administers its trust responsibilities.

"We need to be more transparent and customer-friendly," Salazar said. "The status quo is not acceptable."

Several Indian officials and lawmakers with ties to Indian country hailed the settlement after the president signed the legislation.

"The president and the Congress have continued to exhibit a renewed determination to honor the federal trust responsibility to tribal nations and Indian people," said Jefferson Keel, president of the National Congress of American Indians, upon the president's signature. "Today's ceremony is another concrete example of this administration's commitment to work with members of Congress to honor our historic, nation-to-nation relationship."

"This is historic legislation," said Sen. Byron Dorgan, D-N.D., chairman of the Senate Committee on Indian Affairs, in a statement. "It not only closes the books on a shameful period of history for the federal government, it provides some long delayed justice to hundreds of thousands of Native Americans."

**Monthly deadlines for Council Fires**

**In order for our publication to be printed in a timely fashion we need to request outside material by certain times in the month so that we meet our print dates.**

**The priority deadline is the 12th of every month meeting this deadline will ensure your item is printed.**

**Our final deadline is the 20th of every month.**

*Items received after the priority deadline will be printed on a first come first serve basis depending on space.*

# ~ Chairman's Corner ~

## hinchanpa'ghmn

On behalf of my family, and the Coeur d'Alene Tribal Council, Merry Christmas and a Happy New Year! I hope that 2011 brings another good year for our Tribe and community, filled with prosperity, hope, family and friends.

Recently, on December 8<sup>th</sup>, President Obama kept his promise once again, by signing legislation approving the Cobell v. Salazar class action settlement and authorizing \$3.4 billion in funds. What happens now that the legislation has been passed? The U.S. district court for the District of Columbia will hold a preliminary approval hearing on December 21, 2010. If the court grants preliminary approval of the agreement and certifies the class action, notice of the settlement must be given to class members. Under the terms of the settlement, the federal government will create a \$1.5 billion trust accounting and administration fund and a \$1.9 billion trust land consolidation fund. The settlement also creates a \$60 million federal Indian education scholarship fund to improve access to higher education for Indian youth, and it includes a commitment by the

federal government to appoint a commission that will oversee and monitor specific improvements in the Department's accounting for and management of individual Indian trust accounts and trust assets, going forward. This settlement is believed to be the largest ever against the federal government and dwarfs the combined value of all judgments and settlements of all Indian cases since the founding of this nation.

Another big event in our nation's capital is a Tribal Leaders meeting with President Obama on December 16<sup>th</sup>, and whereby Tribes across the county sent a delegate to participate. For the Coeur d'Alene Tribe, our Vice Chairman, Ernie Stensgar, will be attending. At the meeting we hope to have yet another productive conversation about issues that are critical to the success and prosperity of Tribes across America.

One other issue that our Tribal Council has been focusing on recently includes education for our youth. In some of our council meetings, we have had the opportunity to get reports on the progress and the challenges faced in our local school district.

Thinking about those challenges, I am reminded how sometimes these problems feel overwhelming at times, and frustrating too because it seems like there is always a lot of finger pointing and blame. But at the end of the day, don't our kids deserve more than just blame and mistrust?

As an institution, the Coeur d'Alene Tribe continues to financially support education through the distribution of gaming revenues, and by other means such as providing students with school supplies and scholarships for higher education—but there has to be more.

We have to challenge ourselves to refocus our expectations of our kids when it comes to their education. We have to realize how important education is to our future opportunities and prosperity as Coeur d'Alene Tribal Members. We have to hold not only our kids and teachers accountable, but also ourselves, as the parents and guardians of these kids. We have to be clear and concise: Education is the ticket to a better life, for every individual and collectively for our community.

It makes me sad to hear it when Indian people disparage other

Indian people who are working on their studies, or working on their degrees. The people who are working on getting themselves an education do this with a lot of sacrifice and hard work, and eventually a good payoff too. It saddens me to see the folks who don't value education taunt, or think that somehow they are more Indian because they aren't trying to better themselves in this way—when actually all they are doing is limiting their opportunities for a better life.

The bottom line is that throughout our history, there have been a lot of things taken from us as Tribal people—our lands, our waters, our culture. But there is one thing that is so powerful, and that once you get it, no one can ever take it away, and that is your education.

So I challenge the Tribal Membership to make education a priority by supporting our kids when they head out to school. There are lots of ways each of us can play a part. Get up earlier than usual, make sure your kids have a good breakfast, or "brain food" when they hit class. Turn off the television at night, and instead sit down and help them with their homework. Read a

book together, or encourage reading time. Schedule an appointment with their teachers, and simply go in and have a conversation with the educators about how your child is doing in class. Ask your student and their teachers about the areas they need more focus and assistance with to better their grades. Volunteer in the classroom. Celebrate the successes, even the small ones. Simply, make it crystal clear to your child that education is their ticket to a better life, for themselves and for the next hundred generations.

Before you know it, we'll be looking to our kids, grown into adults, as the next generation of leadership for the Coeur d'Alene Tribe. Let's make sure they have the best tools available when we call on them for solutions. Until that day, take time with our students to help them succeed, and take good care.

Respectfully,

*Chief Allan*

# JANUARY - 2011

SUNDAY <i>st(eti'wes</i>	MONDAY <i>chdi'k'w</i>	TUESDAY <i>asasq'it</i>	WEDNESDAY <i>cha'tasq'it</i>	THURSDAY <i>mosq'it</i>	FRIDAY <i>tse'chsq'it</i>	SATURDAY <i>chti'i'</i>
						1  New Year's Day
2	3	4	5  Tribal Credit applications due	6	7	8
9	10	11  Tribal Credit Board Meeting	12 ECLC: jewelry making night  <b>Council Fires Priority Deadline</b>	13	14  ECLC: Graduation Committee meeting	15
16	17 <b>CDA HQ CLOSED</b>  Martin Luther King jr. Day	18	19  Tribal Credit applications due	20 ECLC: marriage relationship class  <b>Council Fires Final Deadline</b>	21	22
23	24	25  Tribal Credit Board Meeting	26  ECLC: Dad's movie night	27	28	29
30	31					

# ~ Community Announcements ~

s n w i' m

## LIHEAP announces funding award for FY 2011

The Social Services Department has been awarded Low Income Home Energy Assistance Program (LIHEAP) Funds for the FY 2011 year.

In order to qualify for the LIHEAP Program I need Income, Tribal Identification of all Household Members.

If you are requesting help with you Electrical Bill – I will need your latest Electric Bill,

If you are requesting Oil, Propane or Pellets, Presto Logs – I will need to know the vendor where you would like to get your service from.

If you are requesting Wood it will

be your responsibility to pick up the W-9 and Contract here at the Office and have your vendors complete and return back to me.

Please keep in mind that I cannot award any payments to any vendors UNTIL ALL PAPERWORK is completed and turned into me at the Social Services Department.

Also, The LIHEAP Program is not responsible for past due bills, reconnects or disconnect for Electrical.

The Program calculates Gross income and this is how we verify if you are eligible for the LIHEAP Program, which is a Federal

Program.

**CITY OF PLUMMER RESIDENTS ONLY!!** On your electrical bills I separate Water, Sewer bond etc... this portion of the bill is your responsibility.

This year we have purchased for the Home Owners Plastic and tape for Windows, Batteries for smoke alarms, Furnace Filters for Furnaces, Light bulbs and I have on order Weather Stripping for Doors. This give outs is based on Income Eligible Participants.

If you should have any questions, Please call us at the Social Services Office at 686-6306 or 686-6602.

## CDTHA seeks Executive Director

Full-time salaried position with benefits to administer and manage the operations of the Coeur d'Alene Tribal Housing Authority. A Bachelor's Degree in either public administration, business, or related field or equivalent and a minimum of 5 years related work experience in a high management level position involving supervision of departments and experience in property management, program planning and implementation, homebuyer education implementation, procurement, mortgage financing and affordable housing programs. Direct experience in working with boards, tribal governments, federal housing programs and regulations, and policy development. Applicant must also possess excellent verbal and written communications, proficiency in software applications, knowledge of the federal trust relationship with the Coeur d'Alene Tribe; a valid driver's license; and commitment to the improvement of housing conditions for members of the Coeur d'Alene Tribe. Salary - DOQ. Please send resume and three letters of reference from business associates by December 29, 2010 to:

Cielo I. Gibson - Coeur d'Alene Tribal Housing Authority - 1005 8<sup>th</sup> Street - Plummer, ID 83851.

If you have any questions, please feel free to contact KaeMae Lowley, Chairperson for the CDTHA Board of Commissioners (665-6912) or Cielo Gibson, CDTHA Executive Director (686-1927)

PREFERENCE WILL BE GIVEN FIRST TO QUALIFIED COEUR D'ALENE MEMBERS.

## Home for sale in Worley's Osprey development - \$37,300



Lot #30, Osprey Spirit II. 678 W. Red-Tailed Hawk Lane, Worley, ID 83876. 4 Bedroom, 2 Bath with a Deck in the back and wheelchair access in the front. Includes all appliances: Stove, Fridge, Dishwasher. Air forced heat throughout. Sits on a 27,873 S.F. lot with a 50 year lease. Pick up an application at Coeur d'Alene Tribe Development Corporation or call Christine Garcia for further information @ 686-5513. To Tribal Members Only.

## University of Idaho seeking Assistant Director of Admissions

University of Idaho- Assistant Director of Admissions (Multicultural Recruiter) Office of Admissions

The University of Idaho is seeking a highly motivated individual in the Office of Admissions. The successful Assistant Director of Admissions (Multicultural Recruiter) will report to the Senior Associate Director of Admissions (Recruitment), this position will be based out of the University of Idaho's Moscow campus and will work with various campus departments (including Office of Multicultural Affairs, Native American Student Center, College Assistance Migrant Program, Academic and Student Affairs and Enrollment Management) to assist in the planning, coordination and implementation of a regional multicultural recruitment plan, with targeted strategies and marketing programs for Native American, Latino, and other underrepresented student populations. The associate director serves as a liaison for the University of Idaho Office of Admissions to multicultural students and their families to maintain and support student recruitment goals. He/she will assist, in English and Spanish, prospective students and their parents in their transition from high schools, 2-year institutions or other 4-year institutions to the UI. The associate director is also responsible for assisting with other selected on and off-campus multicultural recruitment programs.

**MINIMUM QUALIFICATIONS:** Ability to: operate independently, exercising independent judgment and discretion and with little or no guidance, and to be able to make decisions on behalf of the Office of Admissions and the university that are appropriate, timely, and defensible; display



strong organizational skills; communicate effectively, both in writing and orally, with individuals and large groups; quickly gain familiarity with university policies, procedures, and programs; work cooperatively as part of a team with a variety of people, including students, faculty, and administrators; promote activities using skills such as writing, advertising, and design; serve as liaison with other departments/institutions; explain and implement policies and procedures.

Good knowledge of: a student centered/customer service oriented philosophy is essential; good management principles and practices and their application; techniques and procedures used in program development; developing, reporting and evaluating programs; knowledge and understanding of the structure and chain of responsibilities within a university; record keeping systems; public relations and marketing principles; use of automation in the workplace.

Experience: compiling and analyzing information; identifying and defining problems/alternatives and developing recommendations; presenting information clearly and concisely; planning, organizing,

and implementing workshops, programs, and conferences; extensive experience speaking publicly to small and large groups

Education: Bachelor's degree. Other: Valid driver's license. Ability to lift and move 40 pounds. Willingness to travel for several weeks in the fall and in the spring and to work selected evenings and weekends.

Specific to the Position:

Fluent: in English and Spanish

**ADDITIONAL DESIRABLE**

**QUALIFICATIONS:** Masters Degree in student counseling, education, business or Public Relations, or other related field; Knowledge of University of Idaho; Experience in recruiting, public relations, sales, marketing, or related field; Ability to learn admissions and financial aid requirements and deadlines for high school and transfer students; general knowledge about all UI colleges, majors, services, their requirements, restrictions and costs; Experience leading and/or developing multicultural recruitment programs; Good knowledge of: Rules of effective business English and Spanish usage: spelling, punctuation, and grammar; Familiarity through experience of underrepresented multicultural populations (first generation/low income/non-traditional, etc.).

To enrich education through diversity, the University of Idaho is an Equal Opportunity/Affirmative Action Employer.

For more information and to apply visit <http://www.uidaho.edu/humanresources.aspx>, by Jan 3, 2011. AA/EOE

Marilyn Pope, Administrative Assistant Senior - Enrollment Management - PO Box 444259 - Moscow, ID 83844-4259. Phone: (208) 885-5690 or Fax: (208) 885-5699.

## Special diabetes program for Natives showing successful results

A five-year Indian Health Service demonstration project indicates that risk factors for diabetes and cardiovascular disease can be reduced among American Indians/Alaska Natives, who have the nation's highest rates of diabetes.

The IHS implemented the Special Diabetes Program for Indians Diabetes Prevention and Healthy Heart Demonstration Projects in response to the diabetes epidemic in AI/AN communities.

The SDPI was established by Congress in 1997 to fund diabetes prevention and treatment services in IHS, tribal, and urban Indian health programs.

In 2004, Congress established the SDPI Demonstration Projects as an additional initiative to apply research findings in real-world settings to prevent diabetes and cardiovascular disease. The SDPI Demonstration Projects consists of two initiatives: The SDPI Diabetes Prevention Program and the SDPI Healthy Heart Project. Overall, 66 grants were funded that served 110 tribal communities. "The SDPI Demonstration Project

grantees have shown that it is possible to translate the results of prevention research into diverse Indian health settings," said HHS Secretary Kathleen Sebelius. "We know from their work that it is possible to reduce risk factors for diabetes and cardiovascular disease in American Indians/Alaska Natives communities."

The SDPI Diabetes Prevention Program Demonstration Project was funded in 36 IHS, tribal, and urban Indian health programs to implement the 16-session lifestyle curriculum used in the original National Institutes of Health funded Diabetes Prevention Program research study.

Using a method adapted for Native patients, people at risk for diabetes were encouraged to lose weight through increased physical activity, healthy eating habits, and individual and group coaching. On average, those who completed the follow-up assessment had a significantly reduced eight-year risk of developing diabetes. The diabetes incidence rate of

*IHS: continued on page 5*

**Coeur d'Alene Tribe's  
STOP Violence Program  
Presents: Women's Support/Educational Group**

**Wednesdays @ 6:00pm  
Starting January 12, 2011  
All Meetings will be held at:  
281 G Street/Downstairs/Look for sign on the door!  
Plummer, Idaho 83851**

<b>DATES</b>	<b>Topics:</b>
Jan. 12	* Making a Resolution to begin to heal from the inside out!
Jan. 19	* Ways to get past emotional barriers
Jan. 26	* Going from victim to survivor.
Feb. 2	
Feb. 9	
Feb. 16	<b>* Snacks Provided</b>

This event was funded by Grant No. 2009-TW-AX-0054 awarded by the Office on Violence Against Women, U.S. Department of Justice. The opinions, findings, conclusions and recommendations expressed in this document are those of the author (s) and do not necessarily represent the views of the U.S. Department of Justice, Office on Violence Against Women.

# Coeur d'Alene Tribe's Forestry programs remind of firewood permits, projects

General: Market conditions for delivered logs remained consistently low with little positive expectations for the near future.

For informational purposes, the road access into Moses Mountain from the west off of Fox road has been gated closed effective December 1<sup>st</sup>. It is planned to reopen it on June 1<sup>st</sup>. This was done by Stimson Corporation to reduce road damage during the wet season. The access roads from the north- Alder Creek and from the south – Indian Creek will remain open.

A reminder to firewood cutters. Tribal woodcutting permits only allow firewood cutting on Tribal lands. Allotments are off limits to cutting and any wood cut is subject to confiscation and trespass charges. Always be sure of the land ownership you are cutting from. If you need clarification or have a question on land ownership, contact the forestry department or land services. As always, please refrain from driving on dirt roads, during wet weather, while

firewooding or hunting to reduce road damages. Firewood permits expire on December 31 so get your wood while you can.

Timber Sales: Timber sale technicians are busy collecting and scanning forestry photographs taken over many years. Our collection goes back at least to the early 1960s and show many Tribal members out working on forestry projects. Many of these people are elders now. There are also photos taken recently of project work including prescribed burns and timber sale areas. These photos will be available on the internal Tribal website as part of the GIS photo archive. They will be able to be called up by date, location, people in photo, and project information. We also plan to scan our slide collection and add it to the photo archive. This work gives technicians some indoor work to do on days when weather prevents field work from getting accomplished. Staff are also using these wintery days to acquire new skills in using forestry computer

models and current issues such as climate change and potential impacts to forestry. We have three timber sales nearly ready for sale when market conditions are favorable. Soon, information on these sales will be available on the Tribal website. Sample contracts, vicinity maps, sale information, and bid forms are planned to be on the forestry site for downloading.

The ground work for the TenThree 2010 Contract is ongoing in the Eagle Peak area despite the snow. The sale is about 75% completed, although, due to the deep snow, some areas will need to be finished next summer. To date, many loads of logs (sawlogs, tonwood, and pulp) have successfully made it to local mills. Local mills include Stimson Lumber Mills (in St. Maries and Plummer) and Swan Lake Fiber in St. Maries.

The ground work for the Eagle Peak Environmental Assessment (EA) has been suspended due to the winter conditions. Ground work will resume after the snow melts this spring/summer.

Forest Development: The early snowpack has halted work on the Windfall Pass and Cherry Creek TSI projects until conditions improve – probably next spring. Requests for extensions are being considered on 4 of the 7 separate contracts. The remaining Cherry Creek TSI units will be advertised after snow melts. Plans for 2011 planting and projected seedling needs for 2012 planting are proceeding, based on recent survival surveys and several fields that have been enrolled in the Conservation Reserve Program. Another project for early winter is compiling information on past planting and stand improvement projects into coverage layers on the Tribal Geographic Information System.

Fuels Program: The Contractor on the 2010 Timber Agriculture Interface Fuel Break Project (TAIFBP) 3 in the DeSmet area has accomplished the entire 258 acres of hazardous fuels reduction (HFR). The Contractor on the TAIFBP 4 in the Little Butte area has accomplished the entire 247

acres of HFR. Both contracts still need road maintenance to complete to fulfill their contract obligations. The Cherry Creek Shaded Fuel Break Project has an estimated 79 HFR acres completed, and 4.25 miles of road brushing that have been accomplished. The contract was not completed before weather conditions suspended operations.

The fuels crew completed T1082 and A338 by thinning, hand piling, mechanically masticating slash and downed and dead fuels and biomass. They have moved west to A316 and have accomplished 15 of the estimated total 93 HFR acres. All active operations have been suspended until weather conditions become favorable. There are an estimated 1,998 acres between Benewah Road and Lovell Valley Trust Lands that are being set up for next season's HFR work. This requires approvals, flagging, monitoring, Cultural Surveys, and GPS work. If you have any questions, contact Chuck Simpson – Fuels Specialist - at (208) 686-5030.

## Lewis Clark sets new admission deadline for Fall 2011

LCS's new admission deadline for degree-seeking applicants has been set as August 8th. Students who wish to pursue a degree from Lewis-Clark State College must have their application submitted to the admission office by 5:00 p.m. on August 8th each year, effective Fall 2011. Should this date fall on a Saturday or Sunday, the deadline will be extended to the next business

day. No new, degree-seeking applications will be accepted for fall term after this deadline; however, this deadline does not apply to non-degree-seeking applicants.

Any exceptions to this deadline will be made at the discretion of the instructional division chairs. For more information regarding the new admission deadline for fall enrollment, please contact the Office of Admission, 792-2210.

### IHS: continued from page 4

participants (4.3 percent per year), when compared to the NIH Diabetes Prevention Program study, was similar to the NIH study's lifestyle intervention group and lower than the placebo group (11 percent per year) in that study. Enrollees also achieved significant weight loss, increased physical activity, improved consumption of healthy foods, lower blood pressures, lower glucose levels, and improved health-related quality of life at the follow-up and annual assessments compared to baseline.

The SDPI Healthy Heart Demonstration Project was funded in 30 IHS, tribal and urban Indian health programs to implement an intensive, clinic-based case management intervention to reduce cardiovascular disease risk factors in individuals with diabetes. Enrollees who completed the follow-up assessment had a significantly reduced 10-year risk of developing coronary heart disease. Enrollees also had significant improvements in meeting goals for control of blood pressure and blood glucose and achieved improved lipid profiles. For example, the percent of enrollees with blood pressures < 130/80 mmHg increased from 42 percent at baseline to 49 percent at the first annual assessment. Enrollees also achieved increased physical activity, increased use of aspirin, and more became non-smokers from baseline to annual assessments. "The SDPI Diabetes Prevention and Healthy Heart Project grantees achieved these outstanding results

through a collaborative approach to developing innovative and creative prevention strategies," said Dr. Yvette Roubideaux, IHS director. "IHS is now planning to disseminate their positive results, best practices, and lessons learned throughout Indian country."

In September, the IHS competitively awarded 69 cooperative agreements to previous and new sites to continue to implement the SDPI Diabetes Prevention and Healthy Heart Initiatives and to help disseminate best practices from the experience of the demonstration projects over the past five years. The selected sites are meeting in Albuquerque, N.M. in November to begin this new phase of these initiatives. The sites will continue to evaluate their progress and will receive technical assistance as they implement program activities.

"The new cohort of sites will share successful strategies from the demonstration projects at their first meeting and will develop dissemination strategies to share this information with all other SDPI grant programs in the coming years," said Dr. Kelly Acton, director of the IHS Division of Diabetes Treatment and Prevention. "We look forward to working with them to continue these successful programs and to share their best practices and lessons learned with other programs."

For more information on the SDPI and the Diabetes Prevention and Healthy Heart Initiatives, visit [www.ihs.gov/MedicalPrograms/Diabetes/index.cfm?module=programsSDPI](http://www.ihs.gov/MedicalPrograms/Diabetes/index.cfm?module=programsSDPI).

## Taking back your health: a guide towards Native wellness

By Anthony Cichoke  
Submitted by Qunanh Matheson

*Anthony J. Cichoke, DC, PhD, DACBN is an internationally-known writer, chiropractic physician, researcher, and lecturer who holds a Ph.D. in nutrition with an emphasis on enzymes. He is the author of over 15 books on enzymes, nutrition, and health and has published more than 300 articles in scientific and lay journals in the United States and throughout the world. The author is a Diplomat of the American Chiropractic Board of Nutrition and a member of the American Chiropractic Association. He is my good friend and is on a spiritual quest to help those in need. It is through his willingness to help that this introductory article is presented here. There will be follow up articles to accompany this one and will dive into subjects that affect our community as a whole.*

Sick of being sick? Tired of being tired? Depressed? Rundown? Do you have uncontrollable anger? Maybe you're overweight? Pain in your chest? Do you have diabetes? Heart disease? Cancer? If you suffer from any of these problems, you're not alone. Probably many other members of the Coeur d'Alene tribe are suffering as you are!

In fact, statistics on the health status of American Indians are frightening. The incidence of illness and disease in Indian country is staggering.

According to the U.S. Department of Health and Human Services, Office of Minority Health, American Indians are twice as likely to die from diabetes and seven times more likely to die from tuberculosis as the general American public. They are 60 percent more likely to have a stroke. The infant death rate for American Indians is 40 percent higher than that of whites. The American Indian

is 30 percent more likely to have high blood pressure and 20 percent more likely to have heart disease. Are you scared yet? What's worse, a child born today in the general American population will live 2.4 years longer than an American Indian or Alaska Native infant.

American Indians have disproportionately high death rates from suicide and unintentional injuries, and a high prevalence of risk factors for substance abuse, obesity, teenage pregnancy, cancer, sudden infant death syndrome, hepatitis and liver disease.

The facts are depressing and they don't lie! But, it's not too late. You can turn it around. If you change your lifestyle, you can have a longer, healthier, happier life. Just ask yourself, "Do I want to live or do I want to die?" If you want to take charge of your life and live a healthy lifestyle, then my future articles can help give

HEALTH: continued on page 16

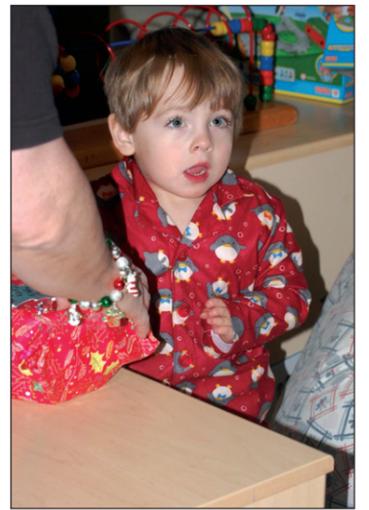
## Department of Education Winter 2011 schedule

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MATH 1 BASIC MATHEMATICS 12-1:30 P.M.		MATH 1 BASIC MATHEMATICS 12-1:30 P.M.		MATH 2 ELEMENTARY ALGEBRA 9:00 A.M. - 12:00 P.M.
PRE-COLLEGE READING AND WRITING IS ON THE INTERNET, CALL BARBARA JACKSON 686-5115				
MATH 130 2-4 P.M.	MATH 108 4-5:50 P.M.	MATH 130 2-4 P.M.	MATH 108 4-5:50 P.M.	
CDA-101-01 CDA LANGUAGE 4 - 6:30 P.M.	CDA 102-01 CDA LANGUAGE 4 - 6:30 P.M.	CDA-101-01 CDA LANGUAGE 4 - 6:30 P.M.	CDA 102-01 CDA LANGUAGE 4 - 6:30 P.M.	CHD 150-99 IVC 6-9:00 P.M.
THE FOLLOWING INTERNET CLASSES ARE BEING TAUGHT AT OUR FLEXIBLE LEARNING CENTER IN PLUMMER AT THE DEPARTMENT OF EDUCATION CALL KATHY ALBIN 686-0604				
KEYBOARDING 1 & 2 CAOT 112 & 113 INTERNET/DOE	MS WORD 1 CAOT 120, 121 & 122-90 INTERNET/DOE	MS EXCEL 1 CAOT 130, 131 & 132-90 INTERNET/DOE		

# HOLIDAYS AND WINTER fun t

## The Coeur d'Alene Tribe's littlest angels take part in the holiday season

The Giving Tree is a program in which community members choose a gift off the Early Childhood Learning Center's tree indicating a special gift one of the Center's children would like - on that special morning, Santa visits the classrooms delivering the packages to the good boys and girls. The ECLC kids also get treated to hand made warm fuzzies by the Coeur d'Alene Tribal elders. *Photos by Lorraine Gentry*



## Silver Mountain Resort taken over by members of Cd'A reservation community



Each year the Tribal youth program gifts the community with a discount day at a local area attraction - this year we were treated to two, a winter and summer outing. This winter everyone was invited up to Kellogg, Idaho on December 21 & 22 to take part in winter snow tubing or the water park attraction at the Silver Mountain Resort. Over 300 community members signed up to attend over the two day excursion.

*Photos by Lorraine Gentry*



# TAKE OVER Cd'A RESERVATION

## Hark! The local kids sing and play their hearts out for the holidays

The area schools and after school programs always put a lot of effort into producing holiday concerts or plays for the family and friends of the students.

This year, the after school program "Kids Club" performed at the Wellness Center in a bitter-sweet farewell show for their program leader LaDonna Stensgar who is stepping down from her position to make more time for her family.

The Lakeside School district students also performed in a concert for the community. All grades took part in the All-School Holiday Program.

Photos by Jennifer L. Fletcher & Lorraina Gentry



LaDonna Stensgar emotionally receives single flower stems from all her students in Kids Club after their Christmas Program.



Other community service programs and generous people offer numerous other holiday wishes, services and events. Each year the Christmas Coalition gathers donations for families in need during the holiday season. The Shop with a Cop day allows underprivileged children a day with local law enforcement to buy presents for the families. Also below is a picture of the holiday greeting adorning the Plummer Post office window - the message is written in the Coeur d'Alene language. Photos by Lynn Lowley



# ~ People in the News ~

gul snik'w'lmkhwet

## Margie Johnson retires from Credit Board after 20 years



Margie Johnson has retired as the Chairperson from the Credit board after numerous years of serving. Auntie Margie had served on the Credit board when Jerry Kraig was the manager of Credit and that was years ago! It's been many, many years that Auntie Margie had served on the credit board. Tribal Council had presented Auntie Margie with a Pendleton recognizing her years of service on the credit board. Look how happy Auntie Margie looks.

No one had a camera on them that day but Robert Matt was able to take some pictures from his I phone and record some of the memories which I am so grateful for. I wanted to share the happy pictures/news with you.

## Lakeside students named to All-League team



*Tuesday, November 30<sup>th</sup> at the Iron Horse, teams within the North Star League were presented with awards for All League players for both volleyball and football. Pictured in this photo of the boys from left to right are Jeremy Stivers, Lamont Higgins and Tyler McCully.*

## Cd'A member Ignace joins IHS team

It is my pleasure to announce the appointment of Lyle A. Ignace M.D., M.P.H., as the Director of the Improving Patient Care Program in the Office of Clinical and Preventive Services, IHS, in Rockville MD.

A member of the Coeur d'Alene Tribe of Northern Idaho, Dr. Ignace is a Board Certified Internist and former Clinical Service Chief of Internal Medicine with 10 years of experience providing comprehensive ambulatory and inpatient acute care for the Navajo Service Unit at Gallup Indian Medical Center. Dr. Ignace has been serving as the acting National Improvement Advisor for Improving Patient Care for the Indian Health Service for IHS and will transition into this new position effective December 20<sup>th</sup>, 2010.

Prior to coming to IHS Headquarters, Dr. Ignace received his Master of Public Health in Health Care Management and Policy from the Harvard School of Public Health and completed the Commonwealth Fund/Harvard University Fellowship in Minority Health Policy. Dr. Ignace first entered the IHS as a Public Health Service Commissioned Corps Officer achieving rank of Lieutenant Commander in 1999 before becoming an inactive reserve. A long standing member of the Association of American Indian Physicians (AAIP), Dr. Ignace served on the AAIP Executive Board from 2000-2003 and again from 2007-2008. Other healthcare organization memberships include the American College of Physicians (ACP) and the American Public



Health Association (APHA) to which he is a constituent of the American Indian/Alaska Native/Native Hawaiian Caucus. He completed his Internal Medicine Residency Program at the Medical College of Wisconsin in Milwaukee, WI in 1999 and received his Medical Degree from the University of Minnesota School of Medicine in 1996. Dr. Ignace received his Bachelor of Science from Marquette University in Milwaukee, WI.

Dr. Ignace has dedicated his medical career to fulfilling the mission and vision of the IHS in making the Indian health system the premium choice for American Indian and Alaska Native people. His commitment is to ensure the Indian health system is a highly effective healthcare organization by integrating quality coordinated systems of care that assure all health needs are provided to our patients, families, and communities.

Please join me in welcoming Dr. Ignace to IHS Headquarters to his new position as the Director of the Improving Patient Care Program.

## Council woman Jordan joins fellow women leaders during annual NCAI conference



Paulette Jordan, pictured here with Blackfeet attorney and columnist Gyasi Ross during the NCAI conference.

Native leadership gathered for the fourth Womens Caucus focused on women and children's issues during the National Congress of American Indians conference held in Albuquerque Nov. 14 - 19.

Nearly 160 women turned out for two events, the first all-day Women's Forum, and an evening Women's Caucus Reception where they decided to make issues affecting women and children a higher national priority.

"I'm so excited about the NCAI Women's Caucus. Finally our women - the life givers, culture

bearers and caregivers of our nations - have a national voice," said Susan Masten, co-president of Women Empowering Women for Indian Nations, who co-chaired the caucus with NCAI Secretary Juana Majel Dixon.

"The Women's Caucus developed and sent forward four resolutions that are critical to the safety of our women and children, and we expect to advance a national agenda to help our communities."

Among the resolutions was one calling for the ratification of the Convention on the Elimination

of All forms of Discrimination Against Women, sometimes called "the international bill of rights for women."

Fostering legislation to prevent violence against women has been a high priority for NCAI's Task Force on Violence Against Women for the past five years. The pervasive violence has become one of the most pressing human rights issues facing the nation. Statistics show that one in three Native women will be raped in their lifetimes, and that 87 percent of those rapes are committed by non-Indian men.

The caucus heard a history of the Violence Against Women Act, and a briefing by attorney Jacqueline Agtuca about major provisions in the Tribal Law and Order Act that will give tribes greater authority to prosecute and punish offenders, and to enhance sentencing authority of tribal courts.

Widespread violence against women and intergenerational impacts on families are central to the work of the Women's Caucus, which was also attended by several male leaders who spoke in support of women's leadership.

One woman said she was very moved by the words of former Ft. Berthold Chairman Marcus Levings, who said, "If the daughter

of a tribal chairman is not safe on the reservation, who is?"

Levings spoke out nationally last year after his daughter was assaulted for the second time, calling for increased authority for tribal courts and funding to hire additional police officers for isolated, rural communities who often have only five or six officers to cover millions of acres of land.

More than a dozen elected tribal officials were part of the discussion as women shared stories and ideas for ways to help communities, noting it is now time for women to assert stronger leadership roles.

"The growing emergence of women in leadership roles is coming into full circle," said Paulette Jordan, a Coeur d'Alene Tribal Councilwoman. "Women of the past held many roles of leadership within their communities, but for some time now, their ability to serve on the frontlines has been subdued from Western impact and other cultural influences."

Jordan comes from a long line of leaders, many of them women. While they were not always considered chiefs, they carried respectful status as leaders and caregivers.

"Many of these women stood for the protection of their people, their lands, their sovereign rights.

I think back to my great-great-grandmother Louise Siuxwheem, a prophet and leader of the Coeur d'Alene, and to my grandmother Lucy Covington, chairwoman of the Colville Confederated Tribes who was a devout advocate against tribal termination. Many of these women have inspired me, as do those who continue to fight for equal rights and protection of our elders, women and children today."

Masten urged women to join forces to advocate for positive change, and invited them to join the national Native women's leadership organization, Women Empowering Women for Indian Nations.

WEWIN was founded by former Native women leaders in 2004 to help empower women working in community and government. Their annual conference is scheduled for Aug. 1 - 5, 2011 on the Oneida Nation in Green Bay, Wis.

"I'm excited to see our women stand beside our men, knowing they stand not for themselves, but for all those voices who may lack to be heard," Jordan said.

"Indian women leaders speak from their hearts and lead with their minds. I hope to provide the same influence to other young leaders - my voice is merely an echo of all those who came before me."

# ~ Casino Corner ~

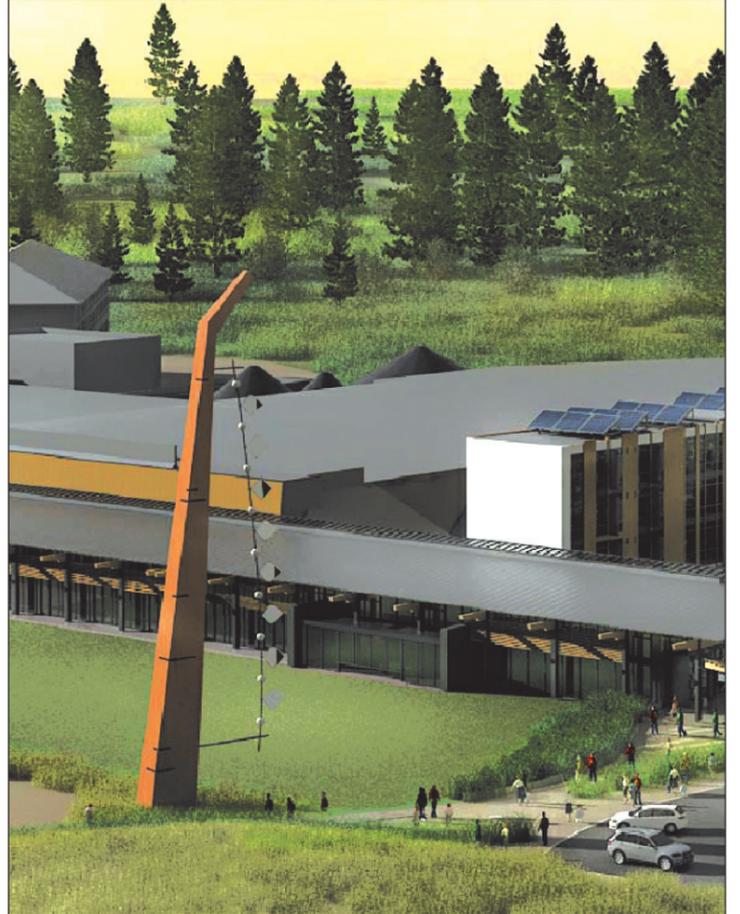
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## Employees kick off holidays early with company party



About 800 employees and their guests took part in the annual Christmas party Wednesday night, held at the Coeur d'Alene Resort. Photo by Ed Skinner

## Eagle Staff will be rising soon



An artist rendering of the Eagle Staff sculpture that will adorn the lawns in front of the new section of the Coeur d'Alene Casino/Resort.

## Circling Raven receives national accolades, again

Circling Raven Golf Club has once again been ranked among the very best courses in America by Golfweek magazine, coming in at No. 13 on this year's "50 Best Casino Courses" list.

Golfweek has conducted its casino course rankings for the last five years by sending out a team of more than 600 course raters to survey more than 2,200 courses. The criterion includes overall strength of routing, feature shaping, natural setting, greens, variety and memorability of holes, conditioning and maintenance and landscape management.

Circling Raven, which is owned and operated by the Coeur d'Alene Tribe and designed by course architect Gene Bates, is the lone course in the Pacific Northwest to make the list. The Golfweek ranking comes on the heels of the course being named by GOLF Magazine as one of the "Top 100 Courses You Can Play" in the September 2010 issue. It is also a member of Golf Digest's prestigious "America's 100 Greatest Public Courses."



Residing on 620 acres of pristine wetlands, grassy plains and natural forests, the course was previously named the No. 1 Tribal Golf Course in America by Native American Casino magazine (2008) and was ranked No. 4 on Golf Digest's Top-40 Casino Courses in the U.S. (2009).

"An honor such as this Golfweek ranking is further proof that Circling Raven Golf Club and the Coeur d'Alene Casino Resort Hotel combine to offer one of the best golf-and-gaming venues in America," said Coeur d'Alene Casino Resort CEO David Lasarte-

Meeks. "It also will prove to be another asset for us as we move toward the expansion." In 2011, the experience at the resort will be enhanced even further when the next major expansion is unveiled in May. The project will add two new wings overlooking Circling Raven and nearly 98 opulent hotel rooms as well as a centerpiece pub area, a gourmet steakhouse, a fitness center, a 15,000 square-foot deluxe spa and pool and a 10-acre "front yard" that will offer a natural amphitheater for concerts and other outdoor events.

By Bob Bostwick

The iconic Eagle Staff, standing 10 stories high and certain to be part and parcel of all that defines the Coeur d'Alene Casino Resort Hotel, is arriving within the next few weeks. The 101-foot structure will go up in the drop off area outside the two new hotel wings.

Workers and craftsmen are currently applying some touchups to the staff's finish. Spectacular in its own right, raising the staff into position will also be considerably spectacular. A massive crane will be in place after work is finished to establish solid footing for the crane's considerable weight. With the heavy equipment, the staff will be lifted in sections to complete the work.

"The Eagle Staff will be more than a symbol," said Chief Executive Officer Dave LaSarte-Meeks. "On it will be the tribe's story of how we created success here, and maintained it. We all might remember that the story belongs to all who have worked here, contributed and helped this property grow."

A firm schedule for the project should be ready in the next few

days.

As work continues finishing areas in the hotel wings, a significant change will come soon around the dropoff area on the west side, the area familiar to employees as they climb on an off the parking lot shuttles.

A traffic pattern has been determined and will create the changes. Questions remain as to how many lanes will be there and how they will be used. Some of the public parking will be taken out. Handicapped spaces in that area will remain as they are now.

Efforts to complete the interiors in the pub, the steakhouse and the spa continue on or close to the intended schedule. The Skycatcher is now completely glassed in on the outside, making ready for the walkway and amenities that will be available under its roof.

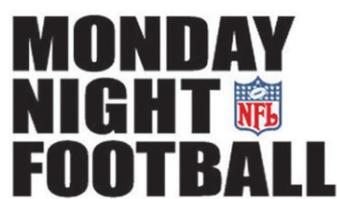
Grass is growing healthy and thick on the hillsides to the south, soon to be the front yard and including two natural amphitheaters. The now snow-covered area will offer not only the possibilities of use for events, but also a healthy and natural framework to the look of the expanded property.

## \$10,000.00 Promo hits again on Monday Night Football

By Monty Moore  
Players Club Manager

The \$10,000.00 "Return for Riches" Monday Night Football promotion hit for the second time this year on Dec. 13<sup>th</sup>.

There were 120 signed in guests, each receiving \$83.00 in cash. Over 700 Rewards members have participated thus far.



Although we are no longer featuring the \$10,000.00 payout, the final grand prize drawing will be held on December 27<sup>th</sup>. All guests that have attended

throughout the year are eligible for prizes, however only guests that have attended eight or more games are eligible for the top prizes.

Many thanks to Yvette Matt, Mario Falciani, Jauna Reed and Dee Dee McGowan as well as the Nighthawk food and beverage staff for all their hard work to make this promotion a huge success.



# ~ Editorials ~

## sne'kunmn

### Wassink: waiting for BMC appointments is making me sick

I am writing this out of frustration, a bit of anger, and a whole lot of feeling sick. I am not well. I have been trying to see my regular doctor for about three weeks. It is easier to get an appointment with a specialist in Spokane than it is to see a doctor at the clinic here in Plummer.

First of all I was quite sick and was told to see the emergency physician at our clinic because my regular doctor was booked for the day. That was okay, I did that, and was given medication. A week later I was back, because I could not see my regular doctor because he requested a 30 minutes, and was told that I could not see the doctor because those were his orders. Fine. So I sat in the waiting room for two hours with the door opening and closing and the cold air blowing in on everyone waiting, and it was quite cold, but I will discuss that at a later time. And after two hours I was finally able to be called back to be seen by the emergency doctor with the same complaints as I had the previous week. This time I was given cough drops. Okay, well lets don't fix the problem, let's put a teeny tiny band aid on it and hope it goes away. On my way out I asked for a regular appointment and was told that I could have one in about 10 days because that was the first time available.

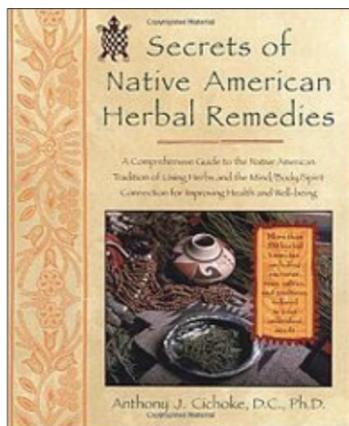
Last evening I called in at 6p.m. sharp, I believe I was the first caller of the evening for the next day appointment. This morning I waited and waited and did not receive a call. At 8a.m. I called and asked for the appointment person. I was told that gee, my name was

not on the list. So what is the use of calling in for an appointment if oops! Someone didn't do their job, oh sorry, so sad, you can't come in and see your doctor. BUT, if I am REALLY sick I can see the emergency doctor here... again... and maybe this time I will have two boxes of cough drops when I leave. And the same symptoms. Thanks but no thank.

So my question is this: Do I have to call an ambulance and/or go to the emergency room for what could have been taken care of here? What do I have to do to get through to my doctor? Do I call Contract Health and ask them to make an appointment with a doctor in the city, who will then become my regular doctor, because I cannot get in here? Is that possible? In the meantime I am still not feeling well, I cannot get through to my doctor, and nobody seems to care. As I write this I just got a call that I am in LUCK, I can see a different doctor this afternoon. The irritation continues. Why do I even have a regular doctor if I cannot see him? Or do I take the 10 day later appointment and hope I am still sick and that time? Or do I make a standing appointment for every 10 days in hopes that if I am actually sick at those times I can get in? I know I am not the only person to have this complaint and will be happy to furnish names of other dissatisfied patients. The list is quite lengthy. I can be reached as listed below. Thank you for listening.

Linda Wassink  
Tribal member

HEALTH: continued from pg. 5



you better health.

Experts know that serious health conditions are much more prevalent in the Coeur d'Alene Tribe and other American Indians than with nearly every other population group. But have these conditions always been present to this degree? Or, are they a result of turning away from the traditional diet and traditional way of life? Is the modern American lifestyle the killer? Something must be

done!

I would like to investigate the possibility that returning to traditional Coeur d'Alene tribal foods, grasses and herbal remedies (high in beneficial vitamins, minerals, fiber, enzymes and phytochemicals) can actually improve the health of current and future tribal members.

Starting with next month's issue of *Council Fires*, I will begin writing articles on the health conditions affecting tribal members, as well as traditional herbs, grasses and foods which can be used to improve health and which are commonly found on the Coeur d'Alene Reservation. These articles will not only honor the old ways, but will also pay tribute to those who still practice the traditional ways of this great Coeur d'Alene (Schitsu'umsh) tribe. Plus, these articles can help you to take charge of your life, making it a happier, healthier life!

### Bell: thank you from The Christmas Coalition

The communities of DeSmet, Tensed, Worley, and Plummer have come together again supporting the Christmas Families Coalition in providing for the needy in our community. The Coalition provided food and gifts to fifty-six (56) families, a total of 229 people. Distribution to the families was on Tuesday, December 21, in Tensed, Plummer and Worley.

We cannot begin to name all the individuals who donated their time and funds or those who adopted families and purchased gifts and clothing. Many of these people prefer to remain anonymous and to do their work in private. Among the organizations and businesses who supported the Coalition were: Living Waters Ministry, the International Order of Oddfellows and Rebecca, Echelon, the Coeur

d'Alene Tribal Council, Domestic Violence Program, Older Americans Program, Wellness Center, Community Health, and Department of Education, the Senior Citizens of Plummer and Worley, Our Lady of Perpetual Help Catholic Church, St. Michael's Catholic Church, Scared Heart Mission, Worley Community Church, the Gateway Restaurant, Worley Grange, Worley Town and Country Club, the Lakeside Elementary School staff, the Lakeside High School staff, Plummer-Worley School District staff, the Lakeside High Boosters Club, Benewah Market, Franz Bakeries, Natural Resources Conservation Service staff, and Wal-Mart. Living Waters Ministry, the Worley Grange, and the Tensed Seniors loaned us their buildings for collecting and

distributing the donations.

The Lakeside schools and Coeur d'Alene Tribal School once again conducted non-perishable food drives that brought in a huge amount of food for our neighbors. The families who received the gifts and food extend their heartfelt thanks to everyone who participated. Many are underemployed, recently laid off from work, or struck for medical emergencies; the people and organizations who supported the Christmas Families Coalition have made it possible to these families to have a wonderful Christmas.

To everyone who we have named and all those whom we haven't specifically named, thank you, thank you, thank you!

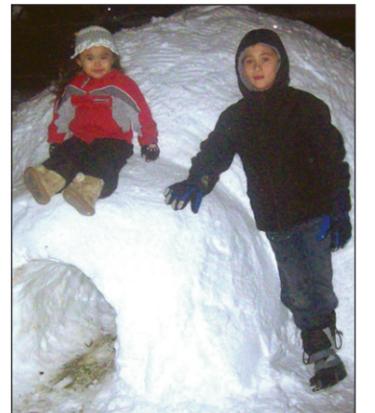
Sincerely,  
Emily Bell

### Rhoades family: thank you so much

The family of Alena Raye Rhoades would like to thank all of you for your calls, messages, food, assistance, hugs, prayers, and love during this time of sudden and tragic loss of our Alena. Special thanks to Boom, J.R., Donnie, Sunnie, and Joanna, for all their hard work in the kitchen, and for preparation of such a delicious celebration feast, also to the Coeur d'Alene Tribe for the use of the Evan Abraham Longhouse, and the assistance of Hoss, Kevin Garcia, and Bob Kager, in the set up, Cee Cee Curtis and Billy Fletcher for their beautiful vocals, Estar Holmes for all her hours of work on the Dvd, and Alena's wonderful cousins, Julie Doupe' Schwanz, Joel, Kenneth, and Randi Doupe' and Terrin Loe. Again no words can express our gratitude to each of you for your love and support, it is truly helping through this difficult time.

We love you all,  
Bobbi and Robert

### Happy Holidays



From the  
McJoe Family

### Historic photo depicts first payment to Cd'A people

The Success Of The Future Is Built On Foundations Of The Past



#### FIRST PAYMENT OF FEDERAL MONEY TO THE CD'A INDIANS - 1892

This photo was taken at the corner of First & Emma Street. The group had just been to Coey's Bank to receive the first major payment of one half million dollars which was paid to individual Indians. Twelve of the thirteen are identified as follows: Baptise Valley, Louie Pierre, An Indian Policeman names "Hog", Boney Davenport, Spot or Spotted Louie, Louie Bishop who was married to Annie Valley, Ed Perry's father-in-law: Pierre Anasta, Si John (Ike's dad), Tony Antelope, Spokane Nose, Blind Ingances' grandfather who was known as "Broken Tooth" and a man who lived at the Mission named Regis. It was noted that the Coeur d'Alenes deposited the money into local banks and wisely invested in homes and land.

This photo shows a group of men who proudly cashed their first check from the US government. The money was a big deal to our ancestors who took their money and re-invested into themselves and families by purchasing land and homes. Photo courtesy of Virginia Matt

# ~ In Passing ~

gu'lo lkhwalqw



graduated from Atarashii School of Cosmetology Design in Seattle. She worked as a beautician in Seattle and Coeur d' Alene, and opened her own salon, The Worley Curley, in Worley, Idaho, in 1990. Her love of travel and wanderlust led her several times to New Orleans, also Florida, Athens, GA, and Nashville, Tn., where she worked in the service industry as a chef, waitress, and mixologist. She recently moved back home to the Coeur d' Alene Indian Reservation, where she assisted her mother operate "Bobbi's Bar" in Plummer, Idaho.

mother Roberta (Bobbi) Alena Doupe, and stepfather Wesley (Dick) Gilbert, of Plummer, Idaho; father Delbert Ray Rhoades and stepmother Wendie Rhoades, Nevada; stepfather Gary Boatsman of Spokane, Wash.; grandmother Lucille Rhoades, Post Falls, Idaho; brother Robert Boatsman of Spokane, Wash., and sisters Rosina Jose Carpenter of Plummer, Mariya Rhoades and Nikki Peratta, of Coeur d'Alene, nieces Trinity Lewis and Erin Christine Carpenter, nephew Lathan Rhoades; cousins Julie Doupe Schwanz, Joel and Kenneth Doupe, Brian and Stacy Merriman, Darric McFarland, numerous other cousins; and her loyal canine companion of ten years, Maximus "MAX."

grandparents Gene and Jeanette Boatsman, step-grandfather Johnny Peters, and paternal grandfather Lloyd Rhoades.

Alena's Memorial Celebration of Life was Nov. 20, 2010, at the Evan Abraham Longhouse in DeSmet, Idaho. Father Thomas Connolly will officiate at the memorial service, which starts 3 p.m. A meal followed. Funeral Mass was held at Gonzaga's Jesuit House Chapel behind St. Aloysius, Nov. 21, 2010 at 2 p.m. Alena's ashes will be interred at Terra Haute, Ill. For more information see [holdgefuneralthome.com](http://holdgefuneralthome.com). The family suggests a donation to the Alena Raye Rhoades Foundation Fund at Sterling Saving Bank in lieu of flowers.

Alena Raye Rhoades, 44, of Plummer, Idaho, passed away November 12, 2010 at home in Plummer.

Alena attended school from 1973 to 1982, then received her GED.

She was born Nov. 9, 1966, at Coeur d'Alene, Idaho, to Roberta (Bobbi) Alena Doupe and Delbert Ray Rhoades. She lived on the family ranch at King Valley, near DeSmet, Idaho, with her mother and grandparents, Bob and Wilma Doupe, then in Tekoa, Wash., where

She was married May 21, 1995, in Coeur d'Alene, Idaho, to Dennis Adair. They divorced in 2001, and in February 2003 she married Michael Melvin in Seattle, Wash. She was widowed June 10, 2005.

Alena attended SFCC, and beauty schools in Coeur d' Alene and Seattle, and

Alena was baptized at the Sacred Heart Church in Tekoa and was active in sports, Girl Scouts, and Drama Club. She loved animals, fashion design, cooking, traveling, writing, and entertainment arts of all kinds, especially music. Alena had a great sense of humor, unforgettable laugh, contagious smile, and uplifting personality.

Alena is survived by her

Alena was preceded in death by husband, Michael Melvin, June 10, 2005; uncle Terry Doupe deceased Nov 22, 2009; aunt Lois McFarland; her maternal grandparents, Robert Doupe, Wilma Doupe Peters, step-

Funeral Home is in charge of arrangements. In lieu of flowers the family suggest donation be made to the Alena Raye Rhoades Foundation Fund at Sterling Saving Bank in Plummer, Idaho.

**BEFORE METH I HAD A BEST FRIEND. NOW I HAVE A JUNKIE.**

**METH**  
NOT EVEN ONCE.

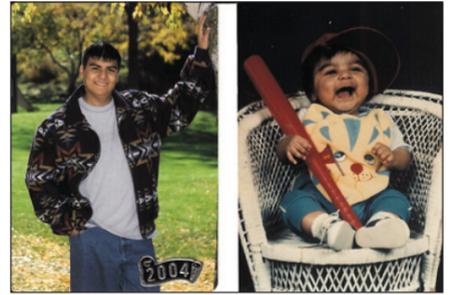


**Happy 17<sup>th</sup> Birthday Lamont love mom, dad & DayDay**



*We would like to wish Maleah & Jayden a very special belated Happy 1<sup>st</sup> Birthday. They will be the Big 1-year old on December 22<sup>nd</sup>. You're the love of our lives. We cannot believe how time went so fast for you babies. We love you!*

*Love, Granny, Papa, Uncle Michael, Mom, Rudy, Brothers-Christopher and Baby-son*



*We would like to wish our Son, Michael a big belated Happy Birthday on December 11<sup>th</sup>. Have a nice day and we love you!*

*Mom, Dad, Roberta, Rudy, Christopher, Baby-Son, Maleah and Jayden*

**SUMMIT: continued from page 1**

October with Indian farmers and agreements with four tribes to settle long-standing disputes over water rights.

Jacqueline Johnson Pata, executive director of the National Congress of American Indians, praised the Obama administration, which also advocated for the Tribal Law and Order Act. Passed by Congress over the summer, the law gives tribal courts tougher sentencing powers and sets stricter rules to gather and collect more data on crimes, Johnson Pata said.

"Last year was stellar," Johnson Pata said. "We've had the support and the engagement of being able to have true dialogue with the administration."

Tribal leaders have a "zillion" concerns, Johnson Pata said, and they are hoping to pare them down in meetings this week.

Still, Neyooxet Greymorning,

a professor of Native American studies at the University of Montana, said he worries that the dialogue about building an equitable relationship with tribes over the long term is lip service. Over the years, federal acts passed to favor tribal water rights and other issues of sovereignty have been ignored by local and state governments, Greymorning said.

"It's one thing for the [federal] government to pass certain legislative acts, but if they don't back them when those acts aren't followed out by external sources, then they are spineless acts," he said.

Ben Nighthorse Campbell, a former U.S. senator from Colorado who has lobbied on Native American issues, said that the Obama administration had shown "sensitivity" to tribal leaders but that "change is going to cost money." "I hope this is more than just a photo op," he said.

**Coeur d'Alene Tribal School announces 2010 honor roll**

**Honor Roll:** Dylan Vincent, Franky Sqwanqhqn, Kyra Antone, Josie Wicklund, Bella Goddard, Gloria Trevino, ShoShanna Martin, Vanessa Lee, Rosali LaSarte, Jordan Davison, Leontay Callahan, Alyssa SiJohn, Levi Shanklin, Joseph Rodriguez, Rachel Friesen, Destiny Dubois, Shawn Davison, Tara Allen, Valdena Matt, Maritsa Matt, Emma Daniels, with Arrow, Ann Matt, Jerry Martin, Syllas Tsawklai, Kenneth Lenoir, Deon Shot with Arrow, Alyah Samuels, Hallea Mahoney, Shyree Lowley

**High Honor Roll:** Brianna Pluff, Rachael Goddard, Tiana Samuels, Vesta Martin, Janet Hale, Terai Shanklin, Simeon Matheson, Lilly Hale, Mariah George, Logan Friesen, Dautai Allen, Samuel Sutherland, Amya Sines, Judy Gaze, Theoden Daniels

Honor Roll = 3.0 GPA and above and the High Honor Roll = 3.5 GPA and above

(Names listed by grades in alphabetical order backward- upper grades to lower grades with Kindergarteners last in each list)



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