

# Coeur d'Alene Tribe - Council Fires - Schitsu 'umsh ~ sgwelp tgwe'l 'ya'(pqin'm

## Benewah Medical Center breaks ground on new facility slated for 2012



Members of the Health Board (from left) J.R. Gustin, Debbie Chapman, Bobbie White and Matt Stensgar join Tribal Elders Frances White and Felix Aripa at the ground breaking ceremony for the new Benewah Medical Facility which will be opened in the fall of 2012. Photo by Jennifer L. Fletcher

Coeur d'Alene Tribal leaders broke ground on the new \$17.3 million, state-of-the-art Benewah Medical Center (BMC) during an event in Plummer on July 6, 2011.

"We are very proud to provide medical services to the region,

and expect the new facility will enhance our ability to deliver timely, quality and affordable health care to our families and communities," said Tribal Council Chairman Chief Allan. "The Tribe is committed to being a good neighbor, and through this project

we will provide some of the best healthcare not only to the Tribal community, but to everyone living in the area."

The new center is expected to open in the fall of 2012, with a footprint of 50,000 square feet, including the latest technology in

medical, dental, pharmacy, lab, x-ray, community health, and counseling services; in addition to finance, human resources, facilities and other administrative support offices.

Tribal leaders, members of the community, and healthcare staff took part in the ground breaking ceremony held at the new site of the center, on about a 6 acre parcel of land, located west of U.S. 95 in Plummer and only about a mile from the current BMC.

The total cost of the project is \$17.3 million, with a large portion of the cost being covered by an \$11.8 million grant funded by Health Resources Services Administration via the Affordable Care Act that was awarded in October. The remaining amounts include a \$3 million pledge from the Tribe, and \$2.5 million contributed by the Benewah Medical/Wellness Center.

The BMC was recognized as one of 143 Community Health Centers across the country with the award of federal monies by the United States Department of Health and Human Services that totaled \$727 million. Community Health Centers have become an important facet of healthcare delivery for many Americans, especially those residing in rural areas, serving nearly 19 million patients, with about 40 percent of patients uninsured. Community Health Centers deliver primary and preventative care services for patients at more than 7,900 service delivery sites around the country, regardless of ability to pay, with charges set according to income.

"This marks another milestone for the Coeur d'Alene Tribe as we continue to strive for improved

quality of life for all the people in our community," said Ernie Stensgar, Tribal Council Vice Chairman and Coeur d'Alene Tribal Health Authority Board Member. "I am very proud to look out over our reservation and see our dedication to better the health of our families and friends by way of the new medical center and the other resources we have dedicated to community health."

The existing facilities of the BMC are comprised of five different buildings encompassing only about half the space of the new center.

"The new facilities are going to allow our professional staff to deliver all of the health care services under one roof," said project director and Benewah Medical/Wellness Center Executive Director Gary Leva. "This is going to simplify visits for everyone and allow for better integration when it comes to coordinating different aspects of a patient's care."

The BMC first opened its doors in 1990. Currently, 125 BMC staff serve approximately 8000 patients and 36,000 visits annually. Services are offered on a sliding fee scale with approximately half of the patients being American Indian, the rest being non-Indian community members.

"Twenty years ago the Coeur d'Alene Tribe had a vision of making our families and communities stronger through enhanced health care services for everyone," said Allan. "Today we are proud to be known as a Community Health Center, and to be the first Tribe in the nation that opened our doors to everyone in our region."

## 2011 July'amsh annual pow-wow in Post Falls



The Coeur d'Alene Tribe's Annual pow-wow was held July 22-24th. More photos inside on pages 8 & 9.

## LaSarte-Meeks released as CEO at Coeur d'Alene Casino/Resort



The Coeur d'Alene Tribe is on the hunt again for another CEO of the Coeur d'Alene Casino Resort/Hotel after Dave LaSarte-Meek's contract was not renewed by Tribal Council.

"Throughout his tenure as CEO of the Coeur d'Alene Casino, David LaSarte-Meeks provided outstanding vision and leadership, including the completion of a major expansion during one of the

most difficult economic times in our country's history," said Tribal Chairman Chief Allan. "It was the Tribal Council's position that Dave had achieved the goals that were set and it was time to move in a different direction."

LaSarte-Meeks was hired as CEO in 2006 after the release of Dave Matheson. The Council felt confident in his resume which boasted engineering work on the east coast, time as the Director of the Arizona Indian Gaming Association and a short time as a lawyer in Seattle - in addition to his being the Coeur d'Alene Tribal Housing Authority Director for a year.

During his 5 years as CEO LaSarte-Meeks oversaw the successful completion of the \$75 million dollar expansion, which opened a new hotel wing, new restaurants and a high-end spa in the Casino.

"The Coeur d'Alene Tribe appreciates his dedication and accomplishments," said Allan

PRSRRT STD  
US POSTAGE  
PAID  
SPOKANE, WA  
PERMIT #123

Coeur d'Alene Tribe - Council Fires  
P.O. Box 408  
Plummer, ID 83851  
Address service requested

# ~ Tribal Council Business ~ sqwa' qwe' wli'ple' met

## 165(11)

Approved Natural Resource department Land Services request to assign agricultural lease on allotment 507; 4 for 0 against.

## 166(11)

Approved Natural Resource department Land Services request to assign agricultural lease on allotment 508; 4 for 0 against.

## 167(11)

Approved Natural Resource department Land Services request to assign agricultural

lease on allotment 510 PT A; 4 for 0 against.

## 168(11)

Approved Natural Resource department Environmental programs office contract with Fulcrum for \$55,000; 4 for 0 against.

## 169(11)

Approved Law and Order Administration adopt police policy and procedure manual; 4 for 0 against.

## 170(11)

Approved Public Works department Planning Division Benawah Transportation Planning Team bylaws & Representative; 4 for 0 against 1 abstain.

## 171(11)

Approved Coeur d'Alene tribal Tax Commission amendments to Chapter 24, Tobacco and Liquor, of the Tribal Code. **Insert:** No new license will be issued to an applicant seeking to operate a Tobacco or Liquor outlet at a location where the applicant or any pervious applicant or licensee owes any taxes, interest or penalties under any provision of the Tribal Law and Order Code or any of the previous licenses issued at that location are otherwise not in good standing due to a suspension and/or revocation of a license pursuant to Chapter 51 of the tribal Law and Order Code. Any successor in interest to the previous applicant's Tobacco or Liquor Outlets will be subject to the provisions of Chapter 51, Section 51-17.01; 5 for 0 against.

## 172(11)

Approved Coeur d'Alene Tribal Tax Commission amendments to Chapter 28, fireworks, of

the Tribal Code. **Insert:** A Fireworks License will not be issued to any person if that person wishes to operate a fireworks outlet at any location where the previous licensee owes any taxes, interest or penalties under any provision of the Tribal Law and Order Code or the prior license for that location is otherwise not in good standing pursuant to Chapter 51 of the Tribal Law and Order Code; 4 for 0 against.

## 173(11)

Approved Tribal Tax Commission amendments to Chapter 48, Fuel Excise Tax, of the Tribal Code; ~~strike-(2) It shall be unlawful for a Retail Fuel Dealer to receive fuel from any Distributor that is not a licensed Distributor.~~ **Insert:** A license issued to a Retail Fuel Dealer pursuant to this Chapter is not transferable; 5 for 0 against.

## 174(11)

Approved Coeur d'Alene Tribal Tax Commission amendments to Chapter 51, Tax Commission, of the Tribal Code 51-17.01. Licensee **Strike:** Quitting Business; **Insert:** Discontinuance, Sale or Transfer; Liability of Successor (A) Whenever any person who is required to be licensed and to pay taxes under this Code **Strike:** quits **Insert:** discontinues his or her business, or sells out, exchanges **Insert:** Transfers or otherwise disposes of his **Insert:** or her business or his **Insert:** or her business or his **Insert:** or her stock of goods, any tax at that time payable to the Coeur d'Alene Tribe shall become immediately due and payable, and such taxpayer shall, within ten (10) calendar days thereafter, make a payment and pay the tax due. Any person who becomes a

successor **Insert: in interest** to such business shall become liable for the full amount of the tax until such time as the taxpayer shall produce for the Tax Commission an authorized receipt from the Coeur d'Alene Tribe Finance Office showing payment in full of any tax due. (B) No **Insert: new license will be issued to any successor in Insert: interest Strike:—ownership Insert: whether the interest was obtained by discontinuance, sale, exchange, transfer or otherwise. If the prior licensee owes any taxes, interest or penalties pursuant to any provision of the Tribal Law and Order Code or the previous license is otherwise not in good standing due to a suspension and/or revocation of the license pursuant to this Chapter Strike: to a business which has unpaid taxes due to the Coeur d'Alene Tribe shall be liable to pay said taxes on behalf of the business he/she has acquired if he/she gives written notice to the Tax Commission of his/her intent to make such acquisition at least thirty (30) calendar days before acquiring the business and the Tax Commission makes no attempt to collect the tax owed to the Coeur d'Alene Tribe by the successor; 5 for 0 against.**

## 175(11)

CONFIDENTIAL

## 176(11)

Approved Law and Order Administration adopt Chapters 55 Hotel Occupancy Tax; 5 for 0 against.

## 177(11)

CONFIDENTIAL

## 178(11)

UNAVAILABLE

## 179(11)

Approved Executive Operations CDA Tribal Health Authority Board appointments; Ernest Stensgar Member TC Rep. and Ida J. Gustin, Marlene Lambert, and Bobbi White for a term of (3) years, unless otherwise designated; 5 for 0 against.

## 180(11)

Approved Executive

Operations CDA Tribal Lake/River board appointments 2011; Mathew Stensgar, and Megan Nicodemus for a term of (2) years, unless otherwise designate; 5 for 0 against.

## 181(11)

Approved Executive Operations CDA Tribal Charitable Gaming Board appointments 2011; Abel "A.C." Sanchez for a term of three(3) years; 5 for 0 against.

## 182(11)

Approved Executive Operations CDA Tribal Election Board appointments 2011; Elizabeth Johnson, Philomena Nomee, as members and Vicki Mahoney as the chairperson for a term of (3) years, terms expiring June 2014 unless otherwise designated and the Coeur d'Alene Tribal Council herby appoints Christa Howard, as member and Rosie Peone as an alternate for a (2) year term expiring June 2013 unless otherwise designated; 5 for 0 against.

## 183(11)

Approved Executive Operations CDA Tribal housing board of Commissioners appoints 2011; CarylDene Swan member for a term of (3) years, unless otherwise designated; 5 for 0 against.

## 184(11)

Approved Executive Operations CDA Tribal Tax Commission appointments 2011; Megan Nicodemus, and Verna "Lynn" Lowley as members for a term of 3 years, unless otherwise designated

## 185(11)

Approved Executive Operations CDA tribal Law and Order Committee appointments 2011; Jess Arthur, and Henry "Butch" Nomee (3) year terms expiring in June 2014 unless otherwise designated. Tiffany L. Justice, and Carol Zarate (2) year term unless otherwise designated; 5 for 0 against.

## 186(11)

Approved Executive Operations CDA Tribal Credit Board appointments 2011; Vicki Mahoney term of 3 years, unless otherwise designated; 5 for 0 against.

**Coeur d'Alene Tribe Council Fires**



**Address**  
P.O. Box 408 / 850 A. Street  
Plummer, ID 83851

**Phone Numbers**  
Main Line: 208-686-1800  
Toll Free: 1-800-829-2202

**Contact Information**  
*Director/Editor*  
Jennifer L. Fletcher  
jfletcher@cdatribe-nsn.gov  
208-686-0154

*Administrative Assistant  
Reporter/Photographer*  
V. Lynn Lowley  
vllowley@cdatribe-nsn.gov  
208-686-0212

*Reporter/Photographer*  
Lorraine B. Smith  
lgentry@cdatribe-nsn.gov  
208-686-0500



**Coeur d'Alene Tribal Council**  
*Chairman - Chief J. Allan*  
term expires May 2012  
*Vice Chairman - Ernest L. Stensgar*  
term expires May 2014  
*Secretary/Treas - N. Jeanie Louie*  
term expires May 2012  
*Paulette Jordan*  
term expires May 2012  
*Charlotte A. Nilson*  
term expires May 2013  
*Alfred M. Nomee*  
term expires May 2013  
*John Abraham*  
term expires May 2014

Lawrence Nicodemus and the Coeur d'Alene Tribe's Language Department provided the paper with the following translation of *sgwelp tgwe'l 'ya'(pqi'n'm* which describes a fire made for the purposes of gathering or meeting.

**Monthly deadlines for Council Fires**

**In order for our publication to be printed in a timely fashion we need to request outside material by certain times in the month so that we meet our print dates.**

**The priority deadline is the 12th of every month meeting this deadline will ensure your item is printed.**

**Our final deadline is the 20th of every month.**

*Items received after the priority deadline will be printed on a first come first serve basis depending on space.*

# ~ Chairman's Corner ~

hinchanpa'qhmn

Well it's already midsummer! July'amsh has come and gone—and I hope that it was a good time for everyone with family, friends, good food, and weather at the powwow. Finally the days are warmer and sunnier, and hopefully you will all get at least one chance to take a dip in the lake before fall arrives!

Before we know it, we will be moving into the next season soon enough.

Time flies, but one thing that I know is how much my family appreciates the small things we can do to remember the good times, people and places.

One important way to take a snapshot of time is to take a picture. It is why this August I hope that many members of the community will take advantage of an event the Tribe is hosting whereby we invite individuals and groups to come in and get their pic-

tures taken.

On August 16<sup>th</sup> and 17<sup>th</sup>, at Senwinshen in Plummer, we will have Ken Blackbird set up to take photos of the community. Ken is an Assiniboine Tribal Member from the Fort Belknap reservation in Montana, and an award-winning photojournalist. This is familiar country for Ken, as he has visited and photographed at Coeur d'Alene several times before, and which many of you might remember from a few years back.

What we hope to get from this opportunity is snapshots of time in the lives of our Tribal community. In the past we have been able to photograph many elders, children, families and individuals—some who have passed on, many who have grown-up, but all who have lived and called Coeur d'Alene home. The images were then used in the Tribal calendar, annual re-



Photo by Ken Blackbird

port and in other projects that showcased our community.

I hope you can join us this August for another round of photos. We will be ready to start photographing around 10

am each day and go until we wrap it up in the afternoons.

Until then, continue to have safe and fun summertime fun. Get some sun, visit, powwow, and enjoy!

Regards,

*Chief Allan*

# AUGUST - 2011

SUNDAY <i>st(eti'wes</i>	MONDAY <i>chdi'k'w</i>	TUESDAY <i>asasq'it</i>	WEDNESDAY <i>cha'4asq'it</i>	THURSDAY <i>mosq'it</i>	FRIDAY <i>tse4lchsq'it</i>	SATURDAY <i>chli'i'</i>
	1 Ramadan Begins	2  Declaration of Independence signed in 1776	3 Football Camp CdA Tribal Credit applications due	4 Football Camp 	5  Football Camp	6 Football Camp 
7 Friendship Day	8 Football Practice Begins 	9 International Art Appreciation Day	10  ECLC: Sprinkler Day	11	12  Council Fires Priority Deadline	13
14	15	16  Ken Blackbird photo shoots	17 CdA Tribal Credit applications due ECLC: Fruit for Fathers	18	19  Council Fires Final Deadline	20  Speelya Golf Tourney
21  Mona Lisa stolen 1911	22 ECLC: CLOSED	23 ECLC: CLOSED	24 ECLC: CLOSED	25 CDA Tribal: First day of School ECLC: CLOSED	26 ECLC: CLOSED	27  WC: First Football Game
28 Dr. Martin Luther King jr. gave his "I have a dream" speech	29 ECLC: Early Headstart CLOSED	30 ECLC: Early Headstart CLOSED	31 ECLC: Early Headstart CLOSED			

# ~ Community Announcements ~

s n w i ' m

## Kroc Center membership available to families and descendants

This is your Kroc Center Membership Process:

The Salvation Army Kroc Center in Coeur d'Alene has developed this process to recognize the unique family ties.

Therefore please follow this simple process to obtain your free membership to the Kroc Center in Coeur d'Alene.

The Kroc Center has provided the following process:

To obtain a Kroc Center Membership you must have the following items:

Individual: You must be an Enrolled Coeur d'Alene Tribal member and show your tribal membership card when registering for KROC Center membership.

Families: If you are a parent/guardian of a child who is an enrolled Coeur d'Alene Tribal member and you are not a tribal member follow these steps: Come to the Wellness Center fill out a

Kroc Center application. We will verify that your child is a Coeur d'Alene Tribal member. We will sign the application.

Then you need to take the application to the Kroc Center and they will issue Kroc Membership cards.

Descendants: If you are a direct descendant of the Coeur d'Alene Tribe, follow these steps: You will need to request a letter stating you are a descendant from the enrollment office. They will e-mail us a copy of the letter.

Complete a Kroc Center Application at the Wellness Center. We will sign the Kroc Center application to verify the information. Then you need to take the application to the Kroc Center and they will issue Kroc Membership card.

If you have any questions please contact Cheryl Weixel at 686-9355 ext.450

## Baby Face, Parents as Teachers seeking families of new babies



Parents as Teachers and Baby Face are programs that provide the information, support and encouragement parents need to help their children develop optimally during the crucial early years of life.

These programs are currently available to parents of children born in 2011 – the program will follow your child's development throughout their first 5 years of life – providing information regarding health, mental and physical development, eating habits, literacy and giving the parents resources they need if they have questions. The program works with the Early Childhood Learning Center in Plummer and the Women, Infant

and Children program to conduct screenings.

The program coordinators, or parent educators, Susie Howard and Camille Wynecoop go into the home of the family every two weeks and work closely with parents to assist them with developmentally appropriate activities for their child and or children in the home. Each month the family is given books for their child to enhance on literacy in the home.

The program is a reservation based program that has no income guidelines. They serve children born in January 2011 through December 2011 with a control group of families who had their children in 2010. Monthly family circle meetings are also held, but those will be announced as they occur.

If you had a child or are expecting one in 2011, please contact Susie or Camille to become a part of their program. For further information you can contact them at: Susie – showard@tribalschool.org or 208-686-8911; Camille – cwynecoop@tribalschool.org or 208-686-5138.

## Anthro class to discuss native history

There will be an Anthropology 225 class being offered via North Idaho College @ the CDA TRIBE Dept. of Education, Plummer, ID this Fall 2011. Class begins Aug 22 ends Oct 14, Tuesdays 6 – 9 P.M., must register with NIC.

We have heard the stories of Coyote in Schitsu'umsh country. But did you know . . . Buzzard created the landscape of the Eastern Cherokee?

Raven released the stars, moon, and sun, bringing light to the world

of the Tlingit? And Sky Woman, the primal ancestor of the Iroquois, fell to earth bringing with her the traditions of her people?

This anthropology course surveys several North American tribes. You will learn about some of their traditional subsistence patterns and beliefs, as well as the changes that have taken place since their first contact with Europeans. The course also addresses some of today's issues involving sovereignty, land and fishing rights, and gaming.

## Disabling cardiovascular disorders: what you should know

By Anthony J. Cichoke, MA, DC, DACBN, PhD

At first, Jim thought maybe he was coming down with the flu. He felt a little sick to his stomach and light-headed. Then he broke out in a cold sweat and was short of breath. Later, the pain started—it felt like a buffalo was lying on his chest. Only when the tingling sensation started up his left arm did it occur to his wife that perhaps Jim was having a heart attack.

Heart attacks and other conditions involving the heart or blood vessels are considered cardiovascular disorders (CVDs). Other CVDs include coronary artery disease (when plaque made from cholesterol builds up in the arteries, interfering with normal blood flow), angina (chest pain that occurs when the heart is deprived of blood), arrhythmias (irregular heartbeat), atrial fibrillation (rapid heartbeat), heart valve problems, and stroke.

Cardiovascular disease is the number one killer in America and also the number one cause of death in the American Indian/Alaska Native population. (CDC Office of Minority Health & Health Disparities OMHD).

What's Going On?

Unfortunately, for a variety of reasons (primarily lifestyle and diet), blood tends to become thicker and more sticky as we age. This "stickiness" interferes with blood flow in the arteries and veins, which in turn can lead to clot formation. A heart attack occurs when a clot blocks blood flow to the heart; a blood clot in the brain

causes a stroke.

Are You At Risk?

You, as a Native American, are at an increased risk of cardiovascular disease if you suffer from diabetes, high blood pressure, or high cholesterol; drink excessive alcohol; smoke; are overweight; don't exercise; are under stress; or eat an unhealthy diet. You are also at an increased risk if you are Native American.

How To Prevent CVD

If you're serious about reducing your risk of cardiovascular disease, you must change your diet and your lifestyle. Eating a healthy diet and adding exercise to your daily routine can go a long way in reducing your risk factors, especially blood pressure, cholesterol, diabetes, and obesity. Exercise can also help to reduce stress. If you smoke, kick the habit. Most people know that smoking tobacco can lead to lung cancer. But did you know that the nicotine in tobacco narrows blood vessels, reducing circulation, elevating blood pressure, and increasing the heart's work load? ([www.tobaccofacts.info/dangers\\_of\\_tobacco.htm](http://www.tobaccofacts.info/dangers_of_tobacco.htm), Retr. 3/11/10) In fact, according to the Centers for Disease Control and Prevention (CDC), those who smoke cigarettes are two to four times more likely than nonsmokers to develop coronary heart disease and more than ten times more likely to develop peripheral vascular disease. And equally tragic, even if you don't smoke, your risk of heart disease is increased by 25-30% if you are exposed to second-hand smoke. (CDC) ([http://www.cdc.gov/tobacco/basic\\_information/](http://www.cdc.gov/tobacco/basic_information/)

health\_effects/heart\_disease/index.htm).

Eating for Better Cardiovascular Health

Return to a more traditional diet and include more fresh fruits and vegetables. The American Heart Association recommends eating at least 4-5 cups of fresh fruits and vegetables every day. Eat more berries, particularly red raspberries, cranberries and black currants. These foods are rich in anthocyanidins, plant chemicals which maintain blood flow in small vessels and decrease blood vessel plaque formation. Other useful herbals include, ROOTS from black cohosh, burdock, ginger root and goldenseal root, LEAVES and ROOTS from raspberries plus LEAVES from ginkgo biloba, ginseng or gotu kola.

Eat more foods rich in omega-3 fatty acids, such as fresh fish and flaxseed oil. Minimize your intake of saturated fat (this is the fat, found in butter, beef and other meats, that is solid at room temperature). Cut out the fast-food, junk food, and fried food and reduce your consumption of salt (aim for less than 1500 mg of sodium every day). Eat more fiber, especially from whole grains (oatmeal is a great source).

By changing your lifestyle and your diet to more TRADITIONAL AMERICAN INDIAN WAYS plus getting more exercise, you can improve your heart health. Don't follow in Jim's footsteps; don't be just another couch potato, a junk food junkie, another statistic from DEADLY DISABLING CARDIOVASCULAR DISORDERS! Follow the healthy ways of Circling Raven and your ancestors!

**Photographer Kenneth Blackbird will be in Plummer on August 16th and 17th to photograph tribal members, community members and their activities.**

**If you would like more information on how to be a part of this project please contact the Chairman's Office for the details!**

## Moth damages trees

There have been some questions about the recent damage and death of trees, particularly fir trees in our area. The damage is being caused by Tussock Moth. Attached is a Colorado State Extension publication about the outbreak. Here is information from Kurt Mettler, the Coeur d'Alene Tribal Forestry Program Manager, as well:

You may have noticed the brown branch tips and tree tops on many of the Douglas fir and grand fir trees around Plummer. This is the result of the Douglas fir Tussock moth. The caterpillars are eating the new growth and, with the increase in population this year, the older needles are being eaten as well. The moth population has been monitored and is now in an upswing over the last couple of years. Indications are that the populations are higher again this year.

This population growth happens about every ten years and is on cycle as the last high population in this area occurred in the early 2000's. The defoliation typically does not kill the trees although if it continues into the next couple of years, trees experiencing repeated attacks could be killed. Forestry, along with the Forest Service and State are monitoring and determining a course of action.

If you have questions on this situation, contact the forestry office at 686-1315 or 686-1704.

## 49th Annual Rocky Boy Pow Wow

August 5 - 7, 2011  
Rocky Boy, Montana

<p><b>Men's &amp; Women's Golden Age 55+</b> Combined Men's category &amp; Combined Women's category 1st - \$2,000 2nd - \$1,500 3rd - \$1,200 4th - \$800 5th - \$600</p> <p><b>Senior Men's &amp; Women's Age 35-54</b> 1st - \$2,000 2nd - \$1,500 3rd - \$1,200 4th - \$800 5th - \$600 Men's Categories: Chicken, Fancy, Grass, Traditional Women's Categories: Fancy, Jingle, Buckskin, Cloth N/S</p> <p><b>Men's Crow Style 18+</b> 1st - \$2,000 2nd - \$1,500 3rd - \$1,200 4th - \$800 5th - \$600</p> <p><b>Junior Men's &amp; Women's Age 18-34</b> 1st - \$2,000 2nd - \$1,500 3rd - \$1,200 4th - \$800 5th - \$600 Men's Categories: Chicken, Fancy, Grass, Traditional Women's Categories: Fancy, Jingle, Buckskin, Cloth N/S</p> <p><b>Teen Boy's &amp; Girl's Age 13-17</b> 1st - \$500 2nd - \$400 3rd - \$300 4th - \$200 5th - \$100 Boy's Categories: Fancy, Grass, Traditional Girl's Categories: Fancy, Jingle, Traditional</p> <p><b>Junior Boy's &amp; Girl's Age 6-12</b> 1st - \$300 2nd - \$200 3rd - \$100 4th - \$75 5th - \$50 Boy's Categories: Fancy, Grass, Traditional Girl's Categories: Fancy, Jingle, Traditional</p> <p><b>Tiny Tots</b></p> <p><b>49 Singing Contest</b> In honor of the 49th Annual RB Pow Wow 1st - \$500 2nd - \$400 3rd - \$300 4th - \$200 5th - \$100</p> <p><b>Singing Contests</b> Two Categories - Contemporary &amp; Original 1st - \$10,000 2nd - \$8,000 3rd - \$6,000 4th - \$4,000 5th - \$2,000 Non-Contest Drums paid daily</p> <p><b>Men's Fancy Feather Dance Challenge</b> Saturday Night \$4,000</p> <p><b>Women's Fancy Special</b> Sponsored by Laurie Gopher Family - call (406) 395-4827</p> <p><b>Rocky Boy Sr. Princess Special</b> In honor of Raven Nicole Coffee - Sponsored by Bert Coffee family 1st - \$300 Jacket &amp; Blanket 2nd - \$200 &amp; Blanket 3rd - \$150 &amp; Blanket 5 Consolation Prizes</p>	<p><b>Emcees</b> Howie Thompson - Carry The Kettle, Sask. CAN Vince Beyl - Bemidji, MN Merle Tendoy - Rocky Boy, MT</p> <p><b>Arena Directors</b> Clifton Goodwill - Fort Qu'appelle, Sask. CAN Wade Baker - Newtown, ND</p> <p><b>Contemporary Singing Judge</b> Joe Syrette - Sault St. Marie, Ont., CAN</p> <p><b>Original Singing Judge</b> Michael Roberts - Ada, OK</p> <p><b>Host Drums</b> Blackstone, Sweet Grass, Sask. CAN Whitefish Jrs., Big River, Sask. CAN</p> <p><b>Host Hotel</b> <b>Town House Inns of Havre</b> (406) 265-6711</p> <p><b>Rocky Boy's 15th Annual Hand Game</b> Saturday &amp; Sunday August 6-7th 1st Place - \$8,000 2nd Place - \$4,000 3rd Place - \$2,000 4th Place - \$1,000 Sunday August 7th Special for \$5,000</p> <p><b>Youth Pow Wow</b> August 4th Sponsored by CRD &amp; Wellness Coalition</p> <p><b>21st Annual Walk for Sobriety</b> August 5th Sponsored by CRD &amp; RB Veterans Center</p> <p><b>Grand Entry</b> Friday - 7:00 pm Sat &amp; Sunday 1:00 &amp; 7:00 p.m.</p> <p style="text-align: right; font-size: x-small;">For More Pow Wow Information Call Harlan Baker at (406) 395-5705 ext. 224 or 1-800-823-4478</p>
--	--

# Coeur d'Alene Forestry crews in full swing now that summer weather has set in

By Kurt Mettler

Now that summer and hotter weather has arrived, field operations are getting into full swing. We advertised and sold two timber sales, a third did not sell but we will be evaluating the prices to determine how to proceed. In addition, two fuels projects were advertised and awarded out with a couple more to follow. We had our first firefighter dispatch in quite some time with 6 forestry individuals going to help fight the fires in New Mexico.

You may have noticed the brown branch tips and tree tops on many of the Douglas fir and grand fir trees around Plummer. This is the result of the Douglas fir Tussock moth. The caterpillars are eating the new growth and, with the increase in population this year, the older needles are being eaten as well. The moth population has been monitored and is now in an upswing over the last two years. Indications are that the populations are higher again this year. This population growth happens about every ten years and is on cycle as the last high population in this area occurred in the early 2000's. The defoliation typically does not kill the trees although if it continues into the next couple of years, trees experiencing repeated attacks could be killed. Forestry, along with the Forest Service and State are monitoring and determining a course of action. If you have questions on this situation, contact the forestry office at 686-1315 or 686-1704.

**Forest Development:** Native Lands West completed tree planting on June 20 and spot spraying (where required) by June 30. We

were pleasantly surprised that the first weekend in June was warm enough to get the Moose Paddle Logging Unit burned and planted. That was welcome relief from a very rainy spring.

Timber stand improvement (TSI) contractors have also been busy thinning, pruning and scattering or piling slash in 20 year old plantations. Native Lands West completed stand improvement work on 14.4 acres and most of the last 15.7 acres under contract in the Cherry Creek Block. Another stand improvement project on 57 acres of plantations in Cherry Creek will be advertised for bid in July. Worman Forest Management has completed the Windfall Pass TSI project. This summer we will also be busy laying out more TSI projects in the John Point area, thanks to funding for Forest Health and Protection and the Fuels Program.

**Forest Management Inventory & Planning:** The inventory analysis will be delayed until bad weather in late fall and winter, so we can concentrate on contract administration, project layout, survival surveys and other field work during the good summer weather.

**Fuels Program:** The Fuels Program has begun contracting work for this year. The Timber Agricultural Interface Fuel Break Project (TAIFBP) 5 contract located off Benawah and Windfall Pass Road (A69A, A438, T59, and A62) has estimated 46 accomplished hazardous fuels reduction (HFR) acres from Empire L & C. The TAIFBP 6 contract has been approved for Empire L & C to start work on an estimated 287 HFR acres that will begin soon on T57 and A372. The TAIFBP 7 in the Little Butte Area will be out for bid and awarded

this summer on A310, T291, and A292. The Windfall/Peedee Contract will also be out for bid and awarded very soon off of Coon Creek Road on the very top of the ridgeline.

The Fuels Crew has completed an estimated 90 acres of thinning and pruning and masticating an estimated 66 acres. Currently, they are working on A307 with a thinning, pruning, and a combination of hand piling and machine mastication. Please be cautious near the above mentioned areas and signs are posted during active operations. Three of the fuels crew (Isaac Cawston, Justin Hendrickx, and John Griffith) were able to participate on an off reservation fire assignment in the southwest for a couple weeks. If you have any questions on fuels business, contact Chuck Simpson – Fuels Specialist - at (208) 686-5030.

**Timber Sales:** Work continues in the Worley area evaluating timber stands for treatment needs and opportunities. Forestry staff will be busy ribboning in property line boundaries and riparian management areas. When we know that an area would benefit from timber sale work, we will be contacting the allotment owners for permission to sell the timber. In the Plummer area, logging should be starting soon on the recently awarded Chadalamalqwn sale (A138B, A365, A366 and A367). The Tamiyel sale (A353), out in the Windfall Pass Road area, should also be seeing logging start soon. The Sachri sale was advertised but no bids were received. We are reevaluating the prices for a possible re-advertisement.

The Field Tour for the Natural Resource Committee occurred on

Friday, July 8, 2011 up at Eagle Peak. A group of about 12, including Felix Aripa, staff and NR Committee members showed up and gave feedback regarding the proposed actions for the upcoming timber sale activities. The EA will be finalized soon with the comments and feedback from the Field Tour. The EA will have 30 days for the general public to provide comment.

The 10-3 Logging Unit has restarted ground operations and it is expected to be completed this month.

**FOREST ROADS:** The processing of natural resource materials is constant to make a usable or reusable material for the community's needs. We have stockpiled a considerable amount of materials from the tribal resource, along with stocking garden and landscape materials that is for sale to the community. Rock, gravel, decorative bark, sand, garden mulch, compost as well as provide a disposal site for yard and wood waste. The projection for projects work will be right around the corner for timber sale and other Natural Resource programs that we will be providing materials to. Community members interested in product or a price list please Call (208) 686-1885 or (208) 582-2517.

**Fire Management:** Fire Management is completing all of the required training that is required of us to perform our duties as wildland firefighters and looking forward to a busy fire season. The latest predictions are for a very active fire season in the months of August and September. So as the weather starts to dry and temperatures rise we would caution every-

one to be careful while enjoying the outdoors. Make sure you use caution and common sense when using fire.

We have for the first time in 17 years sent firefighters out in a crew form although engine crews have been sent out on numerous occasions. The last crew that left for fire duty was in 1994. So on June 28, we sent 6 firefighters out with one of the local Inter-Agency fire crew consisting of Forest Service and State of Idaho employees. They were sent down to Las Alamos, New Mexico on the Los Conchos fire on the Conchita Indian reservation northwest of Santa Fe. We had individuals from our fire, forestry, and fuels staff represented. The following members were Ike Cawston, Justin Hendrickx, Anthony Lowley, Micah Larkin, John Griffith, and Ray Lowley. They were gone for a total of nine days and seemed to enjoy every minute of their adventure to the southwest.

We have also been working on getting 2 new employees hired on for the summer as fire technician 1 positions and will list their names in the next article.

Would like to leave you with a fire message, most wildfires are preventable. Arson, human carelessness, and lightning will inevitably ignite fires on the Reservation. Also remember to prepare for wildfires to occur here at home by preparing and practicing evacuation plans. If you have some concerns or need to have someone help prepare an evacuation plan contact the Fire Management office and we would gladly help.

If you have any questions you can call fire management office at 686-1199.

## Native Business: Frontline Intelligence

By Jim Stanley

Companies live and die at the frontlines where employees interact with customers. Whether a tribally owned casino or individually owned proprietorship each patron experience either reinforces or degrades brand. From my experience as a lender and sitting on my tribe's enterprise board I see two types of conversations with dis-

tressed clients. One, the customer wants someone to listen and two, the customer wants specific action. Conversations where the customer wants to be heard are the most common. Both conversations require listening. Here are some ideas on achieving a positive outcome.

Resist the temptation to interrupt regardless of how long the customer takes to vent. Often it makes sense to first respond with a question to let them know you are listening. Asking about a specific point made is a good start:

"You said you waited a while for our employee to get back to you. How long was it?" Empathy goes

a long way when someone is upset. Empathy means you have taken the effort to understand things from the customer's perspective. It does not mean you agree with them. Sometimes it is good to use an old Indian trick and pull a co-worker into the conversation and say "listen to what our customer has to say, this is important." Imagine how you would feel if someone acknowledged your voice in such a way. A job well done is when the customer walks away and feels the other side understands the conversation. Notice I said feel and not think. The purpose of the interaction is to help the customer feel better not who is right or wrong.

Listening to understand is the key.

How you say something is as important as what you say. If the tempo and volume of the customer's voice is heightened then lower yours. Speak like you would to an elder, calmly and clearly to show respect. Even if the customer is more emotional than what the situation calls for it is a losing proposition to match tone because someone in distress will likely escalate if not allowed to vent. Arguing is also a bad idea. Try saying calmly, "that sounds frustrating" or "I can understand why you are upset."-Indian trick number two.

Everyday frontline workers deal

directly with customers and are the ambassadors of their organization. "We are sorry" is not good enough when customers want their voices heard. Mistakes can and will happen. Don't attempt to cover things up or hide a mistake. Share them with peers and management to be used as opportunities to role play and develop situational skills. -Indian trick number three. A wonderful thing will happen as your team develops best practices in challenging situations. Everybody becomes closer and work becomes more fun. It takes leadership from within the organization to be brave enough to expose mistakes and work on them.

**Unplug.** Discover The Forest.org



# YOUTH WITNESS LAST SHUTTLE LAUNCH



The NASA space program launches a ship for the last time - the shuttle Atlantis lifted off in Cape Canaveral Florida on the programs final mission into space. They will be focusing on developing technology and leaving exploration to other countries and organizations.



# Youth recount their experiences from the final Atlantis space shuttle launch in Florida

*University of Idaho Extension Coordinator Laura Laumatia helped to organize a trip to Florida where community youth were picked to attend the last NASA Space Mission. While there they were also able to visit DisneyWorld and the Kennedy Space Center. The youth were asked to write essays regarding their trip and the experiences they had. Those essays are what follows:*

On the way to Florida I was really anxious to leave Spokane and get in the air. It was really cool we went over the Grand Canyon I felt like a giant because the houses were so small. Next we were there and then the fun began.

We landed in Florida and it was very hot. We started by going to dinner at a hotel that was hosted by NASA. The next morning it was the big day to watch the shuttle launch it was warm but the clouds were out and we were worried about the launch not getting to take off due to the weather but it worked out good and it was count down time. I was so excited to see a launch and be a part of history. When the shuttle took off I was wishing that I could be with the crew and go with them to space. It

took off into the air it was about a minute after it took off before we could feel and hear it, the animals went crazy in the sea they were all jumping. It was something that I will never forget.

The next day we were able to spend the day at Disney World it was really cool, the ride that I liked the best was the tower of terror. The next day we went to Kennedy space center I learned about how you would feel if you were in a space shuttle we went on some rides that shake you around. Then it was time to come home I am so happy that I was able to be a part of history and get the chance to see the last NASA space launch. I am so thankful that I was picked to go.

*Bryar Sanchez*

Hi, my name is Jacob Laumatia, and I was one of the students who got to see the last shuttle launch. It was really cool. When the astronauts went up to space, I just wanted to be up there with them. It really meant a lot to me because I got to see the last shuttle launch, and that was one chance in a lifetime.

We went to Disney World on July 9<sup>th</sup>, 2011 (we saw the shuttle launch on July 8<sup>th</sup>, 2011). My sisters were really excited for me that I got to go to Disney World. When we went to Animal Kingdom (in Disney World), we saw all kinds of animals like lions, elephants, hippos, cheetah, monkeys, rhinos, komodo dragons, bats and birds. The next day we went to the Kennedy Space Center and Cocoa Beach.

When we went to Kennedy Space Center we went on a space ship simulator, and it felt rumbly and shaky. The space simulator is supposed to show you what it feels like to be on the shuttle. Next we went to Cocoa Beach and went swimming in the ocean. It had pretty big waves there, but when water got in my eyes or nose, it really stung. Then we went back to the hotel we were staying at, called Mike Ditka's Beach Resort. The next day we went home, and we woke up at 3:00 a.m. to go to the airport.

Right now I'm very thankful to NASA and University of Idaho for letting me have this chance. Now I will work much harder in science!

*Jacob Laumatia*

It was fun to go to Florida. The plane ride was long, but I had my DVD player so I was good. We got there and we went to our room/house. It was late over there, and it was hard trying to go to sleep. But the next day was the launch so we got some sleep and most of us were sleeping on the bus. That was cool to watch and I got to be part of history.

For the first time I went to Florida to see the NASA space shuttle go off. When I was in Florida, it was very humid there. The next day all eight of us went to see the space shuttle go off. We saw a manati and two dolphins in the water by the space shuttle. We had to stay away from the water because once the space shuttle goes off, the animals can get scared and accidentally hurt someone. When I saw the space shuttle go off, I was amazed by it. Even though it was thirty seconds long, I still think it was amazing. I

Florida is so fun, when I first went to Florida it took 6 hours to get there. When we got there it was hot, rainy, and hard to breathe. We had to ride a bus to our hotel. Our hotel was big, the boys shared a house and the girls shared a house. When we got to our hotel, we had to find our room, it took forever. When we found our room we went to sleep.

We woke up, it was five in the morning because we had to get to the space launch but there was lots of traffic, so we stopped to eat at McDonalds. It took like five hours to get there. But it was fun because we took lots of pictures on the way there of palm trees and alligators and the ocean. We had to wait an hour and a half for the space shuttle launch. I took a video of the launch, it was so cool, it was the funnest thing ever to watch.

We saw dolphins jumping out of the water, it was so cool. The next day we went to Disney World, we

The second day we had our free day. We went to Disney World. I was so happy that we were going. When we got there we went to Hollywood Studios and Animal Kingdom, it was cool. The rides were fun. It was really hot that day.

The third day we went to the Kennedy Space Center. We had fun there, and it was the last day we were going to be there in Florida.

saw history and I was part of that history seeing the last space shuttle go off.

The second day all eight of us went to Disney World, which was pretty fun. I got to hang out with my friends and had a good time. The third day, we went to Kennedy's Space Center. There were a lot of facts. Some facts I didn't even know. For example, I didn't know that if you were one-hundred feet away from the space shuttle, you would be killed by the heat and sound. If you were eight-hundred

went to Hollywood Studios and we rode in a haunted hotel, it was so fun I thought I was going to die. It was so hot. We rode a ride that was so fast it was so fun. We went to stores and we bought stuff like hats and drumsticks.

Then we went to Animal Kingdom, we saw monkeys, a dragon thing, chimps, bats, tortoises, tigers, wart hogs, turtles and rhinos. We went to this ride and we went down a water fall. All of us got so wet, it was so fun, we went twice. Then we went on this roller coaster of Mount Everest, we went backwards on it it was so fun, we went twice. Then we went on this animal ride, and we saw lots and lots of real wild animals, it was so cool, but they were tame, but it was still fun.

When we got home, we went to bed because we were so tired, like, so tired. The next day we went to Kennedy Space Center. We went on a ride of Star Trek. Then we

So we did that and we got to get ice cream that was like candy, it was cool. Later that day we went to the beach. Then we went back to the room and we packed our stuff so we were ready for tomorrow.

That's what we did in Florida and thank you for sending me to Florida.

*Cailyn Dohrman*

feet away from the space shuttle, you would be killed by the sound. I was very surprised by those facts. I've learned a lot. It was educational and at the same time fun. It was cool experiencing it too. The fourth day, all eight of us went went to the beach to swim and relax. I was still amazed by the space shuttle. I couldn't believe it was real. I saw it in reality and it wasn't a dream. I didn't see it on T.V either, I saw it live. Those are words I say.

*Allison Eickman*

went into this place, it was so cool, there was like a moon turning, and you can stand in front of a mirror, and it will take your picture and send it to people and there was a game where you had to land a space ship. Then we watched a 3D movie of astronauts and getting ready to go off into space, it was EPIC. Then we went to one of the biggest gift shops in Florida.

The next day we came home. First we had to get up at 3 in the morning. Then we rode the bus to the airport so we can catch the plane to Utah, it took like five hours. When we got to Utah, we ate pizza, it was so good, but it cost a lot like, \$7.00 for 1 slice of pizza. Then we rode the plane to Spokane. Then we had to find the van so we could come to Plummer. I appreciate being chosen to go to the most amazing experience of my life.

*Brooklyn Rykowski*

Course Code	Credit(s)	Course Title	Location	Available / Capacity	Instructor	Delivery / Day / Time / Place	Comments
ANTH-225-90	3	<a href="#">Native People of North America</a>	Coeur d'Alene Tribal Center	10/12	<a href="#">Ackerman, M</a>	INT / Aug 22 to Oct 14 LEC / Aug 22 to Oct 14 T 6PM - 9PM CTC IVC	
CAOT-112-90	1	<a href="#">Keyboarding 1</a>	Coeur d'Alene Tribal Center	22/25	<a href="#">Jackson, B Marsh, J Albin, K</a>	FLC / Aug 22 to Dec 15 CTC 2	AF: \$3.
CAOT-113-90	1	<a href="#">Keyboarding 2</a>	Coeur d'Alene Tribal Center	23/25	<a href="#">Jackson, B Marsh, J Albin, K</a>	FLC / Aug 22 to Dec 15 CTC 2	AF: \$3.
CAOT-120-90	1	<a href="#">Word Processing Word 1</a>	Coeur d'Alene Tribal Center	23/25	<a href="#">Jackson, B Marsh, J Albin, K</a>	FLC / Aug 22 to Dec 15 MTWTHCTC 2	AF: \$3.
CAOT-121-90	1	<a href="#">Word Processing Word 2</a>	Coeur d'Alene Tribal Center	21/25	<a href="#">Jackson, B Marsh, J Albin, K</a>	FLC / Aug 22 to Dec 15 CTC 2	AF: \$3.
CAOT-122-90	1	<a href="#">Word Processing Word 3</a>	Coeur d'Alene Tribal Center	21/25	<a href="#">Jackson, B Marsh, J Albin, K</a>	FLC / Aug 22 to Dec 15 MTWTHCTC 2	AF: \$3.
MATH-108-90	4	<a href="#">Intermediate Algebra</a>	Coeur d'Alene Tribal Center	10/15	<a href="#">Patterson, R</a>	LEC / Aug 22 to Dec 15 TTH 4PM - 5:40PM CTC IVC	



## NORTH IDAHO COLLEGE FALL 2011 CLASS SCHEDULE OFFERED AT DEPARTMENT OF EDUCATION PLUMMER, IDAHO





Grand Entry kicks off the 2011 July'amsh pow-wow on July 22, 2011.

Photo by Lynn Lowley



Photo by Lynn Lowley



Photo by Jennifer L. Fletcher



Photo by Jennifer L. Fletcher



Photo by Jennifer L. Fletcher



Photo by Jennifer L. Fletcher



Photo by Lynn Lowley



Photo by Lorraina Smith



July'amsh Royalty: Lil' Miss Coeur d'Alene Sierra Haynes and Miss Coeur d'Alene Alyssa Haynes  
Photo by Lorraina Smith



Photo by Lorraina Smith



Photo by Lynn Lowley



Photo by Lorraina Smith



Photo by Jennifer L. Fletcher



Photo by Lynn Lowley



Photo by Jennifer L. Fletcher



Photo by Lorraina Smith

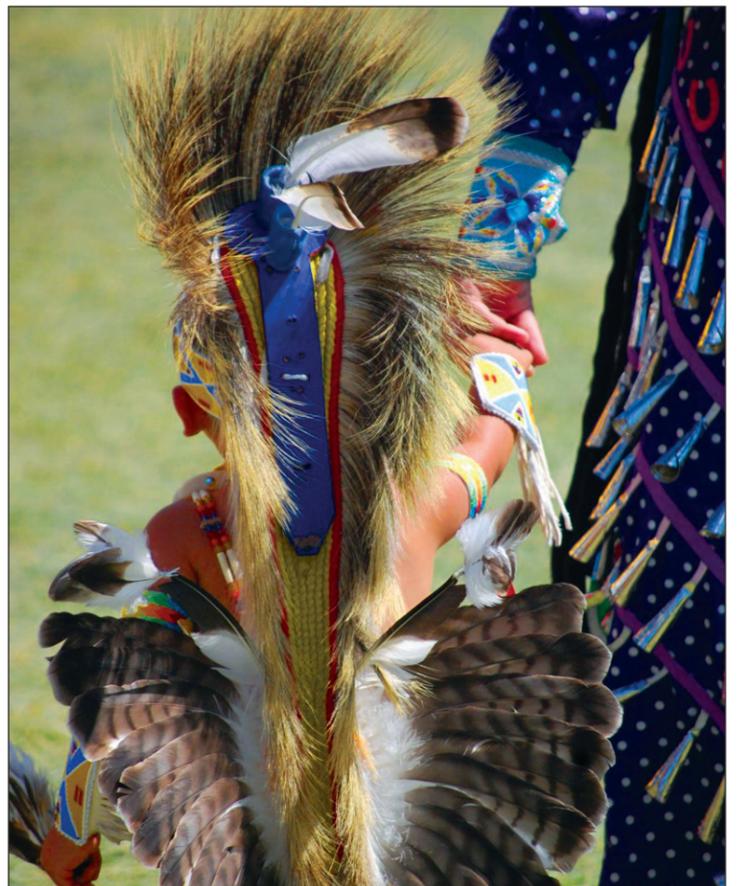


Photo by Lorraina Smith

# SPA-TACULAR \$25 OPEN HOUSE

Thursday, August 4<sup>th</sup>  
6 - 9 pm

INCLUDES \$25 RETAIL CREDIT  
Food, wine, mini treatments,  
demos, prizes, and more!  
\$25 per person  
Reservations required, 1 855 232-2772.

SPA SSAKWA'Q'N™



August 13<sup>TH</sup> **The Flying Mammals**

August 27<sup>TH</sup> **Generation Gap**

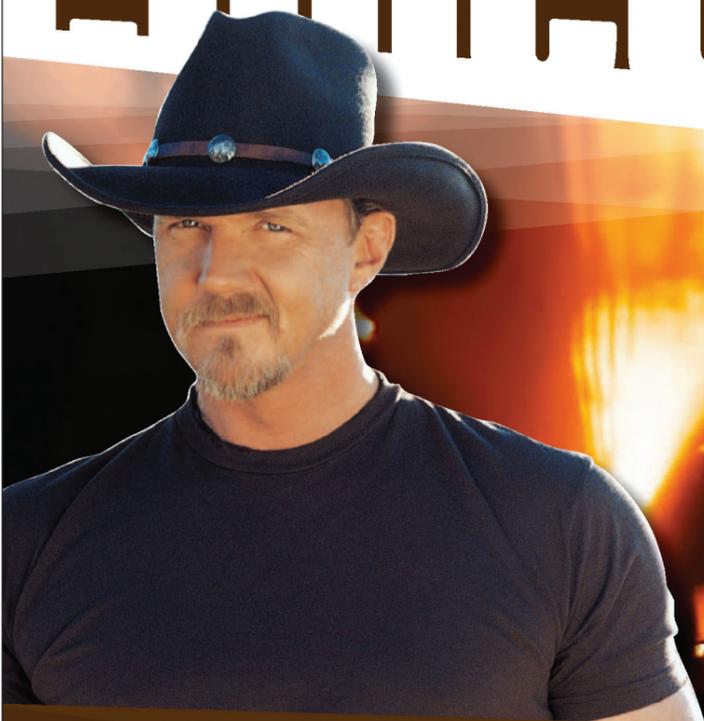
Sept 10<sup>th</sup> **Brett Hite**

**TRY OUR NEW UPROOTED ALE!**

Food and drinks at 5 pm • Entertainment at 8 pm

Coeur d'Alene Casino Resort

# concert series 2011



Aug 14 **Peter Frampton**  
General \$50 • Reserved \$60

Sept 25 **Trace Adkins**  
General \$50 • Reserved \$60

Purchase tickets at the casino or any TicketsWest outlet.



CDACASINO.COM | /CDACASINO

25 miles south of Coeur d'Alene at the junction of US-95 and Hwy-58

# Youth programs take over summer

## Youth enjoy outdoor recreation & cultural extravaganza during UNITY Week

By Cheffrey E. Sailto  
Youth Programs Assistant

Who would have thought you could fit so much in to one week. Culture Week offered a variety of activities and information about the Coeur d'Alene people.

Youth went out and dug brown camas, helped dig a pit to cook the camas, chopped wood to keep the fire going over the pit throughout the entire week with Kim Matheson who stayed day and night to man the fire that cooked the camas. Wade McGee and Gerald Greene with archery and safety; Quannah Matheson talked with the kids about storytelling and the importance of our tee pees; Norma and Rosie Peone taught the kids how to play stickgame; Adrian Brown-Sonder was there to show the kids how to cut and cook deer meat; Raymond Brinkman set up a Coeur d'Alene Language table to play some language games; Milton and Dena Nomee shared the importance of the sweat lodge; Frances Coffey showed some of her pine needle earring making; Bert Benally taught the kids how to make rattles; Cheyenne Meshell



Youth Programs Coordinator LoVina Louie takes a shot during the Hunter Education program with Idaho Fish & Game.

and Jaycee Goudy taught how to make chokers; our Tribal Natural Resources education and outreach, Bobbie White and Gina Baughn set up a traditional foods display; bird lady came and showed birds and snakes; Tribal Fire Control gave out goodies for the kids about fire education; Worley Fire Department set-up a booth; Becky Waldrow showed the kids how to solar cook; Preacher Don from Worley Community Church gave the kids had the opportunity to learn how to shoot a pellet gun and had a friendly competition;

Idaho Fish & Game along with Idaho Wildlife had booths set up to teach about the wildlife around the area; Idaho Fish & Game also worked with the Coeur d'Alene Tribe for the Hunter Education Program. There was also a fishing derby on the last day. So there wasn't a moment to miss.

Also, while all this fun stuff was going on, Cheyenne Meshell was hosting UNITY Week alongside Culture Week. Kids and chaperones from Nooksack, Kalispel and Suquamish tribes were in attendance. The whole week was centered on the medicine wheel and the four corners of life. Each day had an agenda to match the four aspects of the medicine wheel. The kids got to hear from guest speaker Marcella Nomee Haynes about drinking and driving. Leo Charlie came to do a round dance for an evening session. There was a 3-on-3 basketball tournament, a dance at the casino, and they finished the week off in Spokane learning hip hop dancing.

All in all, the extravagant week was full of things to do with the family. We hope to see you next time.



A student shows a rattle she made during Culture Week.

## Youth Council attends Thrive conference in Portland

The Coeur d'Alene Tribal Youth Council had the opportunity to bring 5 youth to the first annual Regional Health Promotion Conference for Native Youth living in WA, OR, and ID.

It was held June 27th-July 1st on the Portland State University campus in Portland, OR. The event was hosted by THRIVE at the Northwest Portland Area Indian Health Board with assistance from NARA Northwest, Healing Feathers Student Group from Portland State University, and the Health Promotion and Disease Prevention program at the Indian Health Service.

We were very excited to get a chance to collaborate with different tribes about suicide in Indian Country. They had presenters and tribal leaders

engage with youth over the course of four FULL days.

Split in to many different groups, the youth; Lamont Higgins, Karina Alery, Shailee Zackary, Enrique Medrano, and Jasmine Zahir accompanied by their chaperon Rachel Gallegos, all had the chance to work with a verity of media projects from making movies, creating

comic books to writing and producing their own songs, while also learning a curriculum on how to recognize when friends and family are on a down ward spiral to suicide and how to help them through tough times.

It was a great opportunity and we can't wait for next year's conference.



## IDFY presents Idaho Youth Summit



Cheffrey Sailto is shown (very back) with a group from the Idaho Youth Summit.

Cheffrey E. Sailto  
Youth Programs Assistant

June 13-16, 2011 marked the 18 Annual Idaho Youth Summit for Idaho Drug Free Youth. The Idaho Youth Summit is a youth conference for the teens of Idaho to learn more about how they can effect change in their community when it comes to drugs and alcohol. We were empowered and motivated by national speakers, presentations, planning sessions that helped each respected community. The kids have the opportunity to make a difference in their schools, communities and homes. It's not all work for the kids, they also get time to enjoy their surroundings and new friends. They have access to ropes courses, swimming in Lake Coeur d'Alene, a basketball court, games and on the last evening of the camp they get to enjoy a dance on a boat on the lake.

I have had the privilege of attending the last three Youth Summits each one has been a different experience and an opportunity to make new connections with our surrounding communities to combine our efforts to reach our kids about the dangers and effects of drugs and alcohol. This last Youth Summit I was pleased to bring four of our local youth to attend this conference. I received numerous compliments on our kids and how they welcomed the conference with open arms.

I know that I enjoy my time spent at this conference and I know that the kids that attended this conference enjoyed their time. I would like to bring at least twice as many kids to the next Youth Summit. So, come next June we look forward to seeing your teen celebrating bring drug and alcohol free at the next Idaho Youth Summit.

## Rockn' the Rez keeping kids active



Three boys practice swimming during a Rockn' the Rez outing.



Kids are tested for physical fitness during Rockn' the Rez.

# ~ Editorials ~

## sne'kunmn

### Allen: explaining our work at the Pine Ridge reservation

**M**y name is Michael Buck Allen and my wife is Dianne. We both are connected with the Christian group Schint, formerly named Living Water Ministries. Our new name is the Coeur d'Alene word meaning "the people." We changed our name because we learned there are other churches named Living Water Ministries and we have no affiliation with them. We are a Native American Ministry that is non-denominational. We believe the Body of Christ is one and should work together as one. Whoever believes in GOD and his

son, Jesus Christ as the true path to salvation is part of God's body, which is the church.

I want to announce our return trip to Pine Ridge in the latter part of September or early October. I have officially started a Coat and Blanket drive for the people on the Pine Ridge Reservation. This reservation is large and with great need for all help. Many of the tribal people there are unemployed and live in poverty. I can go on and on with all problems they have but I won't right now.

I'm asking for your help. If you

have any extra coats or blankets please shared the ones you don't use. Make good use of them by knowing someone is warm. We will be accepting monetary donations as well to help finance our trip. Every little bit helps. For donations and questions, please contact me at (208) 755-3043 or michaelbuck@rezmail.com.

*Thank you*

**Michael Buck Allen**  
P. O. Box 302  
DeSmet, Id 83824

### Johnston: thank you Tribal Forestry

**O**ur Summer School staff extends a special thanks to the Forestry department for the field trip to plant trees, and the power point they provided to help explain careers in their field. Also, we had two guest speakers from the Wildlife/Fisheries department explain what the department does, and they presented a power point showing summer intern activities and locations on the reservation. All of these speakers held the children's attention throughout and were very patient in answering numerous questions.

Next summer I will probably be contacting other departments to ask for their help in educating

our youth to all the interesting/beneficial activities taking place on the reservation.

At the end of Summer School I was gone for a week to a Bureau of Indian Education Summer Institute. Next week I plan to drop off some 'goodies' at the departments to thank our guest speakers.

Again, thank you for the coverage, it means a lot to our students to know that what they do is important enough to be included in the Tribal newspaper.

*Delores Johnston*  
**Gifted Ed Teacher/Coordinator,**  
**Opportunity Center**  
**After School, Summer School**

### Stensgar: learn from my mistakes - addiction robs life

**H**ey there, I just want to share a little bit of my life with everyone.

When I turned 17 years old I tried meth for the first time. Before that I've tried other drugs and drank as well, but I tried meth and my life went out of control. I've lost over 5 years of my life in prison and just about the same in county jail.

I can't say how it affected anyone else but, as for me I got to the point where I loved that more than my kids, family, and myself.

I took from others, I've lied to everyone, I've left my son, and daughters without their dad. Very selfish I was. I only cared about myself, my needs (drugs), my wants (drugs). I was blind to my

actions, thinking I was fine, but at looking at me, the sight of me, and skinny from not eating, or sleeping for days.

I can't help but worry about others that are caught up in this life style, or our little ones I don't want any of my kids going through this, my nieces or nephews.

I'm writing from prison. Doing yet another year for probation violation. Due to my drug use...

I'm sharing my life of drug addiction hoping that my story may help others in any way.

Do I want this way of life I'm in now? No. Do I like doing time in prison, being away from my family for years at a time? No.

All it takes is that one time, and I'm off and running without a care

in the world... Not a life I want to live anymore. I have my family and loved ones still there thank God to help me upon my release.

To the ones I've lied to, "I'm sorry, the ones I've stole from, I'm sorry and the ones I've hurt and left without, I'm sorry." I plan on doing everything I can to stay clean and sober. Make a change. Break that cycle I'm in. Not the day I get out but, right here, right now.

So with this "drug addiction at its worst" I just wanted to share with everyone and shed a little light on that issue.

*Respectfully*  
**Joseph Reno Stensgar**  
**Tribal Member**

### Mahoney: thanks for the clean-up

**A** huge thank you to all the programs for helping making our community beautiful! Over three hundred bags of trash had been picked up! Awesome job!

I also wanted to mention a few weeks ago 40 plus individuals from the Church of Jesus of Latter Day Saints from the Post Falls and Coeur d'Alene area came down and helped picked up trash within our community. A big thank you to them!

The Kootenai Sheriff Labor crew that was out on highway 95 helping clean the part of the CDA Tribe's adopted highway. Also a big thank you to them.

A whopping thank you to the departments that swept on the CDA Trail, picked up trash bags left on the sides of the streets for pick-up, cutting grass, and weeding ditches.

Thank you everyone for participating in the annual clean-up event. It is very much appreciated.

*Vicki Mahoney*

### Smith family: sharing Ronnie's prayer

**M**ay the sacred heart of Jesus be adored, glorified, loved & preserved throughout the world now & forever. Sacred heart of Jesus pray for us. St. Jude, worker or miracles, pray for us. St. Jude, help of the hopeless, pray for us.

For the times we have gossiped, put people down, repeated rumors, or talked against other people—we are sorry and pray... Lord have mercy.

For the times we have been impatient or argued and fought in our families—we are sorry and pray... Lord have mercy.

For the drinking, the fighting and the running around that goes on in our community—we are sorry and we pray... Lord have mercy.

For failing to pray at home and to attend mass on Sundays and feast days—we are sorry and we pray... Lord have mercy

For ways in which we neglect the sick and the elderly and all who need help in our community—we are sorry and we pray... Lord have mercy.

For being disrespectful of God and of each other by swearing, cursing and using ugly language—we are sorry and we pray... Lord have mercy.

For the times that we are unfaithful to each other—as husbands and wives, parents and children, among friends or relatives, and among those we are called to serve—we are sorry and we

*SMITH: continued on page 13*

### Living Waters Ministries: fundraising tournament was great

**L**iving Water Ministries hosted the very first 3 on 3 Bring It basketball fund raiser for the Pine Ridge Indian Reservation on June 18th 2011. This event was a huge success with over 18 teams competing and playing hard for their share of the 1st place prize money and Nike Basketball bags. Here are your Champions in each bracket and second place finishers.

Men's Elite Champions: Joseph Matt, Mike Bone, Tim Freeburg and Justin Hendricks. Second place: Colby Dick, Nate Weaselhead, Ed Wolfe jr. and Pete Vallee.

High School Boys Champions: Justin Bricket, Jesse Allan and Joey

Lenoir. Second place: Tucker McGee, Jerry McGee, Andrew Boyd and Leighton Boyd

Co-Ed Champions: Avery Brown Sonder, Kimberly Duncan, Garth Dole and Francine Hendrickx. Second Place: Ashley LaSarte, Kelsey Pluff Sydney Wakan

Middle School Champions: Qwna Matheson, Eugene LaSarte, Dylan Vincent and Illugowun Willbourn. Second Place: Shiniyah Holt, Koyama Young, Iris Domebo, and Gabriella Santana

Living Waters Ministries would like to express our gratitude, appreciation to the following sponsors, Coeur d'Alene Tribe, the Benewah

Medical/Wellness Center, the Gateway Cafe and the Coeur d'Alene Tribal Wellness Center Warriors....

We also would like to recognize and thank the Coeur d'Alene Tribal Maintenance crew for helping set up and tear down the basketball courts and to the staff of the Wellness Center for their assistance. Thanks also to Mike Huber, Triston Hudson and Leroy Arroy for their assistance in taping, re-taping and chalking the 3 point lines.

Extra thanks and kudos to Angel George for donating the Nike bags and LoVina Louie for preparing the flyer's and Cheryl Weixel for all your help with the brackets and administrative details, also to John from Tekoa, Ray Gallegos, Garth Dole, Lamont Higgins for volunteering to be court monitors.

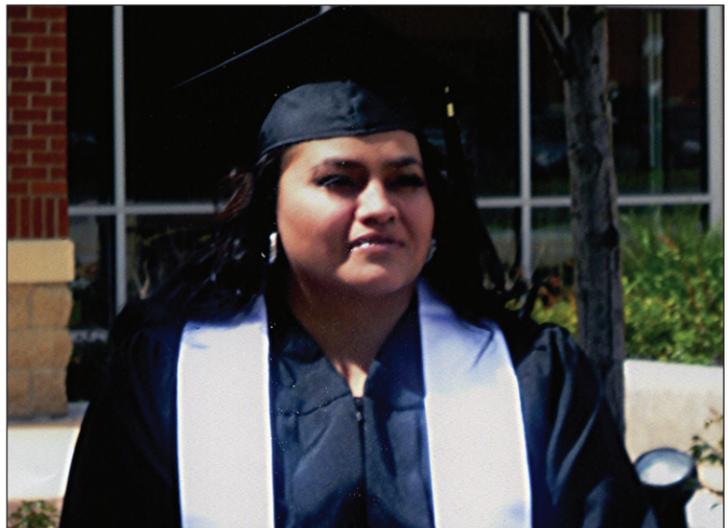
We also thank the Coeur d'Alene Tribal Casino for donating the hotel rooms as part of the fundraiser raffle.

Last but certainly not least, we thank the Chairman of the Coeur d'Alene Tribe (Chief Allan) for supporting this event and purchasing the basketball hoops which enabled us to host this fund raiser. We raised almost one thousand dollars to benefit the Pine Ridge Indian Reservation and initial feedback has been very positive. We are currently planning another 3 on 3 tournament in early August so keep an eye out for the new flyer!

As we continue to serve our com-

*LWM: continued on page 13*

### Aripa graduates with BA from LCSC



Tonia Aripa graduated from Lewis Clark State College with a Baccalaureate in Social Work May 13<sup>th</sup> and is the daughter of tribal member Louie Aripa. She is the goddaughter of Connie and Skip Skanen.

### Towne graduates from high school



Tiana Towne graduated from Clover Park high in Tacoma. Her parents are John and Karen Towne; her grandparents are Sharon Pakootas, John Towne and Barbara town! I'm very proud and love you very much - good luck in all you do! Love, yaya.

# ~ People in the News ~

gul snik'w'lmkhwet

## Students say farewell to Sobotta as he leaves Cd'A Tribal



Students from the Coeur d'Alene Tribal School honored Superintendent Bob Sobotta for the work that he has done at the school of the past years of his employment. Sobotta was also honored by the Tribal Council for his services - they thanked him for the leadership he has provided and although wished him well on his future endeavors, they were sorry to see him leave.

Pictured above are front: Mr. Kaleb Madison. Next Row back: Leontay Callahan, Patrick LaSarte, Tamara Nelson, Ann Mary Matt, Janet Hale. Next Row back: Ms. Tina Strong, Wakiza Vassar, Rachel Friesen, Valdena Matt, Alyssa SiJohn, Kara Lenoir, Ms. Heidi Broenneke. Back Row: Mr. Bob Sobotta, Riley Callahan, Rosali LaSarte

## Santino Aldrich reflects on time as July'amsh Head Man



Santino Aldrich as Head Man on July 23, 2011 during the July'amsh Pow-wow.

By Jennifer L. Fletcher

Coeur d'Alene Tribal member Santino Aldrich had the honor as serving as this year's Head Man at the 2011 July'amsh pow-wow July 22-24 at the Post Falls Greyhound Park. This is bestowed upon one tribal man and woman each year through a selection process.

Santino credits Tribal Police employees (and pow-wow committee members) Bobbi White and Heidi Twoteeth with getting him back into traditional dance.

White approached him about putting his name in for Head Man. That, followed by Twoteeth's insistence - Santino agreed. He was then selected by the committee to lead the dances as the 2011 Head Man.

Santino danced in his younger days but had fallen out of it in recent years - now he's back displaying a newly made bright red, yellow, orange and white outfit accented with beads and flowing with ribbons.

"Being back on the dance

floor meant a lot to me," he reflected. "I've been out for while, but it was nice to be out there again."

Of the regalia, he wasn't sure if he could get an outfit for the pow-wow, but kindness prevailed and he was gifted a new ribbon outfit to lead the dancers in.

Being out of practice for numerous years presented other challenges, such as the demand for physical exertion during a dance contest - under the blazing sun - covered in layers of fabric. Not an easy task to take on while trying to smile through sweat. He handled the stress and physical demands well though - but not alone.

"At times it was overwhelming," he said. "But I did with help from Kacy [his fiancée] - she gave me a lot of support."

Santino is employed with the Coeur d'Alene Tribe's Facilities department and currently resides in Worley, Idaho with Kacy Ross and their two children 2 year-old Santino II and 1 year old Guiliana.

SMITH: cont. from page 12

pray...Lord have mercy.

The Confiteor: I confess to almighty God, and to you, my brothers and sisters, that I have sinned through my own fault in what I have done, in what I have failed to do; and I ask blessed, ever virgin, all the angels and saints, and you, my brothers and sister, to pray for me to the Lord our God. MAY ALMIGHTY GOD

HAVE MERCY ON US, FORGIVE US OUR SINS, AND BRING US TO EVERLASTING LIFE, AMEN.

For those of you that believe, pass this on.

In memory of: Veronica "Ronnie" Smith.

Submitted by: Beanie Alexander, Molly Zachary, Calvin Nomee and Family members.

LWM: continued from page 12

munity and continue our relationship with Pine Ridge we are blessed and excited to see what God/Creator has planned in the future and we are in the beginning stages of planning our trip there with a tentative date of middle August. To learn more about our community relationship with Pine Ridge or to become involved go to www.livin-

sgwaterca.org or contact us at the old green Plummer Firehouse. We meet every Wed from 5:30 to 7:00 PM. Food is served at no cost so stop on by and see what is going on and become involved.

Until next time may the son (Yeshua/Jesus) and the father (YHVH/God) continue to bless each of you.

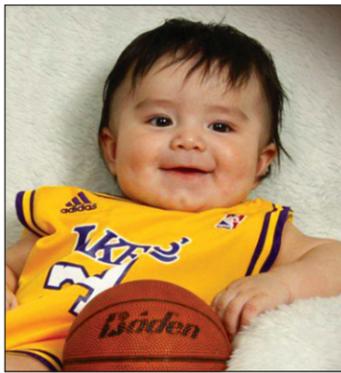
Living Waters Ministry

## Tribal forestry crew helps battle blazes in Southwest



Fire crew Ray Lowley, Micha Larkin, Justin Hendrickx, Ike Cawston, Anthony Lowley and John Griffith returned from fighting the Los Conchos fires in Los Alamos, New Mexico.

Forestry photo



I would like to wish our baby boy a very Happy 1st Birthday. On August 23rd. Your family loves you so much Gummy Bear. Daddy, Mommy, brothers Sergio, Jasper and sister Amya. Your aunties and Uncles and grandpas and grandmas.

## Boys win consolation bracket at Hoopfest 2011 in Spokane, WA



These boys took the consolation bracket at Hoopfest 2011! Left to right pictured are: Jasper Abuan, Anthony Wynecoop, DayDay Higgins, and Phoenix Holt. Congratulations boys!



We want to wish Natachi a Happy 2nd Birthday on August 2nd. We love you from the family in Idaho.

# Westside Rendezvous Parade



*The Annual Westside Rendezvous was held July 16 & 17, 2011 in Plummer, Idaho.*



# Coeur d'Alene Tribal Summer School explores nature



*Patrick LaSarte, Nakota Sutherland and Nayatai Vasser show off the pine cones they discovered while out with the Coeur d'Alene Tribal Forestry crew.*



*Ron LaSarte shows Janet Hale some of the foliage during a field trip with the Coeur d'Alene Tribal Forestry department.*



*A game keeper at CatTales zoo stands in front of a lion as the summer school visits during July.*



*Nakota Sutherland, Ms. Tina Strong, Leontay Callahan, Soshanna Martin, Tamara Nelson and Riley Callahan on the Forestry field trip.*



*Natural Resources employee Barb Scaroni teaches the kids about indigenous plants.*



*Jeff Jordan shows students from the Tribal School's summer program some native grasses during a field trip.*

## Teacher Strong helps students strengthen writing skills

**Tina Strong**  
*Intervention Teacher*

**M**y goal this session was to create a writing program that would not only strengthen previously learned skills but would encourage the children to develop their imaginations and think on a more creative level.

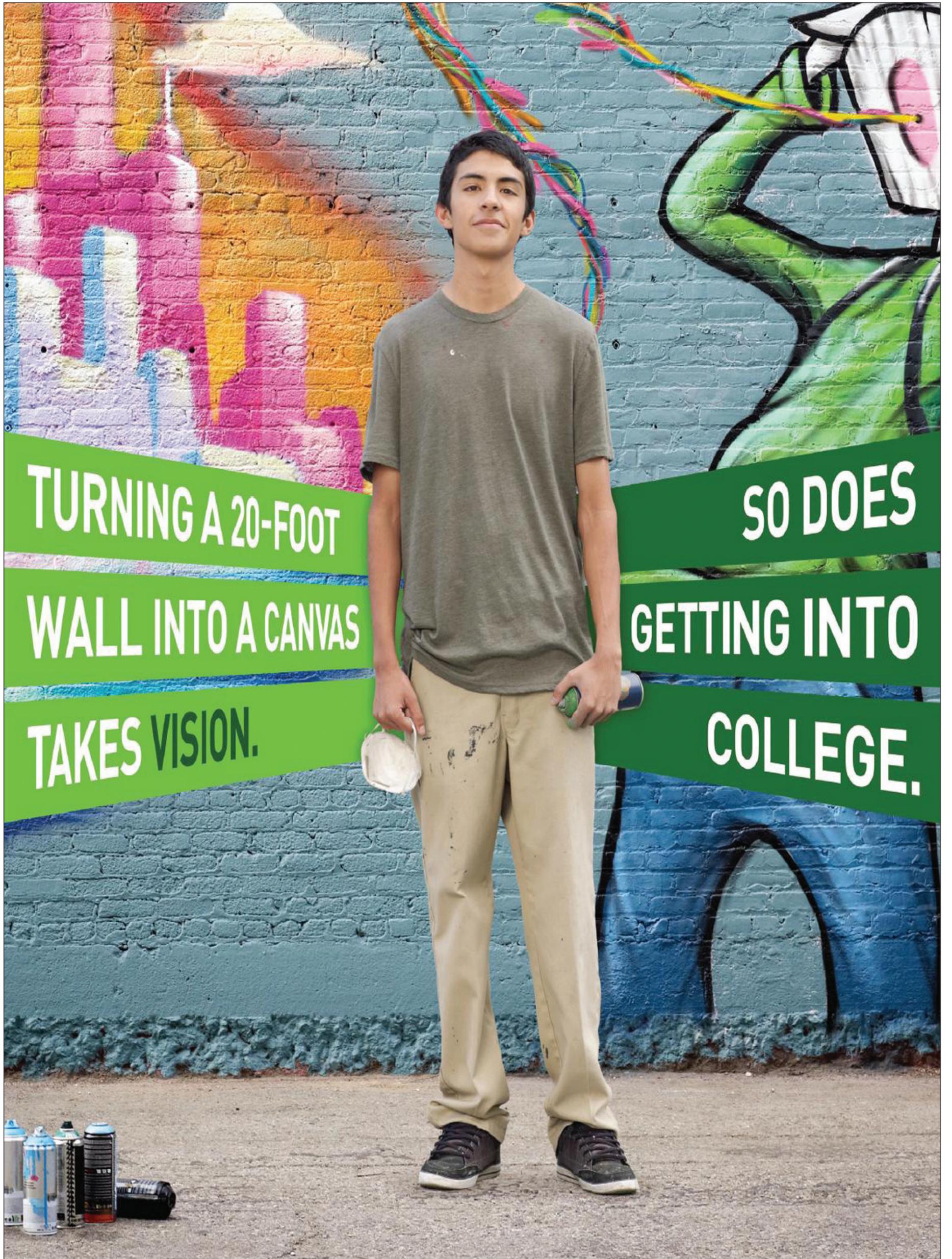
I am pleased to report that I feel as though we have accomplished this goal and the students have become more excited about writing. Our program consisted of a wide variety of activities that required the children to really stretch their imaginations. Projects included: Round Robin Stories, Walk in

My Shoes, Create a Cartoon, Letter to Next Year's Teacher, Da Vinci Doodles, Picture a Tarantula, Wacky Headlines, and Picture This. I was pleased with how open and eager the children were to demonstrate their artistic abilities.

A student favorite was the "Walk in My Shoes" activity in which the students were required to write a story from the viewpoint of a shoe. Students were given a wide variety of shoes to choose from and were to create a story based off the life of the shoe they chose (who wore it, where did they wear it, how did the shoe feel etc...). It was very evident that the students

were excited about the opportunity to put themselves into a character that allowed them to put their own thoughts, emotions, and experiences into their writing.

Another favorite was our Da Vinci Doodles. Following a brief lesson on Leonardo Da Vinci, students were given the opportunity to put their imaginations to the test. Students were given a doodle and were then to develop a picture and story to follow. It was a lot of fun to watch the children twist and turn their doodles in an attempt to spark their imaginations. I feel in the end the children were quite surprised and pleased with their writing abilities.



TURNING A 20-FOOT

WALL INTO A CANVAS

TAKES VISION.

SO DOES

GETTING INTO

COLLEGE.



Get started at

[KnowHow2GO.org](http://KnowHow2GO.org)

You've got what it takes.